



TELFORD HALL
CARE HOME

MONDAY

Breakfast

Continental breakfast

Cereals, toast, jams, preserves, choice of yogurts and kippers

or

Cooked Breakfast

Bacon, sausage, fried egg, mushrooms and grilled tomato

Mains

Toad in the Hole with Gravy

or

Butternut Squash & Red Pepper Risotto

Served With

Mashed Potatoes, Broccoli & Carrots

Desserts

Lemon Sponge & Custard

or

Strawberry Gateau

Allergen Information: Any food prepared in our kitchen may contain traces of Cereal (Gluten), Nuts, Milk, Soy, Mustard, Eggs, Lupin, Fish, Crustaceans, Molluscs, Sesame Seeds, Celery or Sulphur Dioxide

ALL MEALS CAN BE SUBSTITUTED WITH ALTERNATIVE REQUESTS, SUCH AS OMELETS, JACKET POTATOES AND SALAD.

SPECIAL DIETARY REQUIREMENTS ARE CATERED FOR.



TELFORD HALL
CARE HOME

TUESDAY

Breakfast

Continental breakfast

Cereals, toast, jams, preserves, choice of yogurts and kippers

or

Cooked Breakfast

Bacon, sausage, fried egg, mushrooms and grilled tomato

Mains

Chicken, Tomato & Mushroom Casserole

or

Cauliflower, Potato & Chickpea Curry

Served With

Boiled New Potatoes & Vegetable Rice

Desserts

Vanilla Cheesecake

or

Apple and Mixed Berry Compote

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TELFORD HALL
CARE HOME

WEDNESDAY

Breakfast

Continental breakfast

Cereals, toast, jams, preserves, choice of yogurts and kippers

or

Cooked Breakfast

Bacon, sausage, fried egg, mushrooms and grilled tomato

Mains

Shepherd's Pie

or

Salmon and Sweet Potato Fishcake

Served With

Chips, Carrots & Peas

Desserts

Cherry and Almond Tart

or

Semolina Pudding

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TELFORD HALL
CARE HOME

THURSDAY

Breakfast

Continental breakfast

Cereals, toast, jams, preserves, choice of yogurts and kippers

or

Cooked Breakfast

Bacon, sausage, fried egg, mushrooms and grilled tomato

Mains

Lambs Liver, Bacon & Onions

or

Bolognese Pasta Bake

Served With

Creamy Garlic Potato Bake & Mixed Vegetables

Desserts

Chocolate & Cherry Eton Mess

or

Fresh Fruit Salad

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TELFORD HALL
CARE HOME

FRIDAY

Breakfast

Continental breakfast

Cereals, toast, jams, preserves, choice of yogurts and kippers

or

Cooked Breakfast

Bacon, sausage, fried egg, mushrooms and grilled tomato

Mains

Battered Haddock Fillet

or

Sausage and Egg

Served With

Chips, Peas & Sweetcorn

Desserts

Apple & Sultana Bread & Butter Pudding

or

Mixed Fruit Sponge with Custard

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TELFORD HALL
CARE HOME

SATURDAY

Breakfast

Continental breakfast

Cereals, toast, jams, preserves, choice of yogurts and kippers

or

Cooked Breakfast

Bacon, sausage, fried egg, mushrooms and grilled tomato

Mains

Turkey, Ham & Vegetable Stew with Sage Dumplings

or

Minced Beef & Onion Pasty

Served With

Jacket Potato Wedges & Mixed Vegetables

Desserts

Profiteroles with Chocolate Fudge Sauce

or

Pear & Mixed Berry Compote

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TELFORD HALL
CARE HOME

SUNDAY

Breakfast

Continental breakfast

Cereals, toast, jams, preserves, choice of yogurts and kippers

or

Cooked Breakfast

Bacon, sausage, fried egg, mushrooms and grilled tomato

Mains

Roast Pork with Apple Sauce

or

Vegetable, Tomato and Mozzarella Bake

Served With

Roast Potatoes, Cauliflower Cheese & Roasted Vegetables

Desserts

Spotted Dick with Custard

or

Creamed Semolina Pudding

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