



The Kensington

Your local Bupa care home
in Notting Hill.



Elegant Victorian charm

Our spacious home welcomes anyone in need of residential or nursing care, including those living with dementia. We're surrounded by beautiful landscaped gardens, offering residents a choice of lovely spots both inside and out for catch-ups with visiting family and friends.

We're close to lots of local attractions so there's always plenty to see and do. There's Kensington Palace, Holland Park and lots of shops and restaurants just a short distance away. Residents also have access to Ladbroke Square Gardens.



Our care team

At The Kensington, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



“The nurses and carers were very attentive and helpful. The accommodation and facilities have recently been refurbished and are lovely. I particularly enjoyed the hidden secret garden in the middle of London!”

Respite Resident, August 2024
Source: carehome.co.uk

What we offer

We support residents with a wide range of care needs, whether that's for a few weeks while recovering from an operation or a long-term stay. There are plenty of services on offer to support each resident's health and wellbeing, and there's never a shortage of comfortable areas to relax in.

Types of care

- Residential
- Nursing
- Dementia residential
- Dementia nursing
- Short stay
- Convalescence
- Palliative
- Parkinson's

Dementia care

Our dementia champion and team of specialists can help residents with dementia to lead a better quality of life. With the help of their loved ones, we'll build a picture of their life story and their likes and dislikes. Then we can personalise their care and help them live the way they want to.

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



Variety of well-furnished bedrooms

We have 50 lovely bedrooms, including three big rooms that are ideal for couples. You can expect:

- a garden view from most rooms
- en suite W/C (most with private showers)
- bathrooms on every floor
- a comfortable armchair
- air conditioning and central heating
- a flat screen TV
- a telephone point (bills payable)

Residents are also invited to add a personal touch to their room by bringing some pictures or a small piece of furniture with them.



Services available to all

- GP visits
- Advice from a nutritionist
- Group physiotherapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- on-site hairdresser
- one-to-one physiotherapy
- dental visits
- eye care from an optician
- chiropody



Shared areas around the home

Our large home offers lots of choice when it comes to social spaces and quiet areas. There are three lounges filled with luxury armchairs and a bright and open café area. Plus, a fully-equipped salon for relaxing pamper sessions.

Residents can also spend time outdoors in one of our two gardens. There's plenty of seating and lots of eye-catching flowers.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

020 3918 7039

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. Closed Sundays and bank holidays. We may record or monitor our calls.

Life at The Kensington

Fine dining, regular activities and a friendly community make our home a great place to be. There's always someone to talk to and residents can enjoy some quiet time whenever they need it. The choice is theirs.



Activities

Our activity coordinators make sure there's something for all, including residents living with dementia and those who are less mobile. For example:

- music therapy and hymn singing
- flower-arranging and indoor gardening
- trips to places like the cinema, shops and Kensington Palace
- gentle tai chi and yoga to classical music
- visits from big band jazz entertainers
- live music by the piano
- food tasting experiences



We're happy for residents to continue most of their hobbies here, too. And if they'd like to suggest something new to try, we'll do our best to organise it.



Fresh, healthy food

Delicious meals, prepared on-site by our top quality chefs, are served by hostesses in our bright, spacious conservatory. There's also a choice of small dining areas or residents have the option to eat in the comfort of their own room.

When moving in, we talk to each resident about their likes, dislikes and any dietary requirements.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

Celebrating special occasions

Our lounge areas and conservatory are perfect for hosting family events such as birthday parties. We can cater for up to 50 people for an additional fee, we'll just need to know in advance. Need a cake, too? Our chef will happily bake one for free.



