

Ebor Court

Care Home



Welcome to *Ebor Court*

We are delighted you are considering Ebor Court as we understand what an important decision choosing the right care home is for you and your family.

At Ebor Court, we offer 24 hour residential and dementia care in surroundings which create a great place to live. We pride ourselves in making a real difference to the lives of our residents, going beyond just meeting their expectations through to the aspirational choices we provide in our person-centred care.

By putting an active lifestyle at the heart of the home, our caring and highly trained staff promote independence, ensuring quality care is received by all our residents at all times.

If you have not already, pop into the home, meet our team, enjoy a cup of tea with our residents or join us for an activity.

We are always happy to answer any questions you may have so please do give us a call if there is anything else you would like to know:

01904 782 708

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Everything we do at Ebor Court is focused on creating a great place to live. From the high quality, locally-sourced food we provide at every meal time through to the daily range of activities, we are proud to offer an active lifestyle that meets a range of interests and preferences.



This is your home and it is our role to help you enjoy it.

We see each resident as a unique individual which is reflected through our person-centred care. Before you move in, we'll want to know all about your likes and dislikes as well as interests and hobbies, so we have everything in place to create the aspirational lifestyle you want as soon as you move in, whether you are joining us for residential or dementia care. This is your home and it is our role to help you enjoy it.

Matt Lowe
Chief Executive

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Quality Care

Ebor Court is a purpose-built luxury care home owned and operated by Ideal Carehomes. Ideal Carehomes is a provider of high quality residential and dementia care who operate state-of-the-art care homes across Yorkshire, the North and Midlands. Ebor Court benefits from the support of Ideal Carehomes' experienced team who make sure we attract and retain the best staff, offering unrivalled training programmes to ensure our residents receive the highest quality of care.

A home is more than just bricks and mortar, it is a place you feel safe, well cared for and relaxed. Home is where personal choices make you feel the most comfortable. It is the place you want to live.



feel *at home* ...



Located in the heart of the community.



Help plant vegetables or enjoy the morning paper in the sun.

Ebor Court has all the finishing touches you would expect from a warm and welcoming home, with cosy fire places, attractive décor and freely accessible, secure, gardens. All 64 bedrooms are en-suite, enabling us to deliver person-centred care in a dignified manner, promoting independence as far as possible.

The inspirational day spaces at Ebor Court have been tailored to the interests of our residents, and include areas such as a spacious café and hair salon.

Ebor Court's landscaped gardens have raised flower beds which green-fingered residents enjoy pottering in during the summer months.





your *ROOM* ...

Your stylish en-suite room comes equipped with fitted furniture, a flat screen TV, mini fridge, Wi-Fi access and telephone point, so when you aren't joining in with an activity in one of our beautiful day spaces, you can enjoy spending time in your room and keep in contact with friends and family whenever you wish.

Whilst your room comes fitted with everything you need, you are very welcome to bring your own furniture as well. The room is fully set up should you wish to have your own subscription to Sky, all you need to do is arrange your package and box with them.



Feel pampered and looking your best at our hairdressing salon.

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The facilities are first class with lots of room to move about and everywhere is spotless. I would have no hesitation to recommend Ebor Court to anyone looking for care for their loved ones.

Husband of Resident at Ebor Court
carehome.co.uk review

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caring *for you* ...

Ebor Court is our residents' home and we are there to facilitate you enjoying it however you wish. Our care team is available 24 hours a day should you require our assistance at any time of day or night. Exceptional standards of personalised care are delivered by Ebor Court's staff who are trained via the Ideal Carehomes programme, which is second to none.

The design of our buildings and extensive training incorporate best practice care to make sure our residents feel calm and content. We are like one big family and our residents quickly make lasting friendships with our care team as well as fellow residents.



Enjoy a relaxing bath in one of our tastefully decorated bathrooms.



Our care team have access to the latest care plan technology and will take time to get to know you, your family and all your favourite things. This helps us to know your desires as well as your needs to make sure your care package is tailored to respond to all health, care and personal requirements you may have. It will also help inform us of what to include in our menus, activity programmes and trips out of the home.

Ebor Court will meet all your day to day needs, including meals and snacks as well as a full laundry and housekeeping service.



