
HILL HOUSE

NURSING AND
DEMENTIA HOME
EWSHOT

01252 850236



Welcome to Hill House

Hill House is a friendly, family run nursing home specialising in Nursing, Dementia and End of Life Care. The home is built on the firm foundations set by Gill Lee, who took residents into her own home in 1976. Alison, Gill's daughter, with her extensive experience of caring and nursing for older people, is following the family traditions and has developed this new home based on these established principles.

Our aim is to provide the highest level of care for our residents in a dignified and compassionate way, with the best facilities and equipment in a comfortable home with experienced staff. We try to improve the quality of life for those who have chosen to live with us. Our approach is not one routine fits all, but rather a more personal care plan that makes allowances for the individuals' needs and concerns.

*Our aim is
to provide the
highest quality
of care...*



Our Ethos

*We are different
from other
nursing homes...*

Alison Lee's ethos is to care for all her residents as if they were her own family. Three generations of Alison's family have stayed at Woodlands and Hill Brow at one time or another.

Hill House is different from other care homes. It has been lovingly designed and built in line with our philosophy of providing maximum quality of life for our residents.

All the residents' bedrooms are large, bright and airy with ensuite showers / wet rooms and under floor heating. The bedrooms also have a nurse call, satellite TV, internet access and phone.



Nursing Care

Maria Gilfoyle is our Care Manager. She comes to us with a wealth of experience in nursing care. She leads a team of highly qualified nurses in gerontology, dementia and end of life care. They look at each resident as an individual and ensure their care needs are met.

Residents receive full 24 hour nursing care. Families have monthly meetings with the care manager to discuss any concerns they may have and about any changes in care that are deemed necessary. They are fully consulted in the decision making process.



Regular visits from our GP and consultant psychogeriatrician help to avoid hospital admissions. We do all we can to nurse each resident in-house unless of course, hospital intervention is required.

We look at each resident as an individual...



Dementia Care



*Residents receive full
24 hour nursing care...*

Our enthusiastic and specialised staff led by Julia Billins, look after those residents with dementia.

The residents receive full 24 hour nursing care. Families have monthly meetings with the dementia manager to discuss any concerns they may have and about any changes in care that are deemed necessary. They are fully consulted in the decision making process.

Rooms have been designed to reduce the risk of falls and injury and a homely and familiar environment helps the residents to feel relaxed and safe. A safe courtyard garden will encourage residents to enjoy being outside as much as the weather allows.

Pictures and memorabilia have been chosen to encourage reminiscence as well as creating a comfortable and non-institutional feel to the surroundings.



End Of Life Care

We provide seven high dependency suites complete with fully hoisted ceilings and care bathrooms. This allows the residents to be lifted safely, comfortably and with dignity. The residents and their families are consulted at every stage of their care.

Light and bright, this floor has a restful lounge area where residents' beds can be wheeled to share the space with family and friends. A visitor's room is provided for those who wish to stay overnight to be close to their loved ones.



*Residents and their families
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of their care...*



Day Care



Our Day Centre has been designed specifically for people with early stages of dementia. Each client will have an individual care plan agreed with the family and they will be grouped together with others sharing similar interests.

The day Centre Manager is Kandy Redwood who is committed to improving the life of families with dementia.

Activities, quiet time, outings, meals, hairdressing, chiropody and personal care are all part of the programme we offer. We are open seven days a week and offer more informal care at the weekends. We open early in the mornings until later in the day to accommodate those families who are restricted to working hours. It's about doing things differently and we believe we offer a unique service in the area.



The Staff

At Hill House we firmly believe that a nursing home is only as good as the staff who work there. Great care has been taken in recruiting highly trained, professional, caring and compassionate staff. We do not employ temporary or agency staff, as we know it is as important for the residents to know who is looking after them, as it is for the staff to know and understand the residents' needs.

