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WOODLANDS  
AND HILL BROW  
RESIDENTIAL  
CARE HOMES

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*Family Run Residential Care Homes*



# Welcome



Woodlands and Hill Brow are friendly family run elderly care homes for people who are beginning to find living alone a little burdensome. We try and improve the quality of life for those who have chosen to live with us. Both homes are built on the firm foundations set by the Lee family, who first took residents into their own home in 1976.

## Ethos

Alison Lee's ethos is to care for all her residents as if they were her own family. Three generations of Alison's family have stayed at Woodlands and Hill Brow at one time or other. Both homes have been rated excellent by the care quality commission (CQC) and are fully compliant with CQC regulations.

*Our aim is  
to provide the  
highest quality  
of care...*

# Accommodation and Care



*We are different  
from other  
care homes...*

All our bedrooms are large, bright and airy with an ensuite bathroom, most with showers. All ground floor rooms have patio doors out to the gardens. Rooms vary in size so we can accommodate married couples in the larger rooms. The bedrooms have a 24 hour nurse call bell system, smoke detectors, TV, phone and internet points. All prospective residents will receive a comprehensive assessment upon entering the home, to ensure their care needs are met and the move is as smooth as possible. Included in the fees are regular GP visits, physiotherapy, chiropody, and a fully personalised care plan, which is discussed and agreed with the resident and their family on a monthly basis. Residents enjoy the advantage of living as full and independent lives as possible, with the reassurance that there is 24 hour care provided.



# Staff

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At Woodlands and Hill Brow we firmly believe that a care home is only as good as the staff who work there. Great care has been taken in recruiting highly trained, professional, caring and compassionate staff. Some of the senior staff members have worked in the homes for over 20 years. We do not employ temporary or agency staff, as we know it is as important for the residents to know who is looking after them as it is for the staff to know and understand the residents' needs. Residents are involved in the recruitment of staff as we have a resident on the interview panel.



*...a care home is only as good  
as the staff who work there...*



# Food



Food is an important part of life at Woodlands and Hill Brow and our experienced chef provides delicious fresh home cooked food.

When a new resident arrives the chef will visit them to discuss their likes and dislikes, so we can cater for any special dietary requirements.

Meals are served either in the dining rooms or, if preferred, in the resident's room. The breakfast menu offers anything from a continental choice to a full English cooked meal - or both. Lunch is the main meal of the day and for supper we offer a smaller meal with several courses to choose from.

Cheese boards and fresh fruit are always available. All meals are freshly prepared and cooked in our kitchen from scratch.

Tea, coffee, or any other drink preferred is served to the residents every two hours throughout the day from 6am - 10pm. Residents can request drinks or light snacks at any time. Family and friends can dine with a resident whenever they wish.



# Activities

A lively programme means there is usually something going on most mornings and afternoons, including the regular and popular activities of outings to Fleet and Farnham for shopping, garden centre coffee mornings, fish and chip lunches, theatre trips and visits to the local pub. Residents are encouraged to contribute their own ideas to the programme through monthly resident's committee meetings and a questionnaire that they complete every 6 months.

Each year we take drives out to see the snowdrops, blue bells and autumn leaves. We also go to the seaside, take canal boat trips, and enjoy many one off outings to places of interest. The activities programme includes the poetry club, singing, gardening, bingo, card making, giant crossword, and wine tasting.

*We look at each resident as an individual...*



We enjoy having local musicians who come and perform for us - a mixture of classical, jazz and old time. We visit the local theatres regularly and old time musical concerts are a favourite too.

We have no formal visiting as families and friends are encouraged to visit whenever they can.





# The Gardens

The mature and established gardens have been specially designed and landscaped for the elderly. Our gardens are designed so they are accessible to all rather than something to just look at. We have flat, wide, non-slip paths that are suitable for residents in wheel chairs or with walking aids.



There are quiet corners to sit peacefully and either read, paint or just enjoy the day outside. Where residents are interested they can help plant out during the spring and summer. Tomatoes, cucumbers and peppers are always a popular choice for planting, as they can be enjoyed at meal times.



# Home Checklist

## 1) Number of bedrooms

Woodlands 39 Hill Brow 29

## 2) Daily cleaning

Yes

## 3) In house laundry

Yes

## 4) Onsite parking

Yes

## 5) Types of Care

- Residential
- Early stages of dementia or short term memory loss
- Respite
- Informal day care

## 6) Key Features

- 24 hour care
- Large bright and airy bedrooms
- We can accommodate married couples in large double rooms
- Extensive grounds and garden
- Wide-ranging activities and trips programme
- Large lounges and private areas
- 2 lifts
- Different dining areas
- Can accommodate pets

## 7) Private rooms

- 24 hour call system
- All bedrooms have ensuite bathrooms, most with showers
- Ground floor rooms have patio doors that lead out to the gardens
- TV and phone point in every room
- Bed linen and towels are included

## 8) Food

- Fresh homemade meals for breakfast, lunch and supper
- We can cater for special diets or requirements
- Light snacks, fresh fruit, tea / coffee or any other drink are always available

## 9) Free Additional Services

- Visits from local GPs
- Chiropodist
- Physiotherapist
- Newspapers
- Trips and activities
- TV licences for over 75s



## Woodlands Residential Care Home

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## Hill Brow Residential Care Home

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