



MONDAY

Breakfast

Fresh Juices
Cereals or Porridge

Lunch

Starter

Sweet Chilli Prawns

Dish of the Day

Beef Casserole
& Dumplings

Second Option

Battered Cod Fillet

Dessert

Treacle Sponge
& Custard

Afternoon Tea

Homemade Cakes
& Biscuits

Supper

Soup of The Day

Tomato & Thyme

Poached Eggs on Toast

Dessert

Veinetta

Fruit

Yoghurt

Cheese & Biscuits



TUESDAY

Breakfast

Fresh Juices
Cereals or Porridge

Lunch

Starter

Pate, Toast & Salad

Dish of the Day

Lasagne

Second Option

Fish Cakes

Dessert

Chocolate Sponge &
Chocolate Custard

Afternoon Tea

Homemade Cakes
& Biscuits

Supper

Soup of The Day

Beef & Tomato

Ham & Leek Gratin

Dessert

Mixed Orange Jellies

Fruit

Yoghurt

Cheese & Biscuits



WEDNESDAY

Breakfast

Fresh Juices
Cereals or Porridge

Lunch

Starter

Mixed Cheese Salads

Dish of the Day

Roast Chicken

Second Option

Salmon & Prawn Fillet

Dessert

Lemon Sponge
& Custard

Afternoon Tea

Homemade Cakes
& Biscuits

Supper

Soup of The Day

Red Pepper
& Sweet Potato

Corn Beef, Chips,
Pickle

Dessert

Fruit Salad & Cream

Fruit

Yoghurt

Cheese & Biscuits



THURSDAY

Breakfast

Fresh Juices
Cereals or Porridge

Lunch

Starter

Mango & Melon
Cocktail

Dish of the Day

Lamb Tagine with Rice

Second Option

Rolled Plaice Fillets

Dessert

Vanilla Cheesecake

Afternoon Tea

Homemade Cakes
& Biscuits

Supper

Soup of The Day

Butternut Squash

Poached Eggs
& Mushrooms

Dessert

Butterscotch Mousse

Fruit

Yoghurt

Cheese & Biscuits



FRIDAY

Breakfast

Fresh Juices
Cereals or Porridge

Lunch

Starter

Tuna Nicoise

Dish of the Day

Pork steaks in a
Mushroom Sauce

Second Option

Scampi & Chips

Dessert

Jam & Coconut
Sponge & Custard

Afternoon Tea

Homemade Cakes
& Biscuits

Supper

Soup of The Day

Ham & Mint

Selection of Mixed
Sandwiches

Dessert

Strawberry Milk Jelly

Fruit

Yoghurt

Cheese & Biscuits



SATURDAY

Breakfast

Fresh Juices
Full English Breakfast
Cereals or Porridge

Lunch

Starter

Mixed Fruit Cocktail

Dish of the Day

English Fry Up

Second Option

Pan Fried Trout

Dessert

Rhubarb Crumble
& Custard

Afternoon Tea

Homemade Cakes
& Biscuits

Supper

Soup of The Day

Broccoli & Stilton

Cauliflower Cheese
with Bread & Butter

Dessert

Semolina & Jam

Fruit

Yoghurt

Cheese & Biscuits



SUNDAY

Breakfast

Fresh Juices
Cereals or Porridge

Lunch

Starter

Avocado Salad

Dish of the Day

Roast Pork

Second Option

Haddock with a
herb topping

Dessert

Strawberry Trifle

Afternoon Tea

Homemade Cakes
& Biscuits

Supper

Soup of The Day

Mixed Vegetable

Quiche & Salad

Dessert

Selection of Ice Cream
& Sauce

Fruit

Yoghurt

Cheese & Biscuits