

DATE 29th January 2024

WEEKLY Activities

MORNING

AFTERNOON

<p>M MONDAY</p>	<p>National sausage day! room visits available</p>	<p>Bingo 2pm national sausage day! suppertime tasters</p>
<p>T TUESDAY</p>	<p>Salon open room visits available</p>	<p>Salon open Crosswords 2pm</p>
<p>W WEDNESDAY</p>	<p>room visits available</p>	<p>All about us (board game) 2pm</p>
<p>T THURSDAY</p>	<p>'Move it or lose it' chair based exercises, DVD, 11.15am</p>	<p>Room visits available</p>
<p>F FRIDAY</p>	<p>National ukelele day! room visits available</p>	<p>Singers & Stringers Ukelele band 2.30pm</p>
<p>S SATURDAY</p>	<p>Games, books, magazines, cards, dvd's etc all available. please ask a staff member</p>	<p>Games, books, magazines, cards, dvd's etc all available. please ask a staff member</p>
<p>S SUNDAY</p>	<p>Games, books, magazines, cards, dvd's etc all available. please ask a staff member</p>	<p>Games, books, magazines, cards, dvd's etc all available. please ask a staff member</p>

