



Welcome to Woodend

Your local Bupa care home
in Altrincham



A very desirable neighbourhood

Set in a lovely part of Cheshire, our home warmly welcomes residents with a wide range of nursing and residential care needs. That includes those living with dementia.

We're in a very quiet spot, close to open countryside and backing onto a superb golf course. Altrincham town centre is just a mile and a half away, and the National Trust's Dunham Massey Hall is within easy reach.



Our care team

At Woodend, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



“I moved here because it was already providing excellent care for my husband who has dementia. The facilities and cleanliness are excellent, but the greatest strength of Woodend is the staff. They are efficient, caring and very friendly. The management is excellent.”

Resident, May 2024

Source: carehome.co.uk

What we offer

Woodend is an impressive purpose-built home. Indoors, residents are provided with every modern convenience. And outside, they're free to enjoy the peace and quiet of our lovely gardens.

Types of care

- Nursing
- Residential
- Dementia nursing
- Dementia residential
- Short stay
- Convalescence
- Palliative
- Parkinson's
- Huntington's

Dementia care

Our specialist trained staff can help residents with dementia to lead a better quality of life. With family support, we'll build a picture of their life story and their preferences. Then we can personalise their care and help them live the way they want to. This includes planning one-to-one activities.

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



Variety of comfortable bedrooms

We have 76 colourful rooms, three of which are ideal for couples. You can also expect:

- en suite WC
- shared bathrooms around the home
- flat screen TV
- telephone point (bills payable)
- garden view from some rooms

Residents are welcome to bring personal items from home, such as pictures and knick-knacks.



Services available to all

- GP visits within the home or at the practice
- Eye care from an optician
- Advice from a nutritionist
- Visits from a Parkinson's consultant and district nurses
- Visits to a dentist
- Pet therapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- chiropody
- on-site hairdresser
- daily newspaper delivery



Shared areas around the home

There are lots of places to relax at Woodend. Residents can enjoy a little pampering in our on-site hair salon or catch up with family and friends over a cup of coffee in one of our lounges.

Outside, our beautiful enclosed gardens have accessible pathways so residents can go for gentle strolls. We also have a pretty terrace. To make it easier for those with dementia to navigate the garden, we've painted the outdoor walls a striking red colour, which contrasts well with the greenery.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

0161 464 3673

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life at Woodend

We want our residents to settle in quickly and be happy here. Whether coming for a short stay or starting a new chapter in their lives, residents can enjoy warm and respectful care from staff who take a genuine interest in their personalities and life stories.



Activities

Our coordinator plans a wide variety of activities for our residents to enjoy, including those who are less mobile. For example:

- arts and crafts sessions
- piano sing-a-long sessions
- walks in the park
- cinema club with ice creams
- regular shopping trips
- gentle armchair exercises
- weekly quizzes
- visiting entertainers such as singers and dancers



Residents can still do most of their existing hobbies here. And they can always suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Our chef prepares delicious meals and snacks for our residents to enjoy in the social dining area or in the comfort of their own room.

There are plenty of favourites on the menu, and for variety we add in themed events and popular requests. We also talk to each resident when they move in about their likes and dislikes, and any special dietary needs.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

Celebrating special occasions

We're happy to set aside a quiet area for small family events such as birthday parties. We'll just need to know in advance. Plus, we can arrange catering for an additional fee.



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Visits from family and friends

Loved ones can pop by at any time for coffee or an activity. If you'll be having a meal with us, just give us a quick call and tell us about any dietary requirements. Then we can cook up something you'll really enjoy.



“The staff at Woodend are kind, caring and thoughtful. I get such comfort knowing that my dad is well looked after. As a regular visitor, I see the team with the residents and witness their hard work. They always go above and beyond. Everyone is wonderful here.”

Daughter of resident, March 2024
Source: carehome.co.uk



Visiting Woodend

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. We're just off the A56 Dunham Road, a couple of miles from Junction 7/8 of the M56. Our nearest train station is Altrincham, where you'll find a tram stop with regular services to Bury and Manchester.

To arrange a visit or to find out more, call us on

0161 464 3673

bupa.co.uk/woodend

 BupaCareHomeWoodend

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Woodend Care Home

Bradgate Road, Altrincham WA14 4QU

Inspected and rated

Good

