

Whitstable House

Care Suites

Relationship Centred Care™

Boorman Way, Whitstable, Kent CT5 3SE
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A home for life for those in need of care

Whitstable House is a brand new, nurse-led care home, situated in a picturesque location, with views overlooking the estuary.

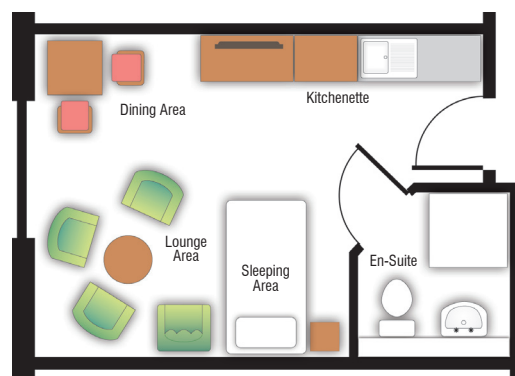
With facilities of the highest standard, our home is the ideal environment for residents with various levels of complex care needs, be these nursing, dementia, palliative or respite.

Our experienced nurses and carers encourage the full potential in each individual at Whitstable House, by nurturing a community founded on respect, privacy, dignity, kindness, compassion and the opportunity to interact with other residents as well as staff.

Nursing care

Our in-house care is planned and monitored by Registered Nurses enabling Whitstable House to be a home for life for most residents. Our care suites all have en-suite shower rooms and, in addition, they offer three important features not found in traditional nursing homes:

- Social space so that residents' families and friends can spend time together in privacy and comfort
- Dining space so that residents can enjoy their meals in their own room, if they wish
- A kitchenette so that residents or their guests can prepare drinks or snacks



A typical care suite

With registered nurses on-site 24 hours a day, the suites offer a permanent home where the residents do not need to worry about moving if their care needs increase.

Relationship Centered Care

We have adopted Relationship Centred Care as our principal approach. This emphasises each individual's life story, the relationships they have made along the way, their primary relationships in the present, as well as nurturing new, meaningful relationships with staff and other residents.



Fully fitted en-suites

Thriving social and recreational activities

Residents can enjoy a communal lounge and dining area. Meals are served in the dining room or residents can elect to have their meals delivered to their suite. Traditional home cooked food is offered using seasonal produce wherever



Comfortable social areas

possible. Our qualified chef is happy to provide alternative choices if requested. Special diets can be accommodated where necessary.

There is a full and varied activities programme open to all residents. The social co-ordinators organise an active programme of crafts, games and hobbies as well as regular social events and visiting entertainers. All residents can choose the activities they wish to join.



Your own hair salon

Care Plans and On-line access

Computerised care plans are compiled for residents covering all aspects of daily living and include risk assessments whenever possible. To develop and plan a fulfilling care experience the input of the family and wider group of friends is paramount. They can assist with providing detailed information of the resident's life to date, influences, aspirations, fears and challenges. This sharing of information builds relationships between all parties.



Outdoor garden space to enjoy

Relatives and friends can register to view the latest care plan and daily reports on line through our website. The on-line system incorporates a high standard of security to ensure that each resident's information is secure.

Entry Requirements to a Care Suite

Residents must be in need of care and support and be compatible with the social environment. The Manager or a Senior Nurse will be pleased to carry out a pre-move assessment in the person's home or hospital.



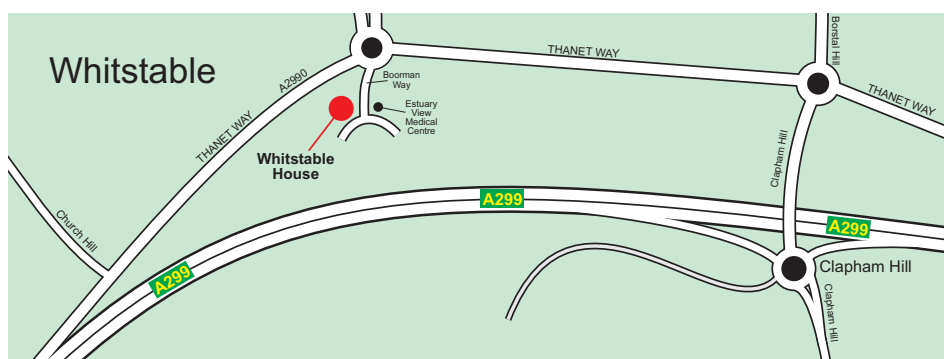
Home from home

Terms & Conditions

Full details of all financial and legal matters are available from the Manager or can be viewed on-line at www.whitstablehouse.co.uk.



Rooms with views



For further details or to arrange a visit to **Whitstable House**, please telephone 01227 533 522 or send an e-mail to enquiries@whitstablehouse.co.uk www.whitstablehouse.co.uk