

January 2023



The Oaks Care Home

JRHT JOSEPH
ROWNTREE
HOUSING TRUST

Welcome to The Oaks

The Oaks Care Home is an ideal place for older people who require residential or nursing care and support, but still want to maintain their independence and live a rich and fulfilling life.



Our Community

A registered care home, The Oaks is positioned in the centre of the popular Hartrigg Oaks retirement village. It forms an integral part of this community of around 250 people, all aged 60 plus, and is stimulating and vibrant environment in which to live.

Accommodation in The Oaks has all the modern conveniences you would expect in a high-standard care home.

It has been built to a national standard called 'Lifetime Homes', which means that it is wheelchair accessible throughout and can easily be fitted with aids and adaptations, if required.

The Oaks has 43 private rooms, each of which has its own:

- front door, fitted with entrance bell;
- bed-sitting area;
- en-suite facilities with level-access shower;
- Most rooms have a French door opening onto a small balcony;
- Television and phone points;
- Emergency call system.

The accommodation is spacious enough for you to furnish your room in a way that is personal to you and creates an environment that is home.

The Oaks has its own private facilities including lounge, activity area, dining room and rose garden. In addition there are regular activities and events, which you can take part in as little or as often as you choose.

The communal and leisure facilities at Hartrigg Oaks Continuing Care Retirement Community are extensive and conveniently located for easy access from The Oaks Care Home.

Shared amenities include:

- Coffee shop and restaurant
- Library
- Arts and crafts room
- Gym with spa pool
- Hair salon
- Small shop
- Guest room
- 'people carrier' for social outings.

Catering and Activities

This year we have initiated a Residents' dish of the week: residents are asked to submit their favourite dish or recipe that they used to make or that reminds them of their childhood or a happy time. We create their dish and add their name to our daily menu along with a little something about why this dish is special to them.



There is a dedicated activities team and events are planned throughout the week and week-ends, celebrating national events, and residents' birthdays, as well as activities such as quizzes, pamper days, and entertainers.

There is close collaboration between our activities team and the catering team to ensure that the celebratory events are accompanied by a suitable and varied menu. We understand that our residents look forward to mealtimes, not only for the food but also as a social event. Whilst we do try to make all mealtimes a pleasurable experience we are implementing a calendar of themes and activities that will add a touch of inspiration to the regular weekly menus. Themes will include special meals such as Chinese New Year, American Independence, school dinner day and Diwali.





Our Team

Person-centred care and support is provided in The Oaks by a dedicated team of qualified nurses and carers.

We ensure that your social wellbeing and individual wishes are fully taken into account when planning your care and that your right to have dignity, respect and choice is maintained. A benefit of living within the Hartrigg Oaks Continuing Care Retirement Community is that you have access to health professionals across a number of areas.

Our comprehensive range of services include:

- Care and support including specialist nursing care
- Diet and nutrition advice, with special diets catered for
- Exercise programmes (including rehabilitation) for people of all abilities
- Emotional support – including counselling and advice when needed.

Financial Details

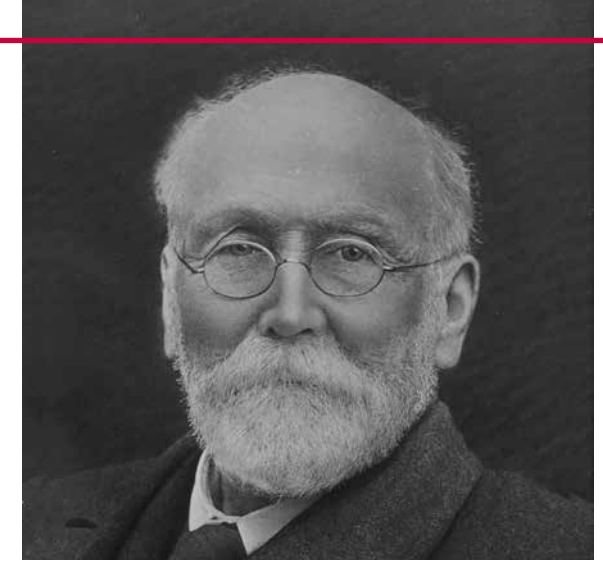
We endeavour to ensure that our fees are competitive while ensuring the highest quality of care. They cover all aspects of care, accommodation, activities and meal provision. The only exceptions are phone connections and paid TV packages.

We review our fees on 1st January each year and the fees are then fixed for 12 months.

The fee for 2023 can be found on the accompanying letter along with details of contacts in your selected care home.

As we are independent of local authorities, potential residents of our care homes must be self-funded and demonstrate the ability to meet the care fees for a minimum period of three years. The fee will be explained by the Care Home Manager prior to admission. They will also assist to see if additional financial help may be available (i.e. attendance allowance, funded nursing, etc).





Where are we?

Located on the edge of the Edwardian garden village of New Earswick, on the outskirts of York, The Oaks is ideally positioned to enjoy village life and still be within easy reach of the historic city centre.

New Earswick was created by Joseph Rowntree over a century ago. Today it is a thriving village, with over 1,000 homes and a range of amenities. In addition there are good transport links, providing easy access to York city centre and nearby Haxby village.

Our History

The Joseph Rowntree Housing Trust was founded over 100 years ago by Joseph Rowntree, a visionary Quaker businessman, philanthropist and social reformer. One of our roles was and remains to provide high quality housing for our communities. As part of this, our Care services were established to provide support and assistance to the elderly, continuing Joseph Rowntree's vision to this very day.

Founded as a charity, we are a not-for-profit organisation. Every penny we earn is re-invested to enhance and improve the service we offer.

Contact Us

Admissions Enquiries: for further information about vacancies, charges and arranging a visit, contact residential care services at:

Telephone: 01904 406 252

Email: residentialcare@jrht.org.uk

Website: search JRHT The Oaks

General Enquiries:

Telephone: 01904 750 700

Address: The Oaks, Hartrigg Oaks, Haxby Road, New Earswick, York, YO32 4DY

We show we care