We have lead nursing and care staff who specialise in different areas of care such as; end of life care, dementia, infection control, nutrition and many others. The ratio of staff to residents is above those recommended. Residents are involved in the choice of staff from the outset as we have residents on the interview panel.

*...a nursing home is only as good
as the staff who work there...*



Food



Food is an important part of life at Hill House and our experienced chef provides delicious fresh home cooked food.

When a new resident arrives, the chef will visit them to discuss their likes and dislikes so we can cater for any special diets or requirements.

Meals are served either in the dining rooms or, if preferred, in the resident's room. The breakfast menu offers anything from a continental choice to a full English cooked meal - or both. Lunch is the main meal of the day and for supper we offer a smaller meal with several courses to choose from.

Cheese boards and fresh fruit are always available. All meals are freshly prepared and cooked from scratch in our kitchen.

Tea, coffee, or any other drink preferred is served to the residents every two hours though out the day from 6am - 10pm. Residents can request drinks or light snacks at any time. Family and friends can dine with a resident whenever they wish.



Activities

A lively programme means there is usually something going on most mornings and afternoons, including the regular and popular activities of outings to Fleet and Farnham for shopping, garden centre coffee mornings, fish and chip lunches, theatre trips and visits to the local pub. Residents are encouraged to contribute their own ideas to the programme through monthly resident's committee meetings and a questionnaire that they complete every 6 months.

Each year we take drives out to see the snowdrops, blue bells and autumn leaves. We also go to the seaside, go on canal boat trips, and take many one - off outings to places of interest. The activities programme includes the poetry club, singing, gardening, bingo, card making, the giant crossword, and wine tasting.



We have local musicians who come and perform for us - a mixture of classical, jazz and old time. We visit the local theatres regularly and old time musical concerts are a favourite too.

We have no formal visiting as families and friends are encouraged to visit whenever they can.





The Gardens

The mature and established gardens have been specially designed and landscaped for the elderly. Our gardens are designed so they are accessible to all, rather than something to just look at. We have flat, wide, non-slip paths with handrails that are suitable for residents in wheel chairs or with walking aids. The pathways have been designed to be wide enough to take beds so that no matter how restricted a resident's movement is, they can be taken outside on their bed to enjoy the garden and the fresh air.

There are quiet corners to sit peacefully and either read, paint or just enjoy the day outside. Where residents are interested they can help plant during the spring and summer. We also have an indoor gardening club so residents can still be involved with the garden in the winter. Tomatoes, cucumbers and peppers are always a popular choice for planting, as they can be enjoyed at meal times.



1) Number of bedrooms

56

2) Daily cleaning

Yes

3) In house laundry

Yes

4) Onsite parking

Yes

5) Types of Care

- Nursing
- Dementia
- End of Life Care
- Dementia Day Care Centre

6) Key Features

- Modern, high specification purpose built home
- Large, bright and airy bedrooms
- Extensive grounds and gardens
- Indoor greenhouse

- Sensory garden
- Assisted care bathrooms
- Hair and beauty salon
- Extensive activities
- 8 different lounge areas
- 4 different dining areas and a coffee bar
- Library
- Underfloor heating and air conditioning
- 3 lifts, including a bed lift
- 400 different pieces of art

7) Private rooms

- 24 hour nurse call system
- All bedrooms with ensuite bathroom and shower
- Bedrooms and bathrooms available with ceiling hoists
- Specialist profiling nursing beds
- Bed linen and towels are included
- Internet and telephone point

- Underfloor heating
- Smoke detectors
- Large, bright and airy rooms
- Satellite TV
- Can accommodate married couples in large double bedrooms

8) Food

- Fresh homemade meals for breakfast, lunch and supper
- We can cater for special diets or requirements
- Light snacks, fresh fruit, tea / coffee or any other drink are always available

9) Free Additional Services

- Visits from local GPs
- Chiroprapist
- Physiotherapist
- Newspapers
- Trips and activities
- TV licences for over 75s



**Hill House
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