

MONSON MONTHLY

Welcome to our monthly newsletter for
Monson Care Home.

The newsletter is for the benefit of residents,
families and staff to keep everyone up to
date with what is happening within the
home, including special occasions, activities,
and what's going on in our area.

We hope you enjoy reading it.

WHAT'S IN THIS MONTH'S ISSUE:

- Star of the month.
- Church Remembrance Day service.
- History of Remembrance Day.
- Arts and crafts.
- Preparing the Christmas tree.
- Past entertainment.
- Events that happened in December.
- Joke of the month.
- Quote of the month.
- Birthday mentions.
- What's on next month.
- Residents meeting notes.
- December activity planner.

Star of the Month award for November is
Lawrence .

Lawrence is part of our kitchen team. He is
an excellent team player, enjoys chatting
to the residents and staff and always has
a smile.

Well done!

Let us know who you would like to
nominate for 'star of the month'.



Activities.

Some of the residents wished to go to a local remembrance service to remember those who have fallen during war time. The residents were invited to our local church- St Peter of Gowt for their annual remembrance service.

Everyone found the service moving, especially when the last post sounded out.

We will always remember the fallen and never forget.



ACTIVITIES.

Remembrance Day.

Remembrance Day, observed on November 11th each year, is a solemn occasion dedicated to honoring the men and women who have served in the armed forces, particularly those who have lost their lives in military conflicts.

Originally established to commemorate the end of World War I, which concluded at the 11th hour of the 11th day of the 11th month in 1918, Remembrance Day has since evolved to include the remembrance of all who have sacrificed in subsequent wars and peacekeeping missions.

The day is marked by ceremonies that often include the laying of wreaths, moments of silence, and the wearing of red poppies, inspired by the famous World War I poem "In Flanders Fields" by John McCrae. These symbols and traditions serve as poignant reminders of the cost of war and the importance of striving for peace.



Pelican Trust activities.

Last month, we had our monthly visit from Sam. For the activity, the residents learned about healthy eating, and the importance of having a balanced diet.

There were various activities to complete, including making their own healthy meals with the various pictures that had been cut out, food bingo and others. Everyone had a lovely time, learning new things about food.



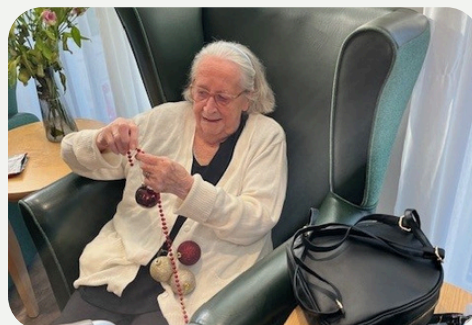
Even though the residents were a little late, they still made some lovely paintings to celebrate the month of Diwali.

Sasha, our new activity assistant, enjoyed assisting the residents to make some wonderful works of art to celebrate the vibrant festivities.



Activities.

In November, we like to get ready for Christmas early. This year, I had various helpers to assist me with the Christmas trees, including the children from The Nest nursery. Some of the residents also made ceiling decorations with string and baubles. These are very effective, and a great upcycling project. I'm sure you will agree, that they all did a splendid job. :)

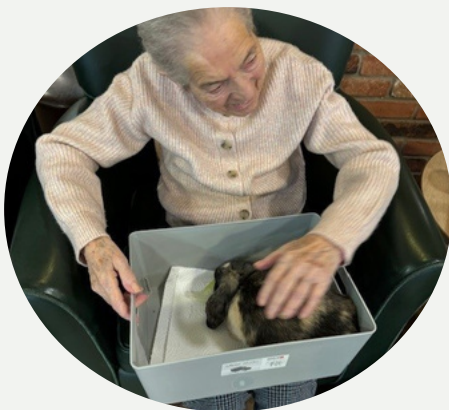


Past Entertainment.

Last month, we had another visit from George who played his guitar whilst singing various songs from the 60s, 70s and musicals.

