



The Lindsay

Your local Bupa care home
in Poole.



Close to the Dorset coast

The Lindsay offers a warm welcome to anyone needing nursing, residential or dementia care. With an emphasis on individual choice, it's a lovely place to come for a short stay or to begin life's next chapter. With the help of family and friends, we create a real sense of community for each resident to enjoy.

You'll find us between the seaside towns of Bournemouth and Poole, within easy reach of superb beaches, the New Forest and beautiful garden attractions.



Our care team

At The Lindsay, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



“After the first two weeks, Mum felt at home. The food was lovely, the room was comfy and staff very friendly.”

Daughter of resident, August 2024
Source: carehome.co.uk

What we offer

We support residents with a wide range of care needs, personalised for each person with the close involvement of family. And there are plenty of services on offer to support each resident's health, fitness, nutrition and appearance.

Types of care

- Convalescence
- Residential
- Nursing
- Dementia
- Short stay
- Gold standard palliative care
- Parkinson's care
- Day care

Dementia care

Our specialists can help residents with dementia to lead a better quality of life. With the help of their loved ones, we'll build a picture of their life story, likes and dislikes. Then we can personalise their care and help them live the way they want to.

Day care

- 'Home from home' feel
- Variety of activities
- Meet new friends
- Delicious meals and refreshments



Variety of comfortable bedrooms

We have 70 lovely modern bedrooms, many with garden views. All rooms have:

- an en suite WC and shower room (there are baths on each floor)
- a flat screen TV
- a telephone point (bills payable)

We're also happy for residents to personalise their room with some small items, like photos or ornaments.



Services available to all

- GP visits
- Dentist visits by request
- Eye care from an optician
- Pet therapy
- Laundry and cleaning
- Religious services

Plus, for an additional cost, residents can benefit from:

- physiotherapy by appointment
- on-site hair and beauty salon
- chiropody
- staff escort to appointments



Shared areas around the home

There are lots of places to relax, from social lounges to the quiet room. Residents can see movies in our plush cinema, play the piano, enjoy wifi throughout the home, settle into the library or pop into our café. There's also a bar, built by our very own maintenance man, for those who aren't able to visit the local pub anymore.

If they'd like to treat themselves to a pamper session, residents can head to our beauty salon for a relaxing manicure or fresh haircut.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information
01202 069 436

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life at The Lindsay

We want our residents to feel welcome and very much at home here. Our chef prepares delicious home-cooked food, there's plenty to do, and there's always a cosy spot to be found for catching up with family and friends.



Activities

Our activity coordinators make sure there's something for everyone, including those who are less mobile. Residents can get involved in as much or as little as they like with our range of activities, including:

- cabarets, singing and quizzes
- community ran Knit and Natter sessions and the popular garden club
- picnics, boat trips and outings in our minibus
- regular visits from local children and toddlers.



We're big believers in residents being able to try something they've always wanted to do, no matter their age. So we started the #nevertoolate campaign, seeing our residents enjoy a sports car experience and a visit from Elvis. They can also continue most of their hobbies here, too.



Fresh, healthy food

Good food, in pleasant surroundings, is a real priority at The Lindsay. Our café offers fresh-baked cakes and biscuits plus speciality coffees. Appetising meals are served in our spacious restaurant, café or garden, or in the resident's room.

Our chef talks to each resident when they move in about their likes, dislikes and any special dietary needs.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

Celebrating special occasions

We have large private dining areas which families can book for hosting special events such as birthday parties. Our chef will even make a birthday cake at no extra charge.



