

WELCOME  
TO  
HOME



UPLAND  
MANOR  
CARE HOME



# Creating caring *communities* *where we all thrive.*

At Upland Manor Care Home, every day is about feeling at home as you're surrounded by friendship, laughter, and genuine warmth. Our purpose is simple: We believe in more for our elders. More comfort, more laughter that brightens the day, and more moments shared with people who truly care.

Upland Manor is more than a home, it's part of the heartbeat of Northern Moor. We're a welcoming community filled with kindness and joy, and where our compassionate team cherishes every resident as an individual.

Part of a Top 20 Care Home Group in the UK, rated by carehome.co.uk through resident and family feedback, Upland Manor is proud to offer professional excellence with a homely heart. We hear time and again that families of our residents feel reassured knowing their loved one is truly part of our Upland family, where everyone belongs and thrives.

## Our care *services at a glance:*

- Residential Care
- General Nursing Care
- Residential Dementia Care
- Respite Care

# Guided by kindness built on:



## *Leadership*

We set the standard in elder care, challenging what's accepted and showing there's always a better way.

## *Openness*

We keep our hearts, minds, and doors open - to one another, our elders, our families, and every idea that helps us grow.

## *Vitality*

Later life is full of possibility. We bring more joy, more energy, more colour and connection to every day.

## *Empowerment*

We empower our elders, families and teams to thrive, with confidence, strength and meaning at every step.

## *Togetherness*

We care side by side - elders, families, and teams united. No one is ever alone; love and community carry us all.

## *Trust*

Families rely on us with their most precious bonds - and we prove worthy of that trust every day.



# Thoughtfully designed *for warmth and comfort.*



Light, airy interiors and beautifully landscaped gardens create a calm and welcoming environment, while homely touches ensure residents feel relaxed and secure. A choice of inviting communal spaces, from sociable areas to quiet, cosy lounges, allow residents to spend their time exactly as they wish, and every spacious en-suite bedroom offers privacy and comfort. For an added touch of indulgence, our on-site hair and beauty salon helps residents look and feel their best.

Technology is seamlessly integrated throughout the home to enhance safety, wellbeing and peace of mind. Discreet fall-prevention technology is used in bedrooms, supporting our team in delivering safe, efficient, and person-centred care.



# Personalised support, dignity, and *peace of mind.*

Every resident is unique, and so is every care plan. At Upland Manor, our team takes the time to understand individual needs, preferences and routines, creating a tailored approach to care that feels personal and reassuring.

With residential, general nursing, and residential dementia care available, as well as short-term respite stays, we provide the right level of support in a compassionate and supportive environment - where dignity, patience and understanding are always at the heart of what we do.





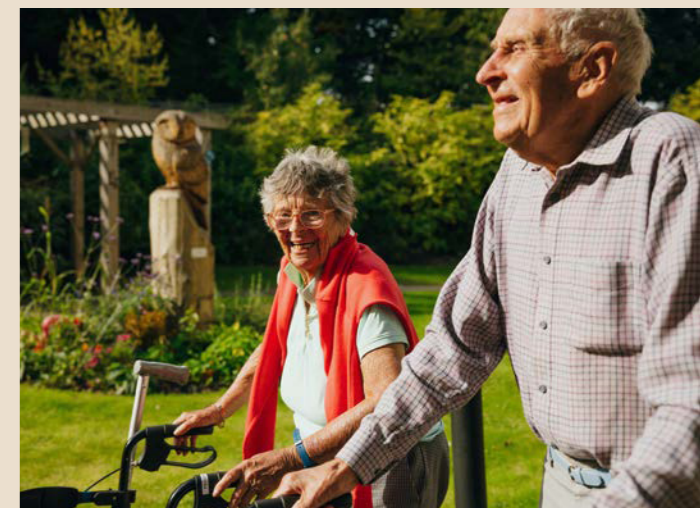
Good food, great company, *happy hearts.*

Mealtimes are a highlight at Upland Manor, with our chefs preparing nutritious dishes to suit every taste. Served in bright, restaurant-style dining spaces, meals are a time to enjoy good food, conversation and connection, from everyday favourites to seasonal dishes.

## Life at Upland Manor is about more than care, *it's about living well.*

Each day brings new opportunities, from trips into the local community to lively celebrations and themed events. For quieter moments residents can enjoy the tranquillity of a gentle stroll through our beautifully landscaped gardens or relax on the spacious outdoor terrace.

Our wellbeing programme centres on the innovative Oomph! on-demand platform, with thousands of activities to choose from including chair ballet, music quizzes, virtual trips to places like Paris, or lively exercise classes like "Wake and Shake".



Life here is enriched by the vibrancy of Didsbury's community. Fletcher Moss Park offers winding riverside paths, colourful botanical gardens, and meadows alive with birdsong. Local churches, community halls, and centres host gatherings, while nearby schools bring children into our home with music, stories, and laughter. These connections ensure Upland Manor feels woven into the life of the neighbourhood.

# We are here, *for you.*

At the heart of Upland Manor is our dedicated team. From our care team to our chefs, wellbeing coordinators to housekeepers and our hospitality team, everyone works together to create the warm and welcoming environment families, residents and visitors know and love.



We'd love to welcome you for a personal tour of Upland Manor Care Home where you can come and experience our community first-hand.



For more information,  
*please contact us on:*

Call: 0161 850 9810  
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or visit our website: [lovetcare.co.uk](http://lovetcare.co.uk)



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