Everyone enjoyed having him back and listening to the songs they love.

We also welcomed back Charlotte from DB animal therapy. This time, Charlotte brought her chicken and ducklings, the pigmy hedgehog, a chameleon, grass snake, rabbit and guinea pig. The star of the show was the beautiful Burmese python, to which some of the residents were happy to hold and stroke.



Important events that happened in December.

2nd December, 1697

Sir Christopher Wren's St Paul's Cathedral was opened in London.

The original cathedral had been severely damaged during the Great Fire of London in 1666. While some repairs had taken place and services continued to take place in the ruins, it became clear in 1668, when the nave collapsed, that a permanent solution was necessary.

Construction of the new cathedral took 33 years and spanned the reigns of five different monarchs.

8th December, 1980

Forty-year-old Beatles star John Lennon was shot and killed at the entrance of the Dakota Building in New York.

Lennon was murdered by Mark David Chapman, a 25-year-old security guard from Hawaii, who hated how Lennon's expensive lifestyle contrasted with what he sang about.

11th December, 1936

After ruling for less than one year, Britain's King Edward VIII became the first English monarch to abdicate the throne.

The King decided to abdicate after the British government, the public, and the Church of England condemned his decision to marry the twice-divorced American, Mrs. Wallis Simpson.

In his radio broadcast to the nation, Edward declared, "I have found it impossible to carry on the heavy burden of responsibility and to discharge the duties of king, as I would wish to do, without the help and support of the woman I love."

On 12th December, his younger brother, the Duke of York, was proclaimed King George VI.

19th December, 1843

Charles Dickens' classic work, A Christmas Carol, was published.

Dickens produced this iconic work in a six-week flurry of writing that began in October 1843 and finished on 19th December. By December 24th, the first edition of 6,000 copies had sold out and by 2nd January 1844, a second edition of 3,000 copies had been sold.

25th December, 1914

After hearing German troops in the trenches opposite singing carols the night before, a World War I Christmas truce was reached.

British and German soldiers met in no man's land; exchanging gifts, taking photographs, and in some cases, playing impromptu football games. Time was also provided for both sides to bury casualties and repair trenches.

The truce wasn't observed everywhere along the Western Front, and in some areas, the fighting continued. This was largely because officers feared that the truce would undermine fighting spirit.

After Boxing Day, the friendly meetings in no man's land began to fade out and the war continued.

Joke of the month:

Doc, I can't stop singing the 'Green Green Grass of Home'.
He said: "That sounds like Tom Jones syndrome."
"Is it common?" I asked.
"It's not unusual" he replied.

Quote of the month:

You only live once, but if you do it right, once is enough.
Mae West



Joan - 20th December

Upcoming events - December.

2ND - CHRISTMAS LIGHT SWITCH ON WITH SPECIAL GUESTS:
MAYOR OF LINCOLN, L.C.F.C FOOTBALL PLAYERS, MR TWISTS BALLOONS AND MUSIC
FROM MR BANJO.

3RD - THE NEST NURSERY VISIT.

4TH & 18TH - LINCOLN CITY FOUNDATION.

5TH - TRIP TO PENNELS GARDEN CENTRE.

6TH - ST PETER OF GOWT PRIMARY SCHOOL VISIT TO SING CHRISTMAS SONGS.

9TH - TRIP TO ST PETER OF GOWTS PRIMARY SCHOOL TO WATCH THEIR NATIVITY
PLAY.

10TH - CHURCH SERVICE WITH SANDY.

12TH - SAM FROM PELICAN TRUST VISITS FOR CHRISTMAS ART AND CRAFTS.

12TH - CHRISTMAS JUMPER DAY.

16TH - THE PEASANTS REVOLT BARBER SHOP QUARTET.

23RD - RESIDENTS CHRISTMAS PARTY WITH THE LINCOLN UKULELE BAND.

If you would like to add anything
to this newsletter, or advertise something,
please let Joanne know :)

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