The Ebor Court *lifestyle ...*

Whether you want to spend the day relaxing with friends and family, reminiscing, taking part in one of our varied activities or joining a trip to a local place of interest, there will be plenty to ensure you enjoy your day.

Activities encourage fullness of life, day to day enjoyment and fun. Each day, there is a full timetable of activities available in the home as well as many recreational resources you can access yourself at any time. If you want to kick-back and watch TV, that's fine too – this is your home to enjoy as many or few of the activities on offer as you wish.



Have a game of carpet bowls with friends.

Ebor Court's Lifestyle Manager makes sure we have a variety of entertainment and pursuits for you to take part in. We regularly have a larger themed party or event, whether Christmas, Valentine's Day or a garden party. Friends and family are invited to join in.

Ebor Court is an important part of the local community in York and we often have visitors to the home to deliver talks, perform or join us for a coffee morning.



Keep active with armchair exercises, show your creative side making bird boxes or have a giggle with friends over afternoon tea, there is lots to do at Ebor Court.



tasty *treats* ...

A variety of tasty, nutritious, menu options at all meal times.

Ebor Court's varied menus of healthy meals all have a choice of options at breakfast, lunch and dinner. All food in the home is created using the best locally sourced ingredients and is prepared freshly on-site.



Tuck into a hearty steak pie.

Our Chef makes sure that all dietary needs are met and our meals are nutritious – not to mention, very tasty! Chef also gains feedback from residents to ensure there are plenty of options which meet the preferences of the people who live with us.



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I am thrilled that my mother has settled well at Ebor Court. All staff are thoughtful, kind and attentive, visitors are always welcome and the atmosphere is relaxed and happy.

Daughter of Resident at Ebor Court
carehome.co.uk review

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The daily menu is made available around the home and residents can choose to eat together in the well-appointed dining areas or request for meals to be served in your room should you prefer. Even if you're not tempted by anything on the menu, Chef will always try to rustle up something that does meet your fancy.

You'll find snacks readily available throughout the home and we are partial to some tea and cakes in the afternoon. You and your guests are welcome to help yourself to hot drinks and our staff are always happy to make a brew.



There is always time for a cuppa and some cake – the only question is what type of cake!

moving *in* ...

We understand how difficult the decision to move into residential care can be for both you and your family. Our experienced team will work together with you to ensure the process of moving into our home is as stress-free as possible so you quickly feel settled and at home in your new surroundings.

Pre-admission assessments are used to get to know you before you even move in. Families and friends are encouraged to pop into the home at any time, with an open invitation for them to join you in any of the activities or events in the home.

