





Contents

Welcome to Windmill Lodge	5
Care Services	6
Lodge Facilities	11
Dining Experience	19
Activities & Wellbeing	21
Contact Details	23



Welcome to Windmill Lodge

Situated in the seaside town of Lytham St Annes, Windmill Lodge offers dignified residential, dementia, and nursing care services to meet a range of needs.

The purpose-built Lodge provides compassionate care in a warm, safe and secure environment.

Windmill Lodge also offers a Day Centre for those requiring extra support and companionship but are not ready to move into full-time residential care.

Care Services



Residential Care

Windmill Lodge is designed for residents who have made the choice to live within a care home community where they can benefit from a wide range of support and companionship.

Our dedicated team of care professionals is always on hand to support residents; from providing assistance with daily activities, including dressing and mealtimes, to aiding visits to external professionals such as GPs.

Residents are encouraged to enjoy their lives through a range of engaging activities in the local community and within the care home.



Residential Dementia Care

The Lodge provides a safe, secure and responsive environment for those in the earlier stages of dementia.

As a purpose-built facility, Windmill Lodge has communities dedicated to residents who are living with cognitive impairment.

We have designed the Lodge to incorporate a number of special features including designated breakaway spaces and easily identifiable signage, allowing residents to easily familiarise themselves with their surroundings.



Care Services



General Nursing Care

We offer General Nursing Care for those who are living with longterm illness or disability where more complex medical support is required.

Our dedicated nursing team provides a person-centred approach, ensuring all medical needs are met and that conditions can be managed professionally.

As well as in-house medical teams, the Lodge welcomes visits from GPs and other professionals including physiotherapists, dietitians, opticians and chiropodists, to fully support and complement our residents' care.



Dementia Nursing Care

Dementia nursing care is typically for those who require more intensive support and monitoring from medically trained professionals.

Led by registered mental health nurses who specialise in dementia care, our team is qualified to assess and monitor residents' changing needs, responding to developments in line with their established care plans and best practices.

We work closely with our residents, their loved ones and medical team to best support their physical and psychological needs, enabling us to tailor our approach to each individual; promoting choice, dignity and respect.



Care Services



Day Center

At Windmill Lodge we offer a Day Centre service, available to people who would benefit from daytime services and company, but who don't require overnight care.

The Day Centre provides tasty and nutritional breakfasts, lunch, snacks and drinks.

Additionally, a wide variety of optional activities are offered. We aim to provide a sense of community and fun. We change activities from week to week to make sure that every day is engaging and stimulating.

Lodge Facilities

The facilities at Windmill Lodge include:

- Bedrooms with En Suite Wet Rooms
- Spacious Lounges
- Dining Rooms
- Residents' Kitchen
- Hair & Beauty Salon
- Landscaped Gardens
- Visitors' Car Park
- Cinema Room

My Dad has all the comforts of his own home, enjoying his music and TV within his own room.

*Son of Resident





Bedrooms

Our bedrooms are spacious, complete with an en suite wet room and wireless alert system that allows residents to call a member of staff at any time of day or night when additional assistance is required.

Whilst each room is well-equipped with high-quality furnishings, we encourage residents to bring meaningful keepsakes to decorate and personalise the room, making the home their own.

Each room includes:

- Adjustable Profiling Bed
- Flat Screen TV
- Wireless Internet Connection
- En Suite Wet Room
- Wireless Alert System



Hair & Beauty Salon

Our in-house hair & beauty salon comes with a resident hair stylist, who is available to all residents.

Residents are welcome to invite their own personal hairdresser to visit if they wish.

We also provide beauty treatments such as manicures, pedicures and hand massages.

Residents' Kitchens

Each of our communities has access to its own kitchen, day or night. This provides a place for residents and guests to make hot drinks or snacks.

Spacious Lounges

The Lodge has several lounges, furnished for the relaxation and entertainment of our residents.

Here, we often host entertainers, film afternoons, exercise classes and more.

Courtyard & Gardens

Our residents and their families and friends have access to our manicured garden where they can spend time enjoying the beautiful surroundings or even try their hand at gardening.

14 15



TV/Activities Room

Our in-house cinema room provides residents with a true cinematic experience, perfect for watching films, TV and sporting programmes with friends.

Residents' Kitchens

Each of our communities has access to its own kitchen, day or night. This provides a place for residents and guests to make hot drinks or snacks.

Visiting the Lodge

Families and friends are warmly welcomed to Windmill Lodge.

We consider visiting an essential way of ensuring that our residents stay in touch with their loved ones.

There's always time for a simple chat over a cup of tea or coffee using our residents' kitchen facilities or, with prior arrangement, they can join residents for meal times.

The Local Area

The Lodge is situated in the lovely seaside town of Lytham St Annes.

Our busy social and cultural calendar of events and activities gets our residents out in the local community.

16



Dining Experience

Our chefs and hospitality team have been carefully selected for their passion and service excellence.

At Windmill Lodge we serve freshly cooked meals, made with the finest seasonal produce.

When you first join us, we will discuss your likes and dislikes to ensure that our menu is designed to reflect your culinary preferences and requirements.

Complementary drinks are served at our residents' bar, available at any time of day.

The food is all home-made, well presented and delicious.

*Daughter of Resident



Activities & Wellbeing

At Windmill Lodge, our Activities & Wellbeing team is dedicated to providing engaging and stimulating activities to residents each day.

From our salon experience to cocktail making, there is something for everyone to look forward to!

Activities include:

- Coffee Mornings
- Musical Memories
- Game Nights
- Active Fit
- Flower Arranging
- Hair & Nail Treatments
- Themed Evenings

To keep up-to-date with all our latest goings on, families and friends are encouraged to follow our Facebook & Instagram pages.



Contact Details

www.windmilllodge.co.uk

01253 800 000 manager@windmilllodge.co.uk

> Wilding's Lane Lytham St Annes FY8 3RJ

- @windmill.lodge
- facebook.com/windmilllodgeahcg

*Testimonials have been taken from carehome.co.uk for other Athena Lodges.

Providing compassionate care in a **home** you make your own.