

**SHARSTON**  **N**  
— H O U S E —

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A Kingsley Healthcare Home

Quality care in a luxury setting



"Our mother spent the last 16 months of her life at Sharston House. She was cared for with warmth, compassion and dignity. Her carers were always kind, considerate and brought some sunshine and joy to mum each day. We shall always be grateful these lovely people made the last year of mum's life as good as it could be." [Daughter of resident]



# An elegant period property in a delightful residential area of Knutsford

Sharston House is on a peaceful, leafy road but conveniently placed less than half a mile from the pretty town centre.

Since Kingsley Healthcare acquired the home in 2015 it has been extensively refurbished and updated to bring it back to its former glory. Our home is set in pleasant gardens, which are screened by mature trees and shrubs, making the site an oasis for wildlife.







***Real people, real care***

*- All the photos and the people  
shown in this brochure are real!*

***So is our care***

# WINGS - our care philosophy that respects everyone as an individual

Our WINGS programme, developed by Kingsley staff for Kingsley staff, gives everyone who works in our care homes the skills and awareness to care for residents as individuals with their own needs and preferences.

The letters stand for Welcoming, Individuality, Nurturing, Guidance and Sensitivity and we ensure they really mean something.

At Sharston House, our staff are always welcoming and we treat each person as an individual with nurturing, guidance and sensitivity – every individual's needs are seen holistically, not just our residents but our staff too.

Through WINGS, we make people's emotional wellbeing as much a priority as their physical health.

Even if their memory is fading, people's

behaviour and emotions are still intimately connected to their life history – and that is why emotional support and care need to be tailored to the individual.

It is about staff being aware of people's likes and dislikes and their family history.

At the heart of the WINGS philosophy is the truth that you do not need to stop what you love doing when you come into care.

We have moved away from clinical care homes. This is their home from home with a family friendly environment.

The focus on person-centred care means residents' families play a key role in piecing together the jigsaw of an individual's past.

It has brought us closer to families. They come in and treat it more like their home.







# Continue to enjoy your life to the full

At Sharston House we take pride in tailoring our activities and events to the interests and preferences of our residents.

As soon as residents arrive, we ask them and their family to fill in a "Story of My Life" booklet so we quickly get to know all about them.

This means that from the very start of their time with us, we can offer people activities that fit in with what they have loved doing all their life, whether that is embroidery or painting, chess or bowls.

Finding themselves in a new social mix, many of our residents even find Sharston House the perfect place to take up new interests and hobbies.

We have regular visits from local entertainers and community groups and our residents enjoy trips out to local places of interest.

We are proud to be at the heart of the community.









# A home to call your own

Sharston House is an established town house retaining all the style of what was once a fabulous private residence.

The home exudes classical style and elegance throughout, with delightful period features, and has enviable living space.

Its extensive range of amenities include a showpiece dining room and a mature garden which has a popular patio seating area.

The décor and furniture have been chosen to complement the period character of the home.

You will love our charming bedrooms which have individual character.







# Making mealtimes a special occasion

At Sharston House we ensure lunchtime is one of the highlights of the day for everyone in the home.

There is a risk of older people losing their appetite so it is important to tempt them with tasty, nutritious meals.

We find out our residents' favourite meals and incorporate their preferences in our menus.

The aim of our kitchen team is to make lunchtime a restaurant experience for residents with real attention to detail, from polished cutlery to good service, and high quality food made from fresh produce.

We want our residents to enjoy looking at and eating their food and our chefs to put passion into what they do.



# SHARSTON HOUSE

CALL **01565 859 857** TO ARRANGE A VISIT  
OR FIND OUT MORE AT **SHARSTONHOUSE.CARE**

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TO FIND  
OUT MORE



**01565 859 857** [www.sharstonhouse.care](http://www.sharstonhouse.care)  
Manor Park South, Knutsford, Cheshire, WA16 8AQ

