



Premier Court

**Your local Bupa care home
in Thorley.**



Peaceful countryside setting

Surrounded by lovely greenery and local wildlife, our purpose-built home offers a warm welcome to anyone in need of nursing or residential care.

We're just next door to Bishop's Stortford Southern Country Park and a bus ride away from the local shops, cafes and Bishop's Stortford Museum. The Rhodes Art Complex, where residents can watch a variety of shows, is also nearby.



Our care team

At Premier Court, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



**“What can I say?
Fantastic! She is not the
most sociable person and
they fully support her. All
the staff are so lovely.”**

Daughter of resident, November 2024
Source: carehome.co.uk

What we offer

Whether residents are looking to stay with us for a few weeks of respite, or they're making a long-term move, they'll get to experience quality care in well-decorated surroundings. And because we're a single storey building, there's the added reassurance that help is always close by.



Types of care

- Nursing
- Residential
- Short stay
- Convalescence
- Palliative
- Parkinson's

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



Variety of comfortable bedrooms

We have 57 rooms, some with views of the garden or patio doors leading to one of our courtyards. You can also expect:

- en suite WC and hand basin, some en suite WC and walk in shower
- assisted baths and showers around the home
- flat screen TV
- telephone point (bills payable)

Residents are also welcome to bring some small personal items from home, like family photos and keepsakes.



Services available to all

- GP visits within the home or at the practice
- Advice from a nutritionist
- Visits from district nurses
- Eye care from an optician
- On-site hairdresser
- Pet therapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- visits to a dentist
- chiropody
- physiotherapy



Shared areas around the home

There are plenty of areas where residents can socialise or sit back and relax. We have two cosy and well-furnished lounges and an inviting café area. For those who enjoy a spot of pampering, they can visit our on-site hair salon on Tuesdays and Thursdays.

Residents are welcome to get some fresh air whenever they'd like by taking a gentle stroll through our courtyard gardens.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information
01279 881 503

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life at Premier Court

We're like one big family, so there's always a lovely atmosphere inside our home. There's plenty to do, great food to enjoy and company to be found whenever it's wanted. We encourage everyone to get involved, but always respect residents seeking a little quiet time.



Activities

We have two coordinators who plan lots of fun and engaging things to do. They also take the time to involve those who are less mobile by making bedroom visits. Activities include:

- arts and crafts club
- quizzes, bingo and indoor boules
- light exercise classes
- mobile library
- visits from local schools and nurseries
- gentle gardening
- visiting entertainers like singers and pantomime groups



Residents can continue to enjoy most of their existing hobbies here. And they can always suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Our chefs prepare delicious meals for residents to enjoy in our social dining area or in the comfort of their own room. We have a well-crafted menu, with lots of choice, as well as a selection of themed dishes available on national days.

We also talk to residents about their likes, dislikes and any special dietary needs when they first move in.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, our chefs can be flexible, too.

