## July 2024

Monday 1<sup>st</sup> AM Seated yoga PM – Arts & crafts

Tuesday 2<sup>nd</sup> AM Seaside themed day PM – Beach style games, Gift of years

Wednesday 3<sup>rd</sup> AM Hairdressing by Amanda 1.30pm PM – Mews Bar

Evening 4pm

Thursday 4<sup>th</sup> AM – Independence Day PM – Hairdressing by Amanda Friday 5<sup>th</sup> AM – Wildlife spotting in gardens PM – Knit and natter 2pm Saturday 6<sup>th</sup> AM – Balloon games PM – Thurlaston Summer Fete 2pm Sunday 7<sup>th</sup> AM – World chocolate Day quiz PM – Parachute games Monday 8<sup>th</sup> AM – Garden walks PM – Balloon Games Tuesday 9<sup>th</sup> AM – Puzzles and quiz morning PM – Gift of years Wednesday 10<sup>th</sup> AM – Arts & crafts PM – Residents and Relatives meeting

7pm Thursday 11<sup>th</sup> AM – Day trip <mark>PM</mark> – Garden centre trip

Friday 12<sup>th</sup> AM – Arts & crafts PM – Knit and Natter 2pm

Saturday 13<sup>th</sup> AM Crafting gifts PM – Sound of Music Benn Hall 2.30pm

Sunday 14th AM Arts & crafts PM – Baking goodies

Monday 15<sup>th</sup> AM – Seated games PM – David McFagan performing 2.30pm

Tuesday 16th AM – Village tour PM – Creative card workshop with Emily

**Wednesday 17th AM** – Day trip **PM** – Mews Bar Evening 4pm

Thursday 18<sup>th</sup> AM – Nelson Mandela Day PM – Seated yoga 2.30pm

Friday 19th AM Village Coffee morning PM – Residents Voice 2pm

Saturday 20<sup>th</sup> AM – World Chess Day PM – gardening club 2pm, Mews Bar Evening 4pm

Sunday 21<sup>st</sup> AM – TMCH car boot PM – TMCH Car boot Monday 22<sup>nd</sup> AM – Animal quiz PM – Wildlife Presentation by Si Watts 2.30pm

Tuesday 23<sup>rd</sup> AM – Seated yoga PM – Craft making
Wednesday 24<sup>th</sup> AM – Hairdressing by Amanda PM – Mews Bar Evening 4pm

Thursday 25<sup>th</sup> AM – