

# Daily Activities

We have a varied activity programme designed to entertain and stimulate our residents. As well as this programme we hold regular events within the home.

## Sample of Weekly Activities

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### Monday

**AM:** Arts and Crafts

**PM:** Baking and Cake Decoration

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### Tuesday

**AM:** Flower Arranging

**PM:** Quiz Time

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### Wednesday

**AM:** Bingo

**PM:** Armchair Exercises

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### Thursday

**AM:** Movement to Music

**PM:** Board and Card Games

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### Friday

**AM:** Sensory Experience

**PM:** Live Entertainer

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### Saturday

**AM:** Film Club

**PM:** Reminiscence Sessions

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### Sunday

**AM:** Coffee Morning

**PM:** Book Club

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Our activities are led by our activities coordinators and is based around our residents individual hobbies and interests.