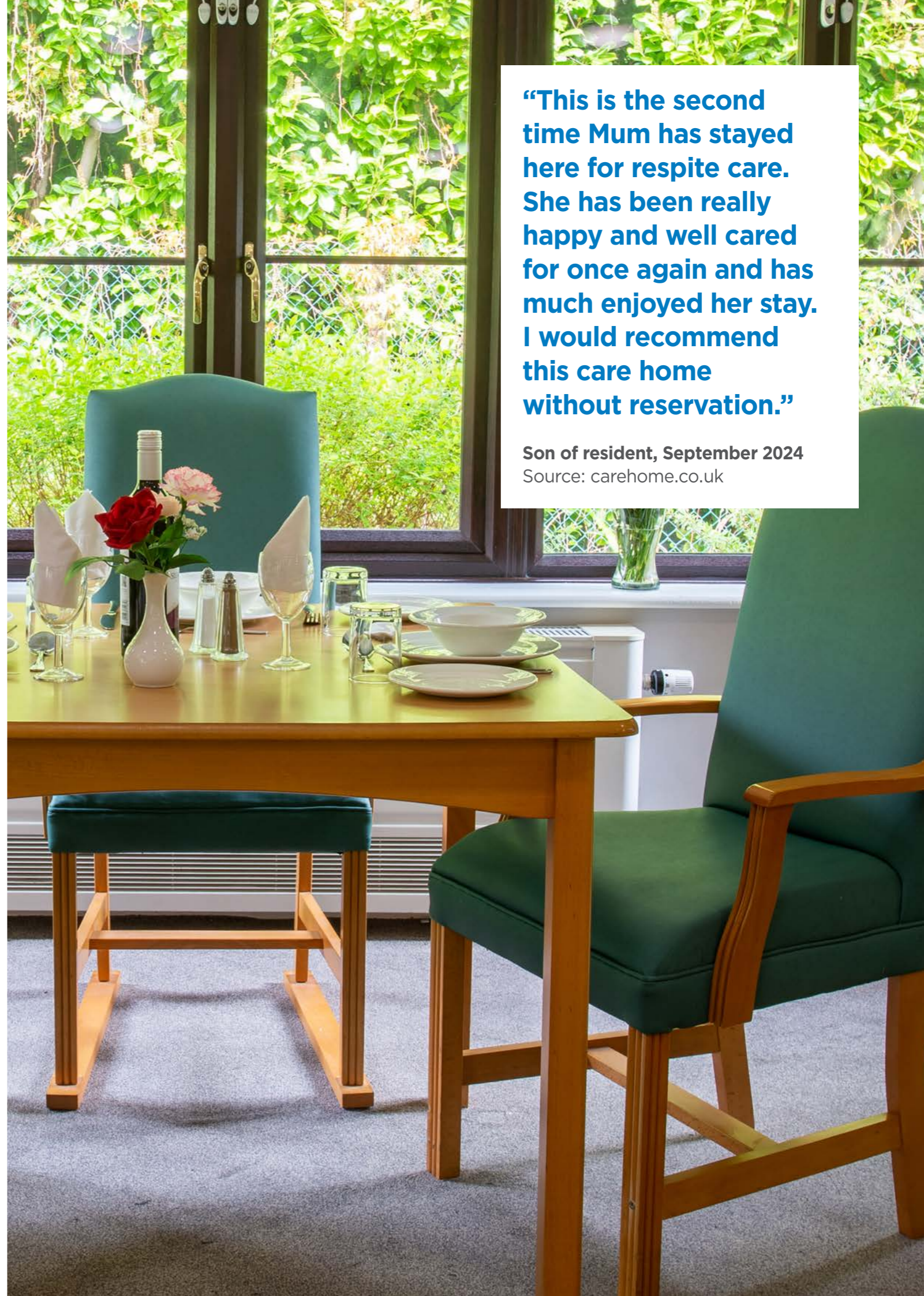
Celebrating special occasions

Our café is a great place for hosting small family events like birthday parties. We'll just need to know in advance. There's space for up to 30 people, and we'd be happy to provide catering for a small fee.



Visits from family and friends

Loved ones can pop by at any time for coffee or an activity. We'd be happy for up to four people to join us for a meal, too. We just ask for a small donation. All you need to do is call us the day before to let us know you're coming.



“This is the second time Mum has stayed here for respite care. She has been really happy and well cared for once again and has much enjoyed her stay. I would recommend this care home without reservation.”

Son of resident, September 2024
Source: carehome.co.uk

Visiting Premier Court

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. If you're driving, simply follow the route to Thorley and you should start to see yellow signs for our home. You'll need the postcode CM23 4BH for your sat nav. You can also catch a train to and from Central London from Bishop's Stortford station.

To arrange a visit or to find out more, call us on

01279 881 503

[bupa.co.uk/premier-court](https://www.bupa.co.uk/premier-court)

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Premier Court Care Home

Thorley Lane East, Thorley, Bishop's Stortford CM23 4BH

Regulated by



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