



Windyhall

Care Home

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Windyhall Care Home

Windyhall Care Home is a traditional Victorian House situated off a quiet street in Ayr, providing a superior standard of accommodation close to the town centre. The care home has charming gardens as well as a lovely patio area where our residents can enjoy the sunshine. We provide exemplary standards of Nursing, Dementia and Respite Care in beautiful accommodation designed to promote small group living.

Windyhall Care Home is built on the ethos that each individual should be given every opportunity to live an enriched and independent life in a supportive, caring environment. For those who have higher care needs, we aim to ensure you make the most of your day by providing the right amount of support where necessary, and our staff really do go the extra mile to ensure that our residents live the life they want and fulfil their goals.

Our entire ethos is on the word 'home'. It's crucial that Windyhall feels like home and offers home comforts, whatever that means to each individual. It's why we try to accommodate furniture and personal items to create a familiar, comfortable environment. Windyhall is a fully inclusive home, so there are no extra charges for extras like hairdressing, newspapers or toiletries.



A Warm Welcome to Windyhall Care Home

Windyhall Care Home is a beautiful, traditional Victorian building that is situated in a quiet, leafy road in Ayr. It is close to the town centre and easily accessible. It provides a superior standard of accommodation. The Home is designed to promote small group living providing accommodation for 29 residents. Although equipped with every modern comfort, Windyhall is uniquely homely and has a warm and welcoming atmosphere and that sense of family that ensure residents feel relaxed and at the centre of everything we do.

The Care Home forms part of the Ayr community set back from the main road with level access to the entrance and grounds. The surroundings are perfect for residents wishing to maintain a more independent lifestyle, where families can visit with ease.

Tastefully designed, the home meets all current Care Inspectorate requirements and provides the highest standards of safety, comfort, and care.

Arranged over two floors, Windyhall Care Home offers private, spacious bedrooms some with an ensuite facilities. It also provides beautiful lounges and dining rooms as well as assisted bathrooms. Additional facilities include a cinema, hairdressing salon, therapy room, and a Café area.

It is homely, elegant, and welcoming, *a home for life.*

Living a Full and Active Life

Providing residents with the opportunity to live an active and fulfilled life is a central part of our ethos of care at Windyhall Care Home. Our dedicated Activity Co-ordinators create programmes for residents that reflect their choices, preferences, and individual hobbies.

At Windyhall Care Home, we believe that residents should be supported to maintain their links with the community and residents are encouraged to visit friends, attend clubs, and generally live life to the full. We also invite groups to enjoy the spaces within the home to create a community feel to the home.

On any day, residents may be enjoying an outing participating in workshops, attending the cinema, spending time in the garden, enjoying a pampering session in the hairdressing salon, watching live entertainment, or taking part in any of the other activities that take place within the home and the community.

At Windyhall Care Home, friends and family are encouraged to spend time with their loved one, and the Café areas are available for them to have teas or coffee and spend time together in addition to the many lounges within the home.

Our secure garden area affords safe walkways within a well-maintained garden area. Seated areas are strategically placed throughout the garden area with destination points to assist the residents in recognising their locality and to afford a range of sensory experiences.

At Windyhall our relationship-centred care enables residents to keep on doing the things they've always loved – the things they perhaps thought they could no longer do and to provide a supportive, kind, and caring environment that ensures that they live a full and active life.

Dementia Care

At Windyhall Care Home, we believe that every resident is an individual with specific needs and desires. We provide 24-hour, kind, compassionate care for residents with a diagnosis of dementia. We strive to improve the quality of life for residents by focussing on their individuality, strengths, and abilities and enabling them to maintain maximum independence in their day-to-day lives.

At Windyhall Care Home, we work closely with residents, families and loved ones involving them in the care planning process and decisions regarding the running of the home thereby empowering them and ensuring that the service reflects the needs and wishes of the residents living within the service.

Our secure garden area affords safe walkways outside. Seated areas are strategically placed throughout the garden area with destination points to assist the residents in recognising their locality and to afford a range of sensory experiences.

The importance of maintaining community links is recognised by Windyhall Care Home. Residents are supported and encouraged to engage in a range of activities designed to address their hobbies and interests, both within the home and the community.

We invest positively in staff training and development to ensure that residents receive care and support that reflects current best practice. All staff employed at the Home receive Promoting Excellence in Dementia Care training, with care staff developing their knowledge and skills to a higher level on an ongoing basis.

