DATE 29th January 2024 WEEKLY Activities

MORNING **AFTERNOON**

	National sausage day!	Bingo 2pm
M	room visits available	
141	TOOM VISITS available	national sausage day! suppertime tasters
MONDAY		·
	Salon open	Salon open
T	room visits available	Crosswords 2pm
TUESDAY		
	,	
TXI	room visits available	All about us (board game) 2pm
VV		
WEDNESDAY		
	'Move it or lose it'	Room visits available
	chair based exercises, DVD, 11.15am	
THURSDAY	Shan bacca chorologo, b v b, Trirodin	
E	National ukelele day!	Singers & Stringers
F	room visits available	Ukelele band 2.30pm
FRIDAY		
	Games, books, magazines, cards, dvd's	Games, books, magazines, cards, dvd's
S	etc all available. please ask a staff	
SATURDAY		etc all available. please ask a staff
SATURDAY	member	member
	Games, books, magazines, cards, dvd's	Games, books, magazines, cards, dvd's
5	etc all available. please ask a staff	etc all available. please ask a staff
SUNDAY	member	member
		1110111001













