



Westcombe Park

Your local Bupa care home
in Blackheath.



A smart residential area

Here, in a pleasant leafy neighbourhood of south-east London, we warmly welcome residents in need of nursing and residential care.

Our home is a short walk from bustling high streets with independent shops and cafés. We're close to Greenwich Park, the Royal Observatory, the National Maritime Museum and Cutty Sark.



Our care team

At Westcombe Park, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



“A very friendly and homely environment with happy and helpful staff. Really great management with a focused, energetic and proactive service.”

Son of resident, May 2024
Source: carehome.co.uk

What we offer

We want every resident at Westcombe Park to feel happy and settled. Some come to us for a few weeks of respite, while others come to start a new chapter in their lives. We take great care of each person, treating them with kindness and respect.

Types of care

- Nursing
- Residential
- Convalescence
- Short stay
- Gold standard palliative care
- Parkinson's

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.

Convalescence care

If you're recovering from an operation or illness, we offer a range of treatment and support according to your needs. During your recovery with us, we'll provide delicious meals, do your laundry and help with your personal care. By understanding your recovery goals, we can remove some of the strain of everyday life and get you safely back to feeling like yourself again.



Variety of comfortable bedrooms

We have 45 attractively decorated rooms. There are shared bathrooms on each floor, and you can also expect:

- garden view from many rooms
- en suite WC or WC with shower
- flat screen TV
- telephone point (bills payable)

Residents can bring personal items from home, such as pictures and knick-knacks.



Services available to all

- GP visits within the home or at the practice
- Advice from a nutritionist
- Eye care from an optician
- Visits to a dentist
- Support from tissue viability and palliative nurses
- Access to a physiotherapist
- Religious services
- Wifi throughout the home

Plus, for an additional cost, residents can benefit from:

- chiropody
- on-site hairdresser



Shared areas around the home

There are lots of places to relax here, including our on-site beauty salon, conservatory, and several lounges where residents can chat over a cup of coffee and freshly baked cakes.

There are quiet spaces for catching up with relatives, and there's a library area for choosing a good book. Our well-tended, mature gardens are perfect for enjoying a gentle stroll, and there's plenty of seating for enjoying the sunshine.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

020 3930 5361

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life at Westcombe Park

Our home is a warm and inviting community, not just for residents but for their friends and loved ones. Good food, plenty to do and lots of opportunities to socialise make this a very enjoyable place to be.



Activities

Our coordinators plan interesting activities for our residents, seven days a week, including for those who are less mobile. For example:

- visits from children and young people
- wildlife and gardening clubs
- dominoes and indoor bowls
- pamper days
- reminiscence sessions
- gentle keep fit classes
- visits from a mobile library
- pottery and crafts
- sing-a-longs to a range of music



Residents can still do most of their existing hobbies here. They can also suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Our chef prepares delicious meals for residents to enjoy in our social dining area or in the comfort of their own bedroom.

There are plenty of favourites on the menu, but we also talk to each resident when they move in about their likes, dislikes and any special dietary needs.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

Celebrating special occasions

We have a dining area where families can host private events such as birthday parties. We'll just need to know in advance. Plus, we can arrange catering for an additional fee.



Visits from family and friends

Family members or friends can pop by at any time for coffee or an activity. If you'll be having a meal with us, just give us a quick call and tell us about any dietary requirements. Then we can cook up something you'll really enjoy.



“He recognised the need for full-time professional care, and he has been provided this at Westcombe Park in a most wonderful way. I couldn’t think of a better place for him to be at this time of life.”

Son of resident, April 2024
Source: carehome.co.uk



Visiting Westcombe Park

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. Our nearest tube stations are Maze Hill and Westcombe Park, and there's a bus stop for the 386 service right outside – connecting us with Greenwich and Woolwich. We're also close to the intersection of the A2 and the Blackwall Tunnel Southern Approach, and we have on-site parking.

To arrange a visit or to find out more, call us on

020 3930 5361

bupa.co.uk/westcombe-park

 BupaCareHomeWestcombePark

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Westcombe Park Care Home

112a Westcombe Park Road, Blackheath, London SE3 7RZ

Inspected and rated

Good



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