Nursing Care

At Windyhall Care Home, we recognise that residents with nursing needs require care that not only reflects their medical needs, but that also reflects their physical, psychological, emotional, and social abilities.

We provide 24-hour care, delivering professional, friendly, kind and compassionate care and support to residents with significant and complex medical conditions.

At Windyhall Care Home, we believe that high quality care is delivered by highly trained and knowledgeable staff. We invest positively in staff training and development to ensure that residents receive care and support that reflects current best practice in a manner that promotes their rights, choice and preferences.

Palliative Care

At Windyhall Care Home, we recognise that palliative care is a specialist approach to care provided by our staff and the multidisciplinary team to residents living with and dying from any advanced, progressive incurable condition. It is our belief that this requires a person-centred approach that recognises that each resident is an individual with personal needs, wishes and desires.

We can also provide guest accommodation for families who wish to remain close to their relative at such a time in their life.

Residential Care

The Residential Care Service at Windyhall Care Home supports older people who are finding it increasingly difficult to look after themselves at home. It also supports older people who are increasingly alone and would enjoy some company.

Windyhall Care Home offers residents a friendly and caring community where kindness, compassion, knowledge, skill, and confidence combine to offer respectful and dignified care that recognises the individual needs of each resident.

Quality *person centred care* is at the heart of Windyhall Care Home, and this is enhanced by our daily wellbeing programme which is designed to address the hobbies and preferences of the residents including a programme of physical activity.

Respite and Convalescence

Windyhall Care Home offers respite care support for those looking for short term or support following hospital/private clinic treatment within our facility.

Our experienced and dedicated team can offer residential, nursing or dementia care and support designed to meet the individual needs of the resident, subject to a pre-admission assessment.

Residential/ Respite and Nursing weekly rates

Accommodation rates start at £1,800.00 per week depending on room size.

Services fully inclusive

- Hairdresser and beauty treatments
- Podiatry
- Nail technician
- Taxis for hospital / dental appointments
- Toiletries
- Alcoholic refreshments
- No costs incurred with any outings, entertainment, theatre trips etc.
- Newspapers and magazines
- Where possible, staff escort to routine hospital and clinic appointments

Additional Services costs, optional.

Telephone services – landline can be installed to bedroom at resident's cost.

Digital TV entertainment packages £variable dependant on chosen package.



Activities Development Plan Windyhall Care Home 2024

- **Strength & balance class** with Physiotherapist and parachute workout. Progress is as expected, gradual and extremely positive. Exercise movements amongst residents are noticeably improving weekly together with their technique and confidence growing and sense of fun in taking part.
- **Music:** Various entertainers visit to provide music in differing styles to suit most tastes and to also expand the experience of residents. A wonderful party atmosphere is evident throughout the home.
- **Art:** lessons are provided by Dementia Arts Class.
- **Games:** to encourage further physical activity a selection of games using basketball, darts, skittles, carpet bowls, parachute are used. Games also include Bingo, Jenga, jigsaws, cards, dominoes etc.
- **Musical Memories:** residents are invited to attend sessions held at Alloway Church. Hall. This is one of the most popular events. Taxis arrive to transport the residents out for the afternoon. Tea/Coffee and biscuits are supplied.
- **Gentleman's Club:** held in the Quiet Lounge on a fortnightly basis: Activities include cards, dominoes, reminiscing. The gentlemen also have access to a roulette wheel. It has proved to be great fun.
- **Therapet:** We have a therapet dog by the name of Rory who is accompanied by his owner Jack. This is a voluntary basis, and we are happy to make a donation to the canine trust on behalf of Rory. He is greeted so fondly, and the residents are so happy to see them both.
- **Music & Movement Class** with Vivienne
- **Football Memories at Ayr United Football Club:** residents attend a football memory event at AUFC and take part in football quizzes, stories from guest speakers, competitions. Residents also enjoy a lunch of a football pie and the chance to socially interact with fellow residents from other Care Homes and guests.
- **National event days** such as Pancake Day, Easter, Mother's Day, Father's Day, Nutrition & Hydration week, National British Pie week together with many others that happen throughout the year to celebrate events in a fun way and to help residents orientate to time and place.

Links made with external agencies:

The current list is not exhaustive as further links are being sought as projects develop. Constant research on new possibilities/Agencies together with networking at events will facilitate this.