Visits from family and friends

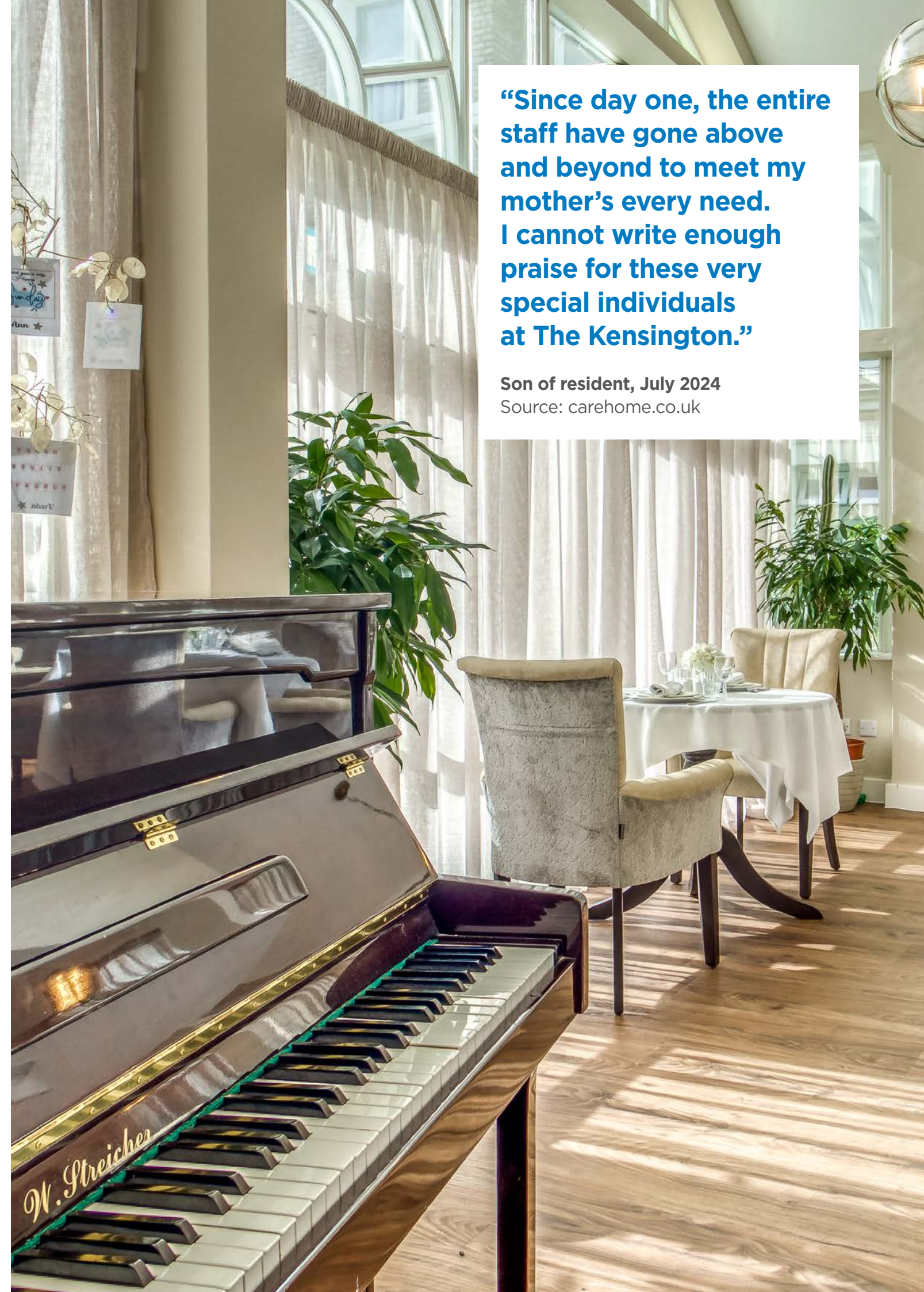
Family and friends can join us for a meal, take part in an activity or just drop by for coffee. If you'll be dining with us, we ask for a small donation. Just give us a quick call beforehand to let us know about any dietary requirements.



"Since day one, the entire staff have gone above and beyond to meet my mother's every need. I cannot write enough praise for these very special individuals at The Kensington."

Son of resident, July 2024

Source: carehome.co.uk



Visiting The Kensington

**If you've never been here before,
why not come for a visit?**

You can meet the team and get a real feel for the atmosphere. We're just north of Holland Park Avenue, and short walk away from Notting Hill Gate and Holland Park stations.

**To arrange a visit or to
find out more, call us on**

020 3918 7039

bupa.co.uk/the-kensington

 BupaCareHomeTheKensington

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The Kensington Care Home

40-46 Ladbroke Road, Kensington, London W11 3PH

Inspected and rated

Good



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