



MONDAY

LUNCH

SWEDISH MEATBALLS IN CREAMY SAUCE

OR

BAKED FISH

served with creamed potatoes, cabbage, carrots & cranberry sauce

DESSERT

RICE PUDDING, JAM & CREAM

TEA

CARROT & GINGER SOUP WITH BREAD & BUTTER

OR

EGG OR HAM SANDWICH







TUESDAY

LUNCH

SALMON FILLET WITH LEMON BUTTER SAUCE

OR

CHICKEN GOUJONS

served with sauteed baby potatoes, sweetcorn & broccoli

DESSERT

PEACH CRUMBLE & CUSTARD

TEA

BEANS ON TOAST

OR

TUNA OR CHEESE SANDWICH





WEDNESDAY

LUNCH

COQ AU VIN

OR

SAUSAGES

served with cauliflower cheese & sprouts

DESSERT

MUD PIE & CREAM

TEA

JACKET POTATO WITH TUNA OR PRAWNS

OR

CORNED BEEF OR EGG SANDWICH





THURSDAY

LUNCH

ROAST HAM WITH PARSLEY SAUCE

OR

CHEESE & ONION TART

served with roast potatoes, carrot & swede mash & peas

DESSERT

SPOTTED DICK & CUSTARD

TEA

SAUSAGE ROLLS

OR

CHEESE OR TUNA SANDWICH







FRIDAY

LUNCH

FISH & CHIPS

OR

EGG & CHIPS

served with mushy peas, tartare sauce and lemon

DESSERT

BLACKCURRANT PIE & ICE CREAM

TEA

CELERY SOUP WITH BREAD & BUTTER

OR

EGG OR HAM SANDWICH





SATURDAY

LUNCH

MINCED BEEF & ONION PIE

OR

FISHCAKE

served with potato gratin, honey roast parsnips & cabbage

DESSERT

SELF-SAUCING CITRUS PUDDING & CREAM

TEA

CHICKEN GOUJONS WITH DIPPING SAUCE & CHERRY TOMATOES

OR

TUNA OR CHEESE SANDWICH





SUNDAY

LUNCH

ROAST LAMB

OR

SAUSAGES

served with roast potatoes, carrots, peas, leeks in cream sauce & mint sauce

DESSERT

COFFEE CHOCOLATE ROULADE

TEA

TOASTED FRUIT CAKE WITH JAM OR CHEESE

OR

HAM OR EGG SANDWICH