- **Generations Working Together:** Intergenerational guide in early learning and childcare to support forthcoming work with local primary school for Windyhall Care home. Training also forthcoming.
- **Dementia Friendly Prestwick:** Linking in with forthcoming activities, walking on the prom, Cinema, memory cafe etc.,
- **Playlist for Life:** To develop a personal playlist for each resident using technology for personally meaningful music.

You can keep up-to-date with activities and events on our Windyhall Care Home Facebook Page <https://www.facebook.com/Windyhallcarehomeayr>



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Entertainment 2024

JULY 2024

Friday 5th True Colours
Friday 12th Eddie Lawrence
Friday 19th Pauline Vallance
Friday 26th Stuart Faulds

AUGUST 2024

Friday 2nd Jack High
Friday 9th Sharron Day
Friday 16th Eddie Lawrence
Friday 23rd Archie
Friday 30th True Colours

SEPTEMBER 2024

Friday 6th Colin Bryce
Friday 13th Just 3 Guys
Friday 20th Stuart Faulds
Friday 27th Jack High

OCTOBER 2024

Friday 4th Pauline Vallance
Friday 11th Eddie Lawrence
Friday 18th Colin Bryce
Friday 25th Jack High

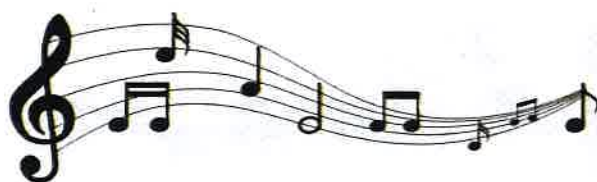
NOVEMBER 2024

Friday 1st True Colours
Friday 8th Archie
Friday 15th Eddie Lawrence
Friday 22nd Stuart Faulds
Friday 29th Jack High
Sat 30th Liam Rogers (Piper) 3pm



DECEMBER 2024

Friday 6th Sharron Day
Friday 13th Colin Bryce (6pm)
Friday 20th Eddie Lawrence
Friday 27th Stuart Faulds





Windyhall
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Menu Planner - Week 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats	Breakfast Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats	Breakfast Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats	Breakfast Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats	Breakfast Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats	Breakfast Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats	Breakfast Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats
Lunch Braised Cockaleekie Soup or Fresh Fruit Salad *** Beef & Herb Meatballs set on spring onion mash & topped with a light tomato passata or Fried Bacon & Cheese Sandwich Tea Trolley with a selection of Biscuits, Cakes and sweet treats	Lunch French Onion Soup or Fresh Fruit Salad *** Cider Braised Pork Loin, Mixed Vegetables and Apple Butter Sauce Baked Brie, Cranberry & Walnut Tartlet Tea Trolley with a selection of Biscuits, Cakes and sweet treats	Lunch Cream of Potato & Smoked Bacon Soup Fresh Fruit Salad *** Traditional Shepherd's Pie with Sugar Snap Peas & Carrot Medley or Mixed Vegetable Stir Fry & Egg Noodles Tea Trolley with a selection of Biscuits, Cakes and sweet treats	Lunch Red Split Lentil & Vegetable Soup or Fresh Fruit Salad *** Breast of Chicken stuffed with Haggis, buttered mushrooms, tomato & whisky sauce or Stuffed Pepper with Herby Mash & cous-cous Tea Trolley with a selection of Biscuits, Cakes and sweet treats	Lunch Roasted Tomato Soup or Fresh Fruit Salad *** Oven Baked Lamb Gigot with roasted potato, cabbage, pea stir-fry & rosemary gravy or Cold Meat & Cheese Salad with mayo dressing Tea Trolley with a selection of Biscuits, Cakes and sweet treats	Lunch Blend of mixed Vegetable Soup or Fresh Fruit Salad *** Slow Cooked Beef Bourguignon with Herby Mash & Greens or Haggis Pakora & Mint Yoghurt Dip Tea Trolley with a selection of Biscuits, Cakes and sweet treats	Lunch Yellow Split Pea & Red Pepper Soup or Fresh Fruit Salad *** Roast Green Gammon with all the trimmings & pan gravy or Light toasted Sandwich with crisps & salad Tea Trolley with a selection of Biscuits, Cakes and sweet treats
Dinner Wild & Field Mushroom Stroganoff with Basmati Rice or Omelette, various fillings salad & fries *** Apple & Cinnamon Crumble with classic custard	Dinner Breaded Cod Fish Cake Fries & Peas or Black Pudding, mash potato & turnip tower drizzled with pepper sauce *** Chocolate Brownie & fresh cream	Dinner Bakers Sausage Roll Chips & Beans or Scotch Pie Chips & Beans *** Lemon Pavlova	Dinner Cheese & Tomato Pizza with fries & salad or Bacon & Leek Risotto *** Chocolate Fudge Cake	Dinner Breaded Fillet of Haddock with Fries, Peas & lemon wedge or Breaded Mushrooms salad garnish, fries & mayo dip *** Selection of Ice Creams	Dinner Mixed Grill or Baked Smoked Salmon with green vegetables and lemon butter *** Baked Rice Pudding Bowl & poached strawberries	Dinner French Toast, Bacon & Egg or Fresh Cut Sandwiches salad & crisps *** Fresh Fruit Salad



