



THE
POLEGATE
CARE HOME

www.thepolegatecare.co.uk



WELCOME TO THE POLEGATE

Situated in Polegate, on the edge of Eastbourne, The Polegate Care Home offers offering nursing care to up to 44 residents in a warm, welcoming environment.

Each of our tastefully decorated ensuite bedrooms come equipped with fitted furniture, a flat screen TV, complimentary Wi-Fi access and telephone points so that residents can enjoy some privacy and keep in touch with loved ones as they wish.

The Polegate boasts a variety of communal areas for residents to relax, dine and socialise, including comfortable lounges and modern dining rooms, and a dedicated hobby room to pursue personal interests. Residents can benefit from a wide variety of activities, from exercise classes in the Sundew Lounge, to a pampering session in our on-site hair and beauty salon. Our beautiful landscaped garden and patio are the perfect spaces to enjoy some fresh air.



FACILITIES, CARE AND LIFESTYLE

Offering a warm and homely environment, we pride ourselves on offering a loving and caring home where residents are supported around the clock.

The Polegate's extensively trained team offer personalised care that focuses on maintaining residents' comfort, independence, and wellbeing in a warm and supportive environment. We take the time to discover what really matters to each person and help our residents to build a routine that reflects this, ensuring joy in every day. A varied menu includes a choice of nutritious home-cooked meals, tailored to individual tastes and needs.

At The Polegate, we are proud to provide a supportive and peaceful space where residents feel secure, valued, and at home.

We look forward to welcoming you



**Residents at
The Polegate
enjoy:**

44 Ensuite Bedrooms

Varied Activities
Programme

Landscaped Garden
& Patio

Hair Salon

Complimentary
Wi-Fi



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CARE HOME

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