Issued November 2023



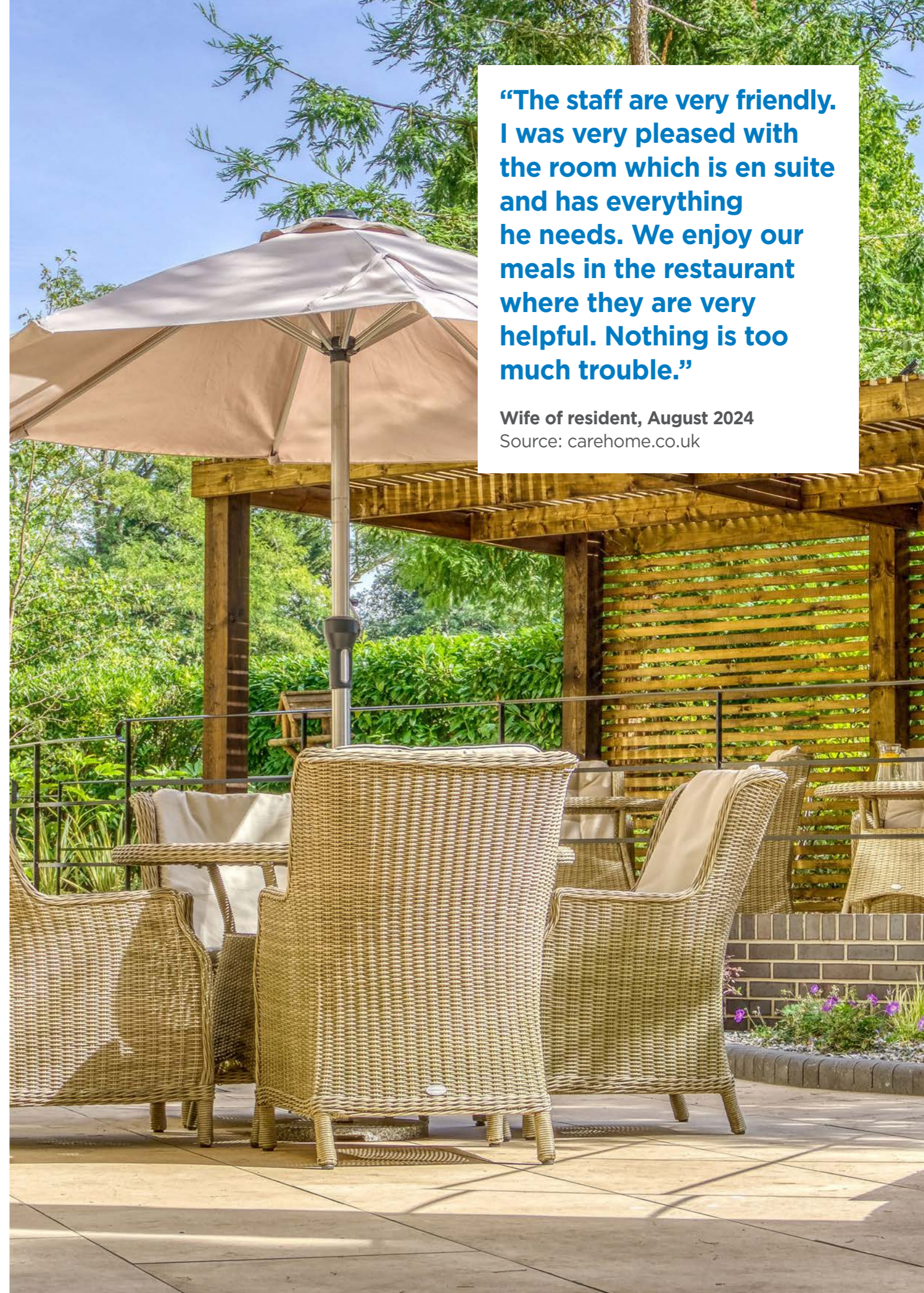
Visits from family and friends

Family and friends are always welcome to join us for meals, or to pop in at any time. If you'll be having a meal, just let us know beforehand and mention any dietary requirements. Then we can cook up something you'll really enjoy.



“The staff are very friendly. I was very pleased with the room which is en suite and has everything he needs. We enjoy our meals in the restaurant where they are very helpful. Nothing is too much trouble.”

Wife of resident, August 2024
Source: carehome.co.uk



Visiting The Lindsay

If you've never been here, why not come for a visit?

You can meet the team and get a real feel for the atmosphere. We're just off Liverpool Victoria Roundabout and there's free on-site parking. If you're coming by train, we're only half a mile from Branksome station.

To arrange a visit or to find out more, call us on

01202 069 436

bupa.co.uk/the-lindsay

 [BupaCareHomeTheLindsay](https://www.facebook.com/BupaCareHomeTheLindsay)

 [TheLindsayBupaCareHome](https://www.instagram.com/TheLindsayBupaCareHome)

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

The Lindsay Care Home

47A Lindsay Road, Poole BH13 6AP

Regulated by



Bupa Care Homes (ANS) Limited No. 1960990 Bupa Care Homes (AKW) Limited No. 4122364 Bupa Care Homes (Bedfordshire) Limited No. 3333791
Bupa Care Homes (BNH) Limited No. 2079932 Bupa Care Homes (CFCHomes) Limited No. 2006738 Bupa Care Homes (CFHCare) Limited No. 2741070
Bupa Care Homes (GL) Limited No. 1587972 Bupa Care Homes (Partnerships) Limited No. 216429 Bupa Care Services (Commissioning) Limited
No. 183275. Registered in England and Wales. Registered office: 1 Angel Court, London EC2R 7HJ. VAT Registration No. 239731641.