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Menu Planner - Week 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Breakfast</u> Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats	<u>Breakfast</u> Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats	<u>Breakfast</u> Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats	<u>Breakfast</u> Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats	<u>Breakfast</u> Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats	<u>Breakfast</u> Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats	<u>Breakfast</u> Selection of Cereals Porridge topped with a selection of fruits, preserves or chocolate Fresh buttered toast rounds with preserves or honey French Toast Scrambled, Fried, Boiled or Poached Eggs Tea Trolley with a selection of Biscuits, Cakes and sweet treats
<u>Lunch</u> Classic Minestrone Soup or Fresh Fruit Salad *** Fried Breaded Chicken Fillet smothered in Pepper Sauce with buttered market vegetables & new potatoes or Baked Tomatoes topped with Mozzarella/Cheddar set on Toasted Soda Bread Tea Trolley with a selection of Biscuits, Cakes and sweet treats	<u>Lunch</u> Cream of Mushroom Soup or Fresh Fruit Salad *** Baked Natural Smoked Haddock set on Fried Onion Mash drizzled with a lemon & herb butter or Shredded Beef & Onion Broth with Steamed Rice Tea Trolley with a selection of Biscuits, Cakes and sweet treats	<u>Lunch</u> Smoked Ham & Diced Vegetable Broth or Fresh Fruit Salad *** Oven Baked Potatoes with various fillings served with seasonal salad/garnish or Cheese & Tomato Omelette with fries served with seasonal salad/garnish Tea Trolley with a selection of Biscuits, Cakes and sweet treats	<u>Lunch</u> Cream of Cauliflower Soup or Fresh Fruit Salad *** Traditional diced Shoulder of Beef Steak Pie with market seasonal vegetables and creamed potato or Tuna Pasta Bowl & Garlic Bread Tea Trolley with a selection of Biscuits, Cakes and sweet treats	<u>Lunch</u> Traditional Tattie Soup or Fresh Fruit Salad *** Lemon & Smoked Paprika Chicken with pilaff rice & prawn crackers or Braised Leek & Asparagus Risotto Tea Trolley with a selection of Biscuits, Cakes and sweet treats	<u>Lunch</u> Roast Vegetable Soup or Fresh Fruit Salad *** Windyhall Sunday Roast Lamb, roasted potatoes, broccoli & cauliflower & pan gravy or Mini Battered Chicken Goujons with roasted potatoes & vegetables Tea Trolley with a selection of Biscuits, Cakes and sweet treats	<u>Lunch</u> Tea Trolley with a selection of Biscuits, Cakes and sweet treats
<u>Dinner</u> Classic Sausage & Mash with onion gravy or Broccoli Bake with crisp potato slices *** White Chocolate & Cranberry Cheesecake	<u>Dinner</u> Penne Pasta coated in a lightly spiced Arrabiatta Sauce with Garlic Bread or Mild Chicken & Vegetable Curry *** Peach Sponge	<u>Dinner</u> Traditional Scotch Stovie Bowl with buttered bread or York Ham, Egg & fries *** Dark Chocolate Bournville Cake & fresh cream	<u>Dinner</u> Minced Lamb & Garden Mint Meatloaf or roast potatoes & fried kale Sesame Chicken Stir-fry with Egg Noodles *** Apple Crumble	<u>Dinner</u> Light Tempura battered Fillet of Haddock, fries & lemon or Stuffed Bell Pepper with onion & chive couscous *** Sticky Toffee Pudding	<u>Dinner</u> Vegetable Lasagne with Garlic Bread or Baked Potato with salad & cheese *** Vanilla Cream infused Semolina	<u>Dinner</u> Gammon Steak & Egg or Bacon & Egg Hot Filled Rolls *** Sherry Trifle



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