



Blaenos House

CARTREF NYRSIO
NURSING HOME







A warm welcome

Blaenos House Nursing Home is one of the only homes in West Wales caring for those living with dementia. A small community of up to 38 residents, we support those needing dementia and memory care and/or nursing care on a short or long term basis. As well as exceptional care, we provide that all-important comforting home-from-home feel, as most of our longstanding team members read and speak Welsh as their first language.

Set in a beautiful landscape, the home has extensive gardens, with impressive views across the Welsh countryside on the edge of the Brecon Beacons National Park. It sits within walking distance of the pretty historic market town of Llandovery, close to local shops, bus and train routes.

Originally the home of the Order of Carmelite Nuns, the house still retains elements of its history as a former convent but has been thoroughly modernised for our residents' needs today.

Facilities

-  Nursing care
-  Dementia care
-  Residential care
-  Palliative/End-of-life care
-  Respite care
-  38 bedrooms with 24-hour call button
-  Two floors with lift
-  Freshly prepared home-cooked meals
-  Dining room
-  Three resident lounges and a sensory room
-  Conservatory
-  Hair salon
-  Extensive grounds and outdoor seating areas



Safe and supportive care

We understand supporting your loved ones living with memory loss can be a challenge. At Blaenos House Nursing Home, we focus on care with companionship and comfort, supported by many of our staff who speak Welsh fluently.



We're proud of our home's family spirit and from the very beginning our person-centred approach means that we take time to get to know your loved one, understanding their care needs, interests and preferences and what makes them unique. This forms their care plan which is captured and recorded on our electronic care system 24/7 for your complete peace of mind.



You can contact our team whenever you need to, and they'll always discuss your loved one's needs with compassion and empathy.





Restful bedrooms

At Blaenos House Nursing Home almost every bedroom overlooks the garden and the surrounding Welsh scenery. Safety and comfort are paramount at our specialist dementia and nursing care home. To support this, your loved one's room has its own 24-hour call button and a wall or floor sensor mat, making sure we can assist them any time of the day or night.

We offer a range of bedrooms to suit resident needs, with every room having a home-from-home feel which is crucial for our residents. Our bedrooms have soft furnishings and a colour scheme that promotes a peaceful and calming environment, and all include a vanity unit. We encourage your loved one to bring in their own personal furnishings to make it truly feel like home.

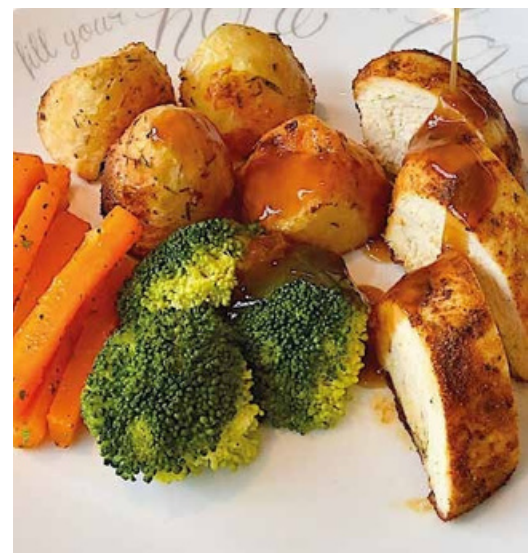




Wholesome dining

Proper hydration and careful nutrition are essential to wellness. At Blaenos House Nursing Home, your loved one can enjoy three main meals, morning and afternoon tea with freshly-baked cakes and biscuits, and hot and cold drinks any time of the day or night.

Our in-house dining team freshly prepare wholesome, nutritionally-balanced homemade and delicious meals for all our residents, no matter their dietary requirements. If your loved one is living with dysphagia, the same quality meals are pureed yet presented perfectly. Every meal includes fresh ingredients, and our team uses local produce, whenever possible.



Tailor-made activities

Physical and mental activities help your loved ones to stay healthy. We provide daily indoor and outdoor activities, weather permitting, to promote social interaction, stimulation and enjoyment.

Respecting every resident's wishes is crucial. We consult everyone to understand what they'd like to take part in, encouraging both existing interests and new hobbies. And we love to invite family members and friends to join in too!


Based on personal care plans, meaningful activities such as games, exercises, music and art are organised by our dedicated wellbeing coordinator. Our extensive gardens welcome residents to potter and plant or they can relax and enjoy the scenic views from our conservatory.



Contact us

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