

# THE KNOLL NURSING HOME

We provide long and short term nursing and residential care, day care for adults together with specialist care for the elderly frail, respite, convalescent and palliative care.

www.theknollnursinghome.co.uk



# ABOUT KNOLL NURSING HOME

The Knoll Nursing Home is a traditional, well established building lying within substantial grounds. The original house is a detached Victorian, former gentleman's residence believed to date back to 1891. Though the House has since been modernised into a Nursing Home for 34 residents, the character of the original building has been retained.

Yourself or your loved one, will receive 24 hour nursing care, delivered by an extremely professional team of highly qualified nurses and carers. A tailor made and constantly evolving care plan, involving both family and friends and medical practitioners, allows us to offer very effective and well received assistance. As a resident you need not be concerned, as every effort is made to preserve your dignity and self-respect and provide you with the choice you have always enjoyed in your life. Beyond your obvious care needs, we will always strive to accommodate any other wishes or desires residents may have and we like to think we're very good at it.

## SPECIALIST CARE SERVICES

#### PERSONAL CARE

Many of our residents lead full and active lives, yet welcome the security of a professional, personalised care environment and the opportunity to live amongst like-minded individuals from a spectrum of similar professional backgrounds. The Knoll believes that residents should retain as much of their independence and mobility as possible and are able to enjoy trips to places of interest and entertainment, or simply to the local shops.

#### 24 HOUR NURSING CARE

As well as maintaining the highest possible standards of personal care, we offer expert nursing care. Working closely with local health care professionals, our fully-qualified nursing staff are able to offer dedicated medical care to our residents, 24 hours a day. Nursing care goes beyond the everyday welfare of our residents to include such things as provision of post-operative care and specific nursing support for chronic and terminal illness.



# **OUR FOOD**

Dining at The Knoll Nursing Home is designed to be a pleasure both socially and gastronomically. Our chefs use fresh produce sourced from nearby suppliers such as the local town butcher. Our menus are changed seasonally and are designed to be nutritious and to suit a wide range of dietary requirements.

# OUR SPECIALIST CARE SERVICES INCLUDE:

- Long term residence
- Respite care
- Individual assessment and care planning with monthly review
- Palliative care
- 24 hour nursing
- Social & recreational activities programme
- Hairdresser
- Chiropodist
- O Relatives/Friends and Residents' Group
- Church Services
- Laundry Service
- Individually priced care packages

### **ACCOMMODATION**

We offer long and short term nursing care and also day care for adults together with specialist care for the elderly frail, respite, convalescent and palliative care.

All bedrooms are newly furnished with resident preferences on décor always accommodated where practical. All bedrooms come equipped with electric beds, call bells, and televisions. Whilst all rooms are fully furnished, the Home does encourage residents to bring with them familiar pieces of furniture to make themselves feel at home.

Our communal areas are centrally located in the home and are designed to provide comfort and a homely feel, where our residents can relax and socialise. Visitors are welcome at any time and can also join our residents for a drink or meal.

Externally, our residents have access to our vast and lovely private gardens and patio areas. The Home has regular outside events including BBQs, tea parties and fetes.

We have a wide selection of nursing home accommodation to suit individual needs.

#### Facilities include:

- Comfortable rooms with TV, Nurse Call System and telephone
- Bath and shower facilities suitable for individual requirements
- Wheelchair access to all areas of the home

#### **ACTIVITIES**

'Committed to providing an innovative and stimulating programme for our residents enjoyment'

We take an interactive and holistic approach to activities, giving as much one to one stimulation as possible alongside group activities. The activity co-ordinators are continually updating, planning and implementing new timetables throughout the year tailored to the personal lives and interests of our residents.

Activities not only mentally stimulate and physically motivate our residents but also enhance their quality of life and wellbeing. Our staff have developed innovative ideas to encourage residents to engage in meaningful and varied activities, including sharing life stories to create 'memory boxes'. Creative arts, games and reminiscence therapy are always well perceived. Organising entertainment from cinema afternoons and sing-alongs to arranging visits to local places of interest keeps our activity co-ordinators very busy.



# **TESTIMONIALS**



I would like to thank The Knoll and all the staff for caring for my mother, Dorothy. I couldn't fault one aspect of my mother's care from the minute we entered. All the staff are truly remarkable in their exceptional caring nature, treating my mother as if she was a relative of theirs. Words cannot express my gratitude for you all in your hard work. Many, many thanks.

#### **ANNETTE & NILS**



To all the staff at The Knoll. You have really made my mums time with you a lovely experience. Your smiling faces, sense of fun and care it when has been a difficult year has made my mum very happy. It's been great to see her laughing with you all, interested in all goings on and you have treated her with the upmost care and respect throughout. Those pictures of her sipping cider at the garden fair are so precious to us. You have such a great team and we're delighted mum was with you.

#### **MEREDITH & BRIAN**





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