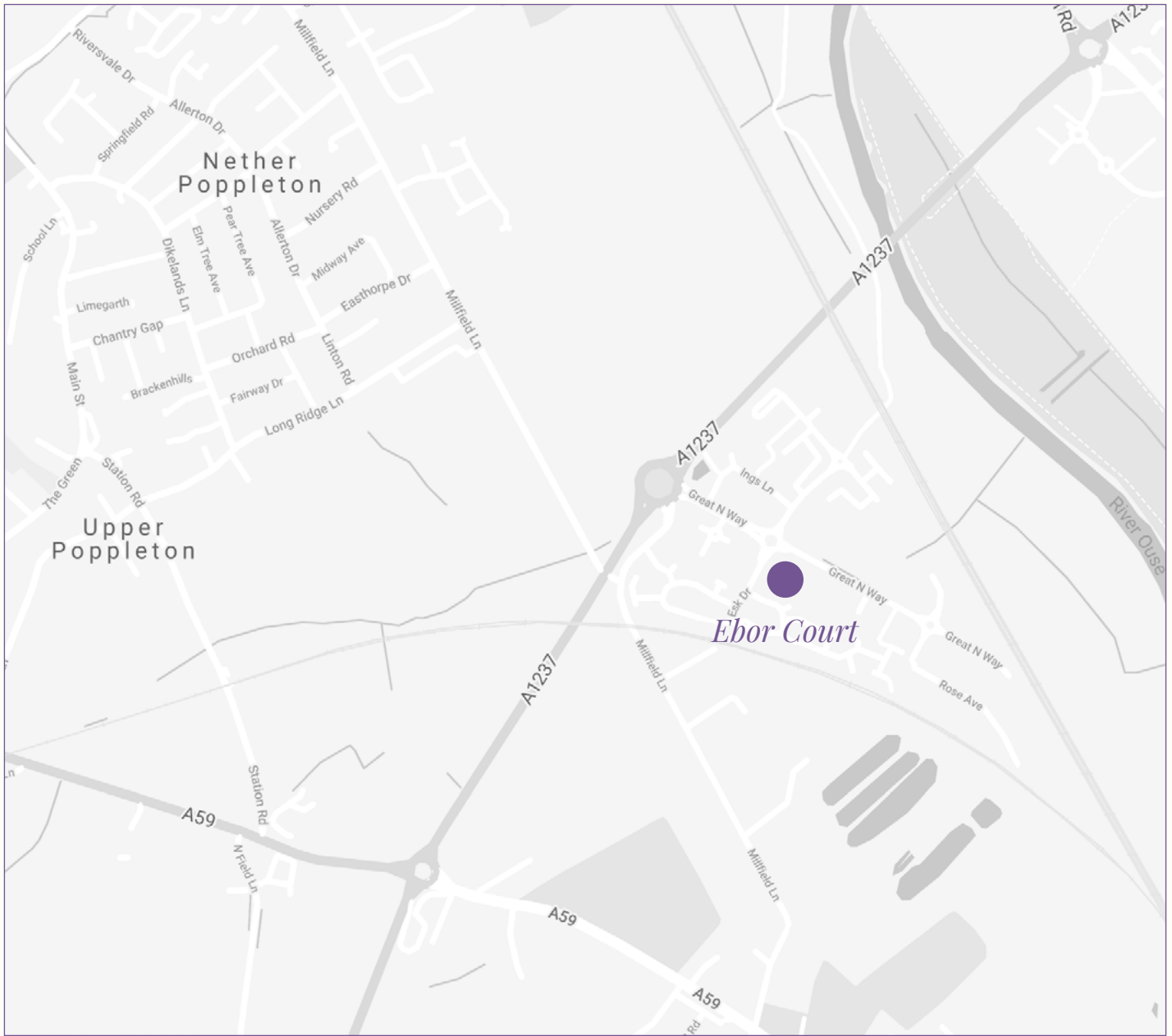


Ebor Court *at a glance* ...

Our inclusive fees give peace of mind and allow residents to enjoy our facilities and services without having to worry about extra costs. Everything below is included in the Ebor Court package:

- Exceptional standards of residential and dementia care, 24 hours a day, in a luxurious and safe environment
- Highly trained, caring and compassionate Home Manager and care team
- Full electronic care plan tailored to your health, personal and care needs
- Spacious bedrooms with en-suite wetroom
- Fitted furniture, flat screen TV, telephone point and mini-fridge in bedrooms
- Garden bedrooms also available
- Relaxing bathrooms with specialist assisted bath
- Complimentary Wi-Fi throughout the home
- Delightful landscaped sensory gardens
- Choice of tasty, nutritious, meals available to enjoy in the ambient dining areas or in a more private setting with a glass of wine or beer should you wish
- Selection of beverages and snacks throughout the day
- The choice to invite your guests to dine with you
- Dedicated Lifestyle Manager and regular Social Committee Meetings
- Full and varied programme of activities with something for every day of the week
- Clubs, entertainment and talks within the home
- Use of all social spaces including quiet lounges, dining areas and café
- Regular shopping trips and larger day trips out of the home accompanied by our staff (any venue admission would be charged)
- Transport and accompaniment to medical appointments where necessary
- Local GP service and medication management
- Annual eye test (treatments would be charged)
- Annual dental check-up (treatments would be charged)
- Monthly appointment at our on-site hairdressing salon
- Regular appointments with our carefully selected chiropodist
- Selection of newspapers and magazines within the home
- Full personal laundry service and daily housekeeping
- Disabled access and lift service
- Car parking for residents and visitors





Passing by? Pop in, meet our team and enjoy a cup of tea or join us for an activity



Ebor Court Care Home

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