

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Ongoing throughout day/ week	Please play appropriate music (Music that interests residents based on their interests with are gradually being added to care plans) is on during the day in dining room or small lounge. There are CDs in the cupboard on activities shelves. Please make sure if both TVs in lounges are on that they do not have the same TV programme on. Please make sure there if there is someone in the lounges there is either music, or the TV is on if the residents who are in there wish it. Please check that people who are in their rooms have engagement i.e. music, TV Please put a selection of games/ books etc. from the activity shelves onto tables in dining room (please put back again afterwards)						
morning	Tabletop activities and small social games	small social games dominoes cards etc	Tabletop activities on tables and 1:1 thing scattered Puzzles, word games brain gym	KB Take JC shopping if weather is appropriate Tabletop activities Chats/Reminiscence with residents	Arts and crafts Autumn Trees	Music on in dining rooms. TV on in lounges Tabletop games out Chats/Reminisce with residents	Music/tabletop in dining rooms. TV in lounges Put songs of praise on if app. Chats/Reminisce with residents
afternoon	Armchair exercises in lounge 30 mins 3.15pm quiz at cup of teatime Location TBA	Sing along and impromptu dance in the dining room as appropriate with music Chats and Reminisce with residents 3.15pm quiz at cup of teatime	Planned Music session See separate plan for the Power of music – music therapy session	Nursery children will hopefully be visiting	Film time Put a film on in the lounge/cinema experience Chats and reminisce with residents	Music in dining rooms. TV on in lounges Tabletop games Chats and Reminisce with residents	Music in dining rooms. TV on in lounges Tabletop games out Chats and Reminisce with residents
One to one	Chatting to residents in their rooms and check they have some engagement such as music, TV sensor light if they have one or the budii magic table						