

## An Extensive Activities Programme Awaits You

Arts & Crafts • Singing • Live Music Gardening • Gentle Exercise Classes Relaxation Sessions • Flower Arranging Book Club • Knit & Natter • Movie Nights Quiz Afternoons • Gentlemen's Club Afternoon Tea • Themed Days • Happy Hour Seasonal Celebrations • Pet Therapy Visits Guest Speakers • Church Services Trips Out • Family Meals • And much more...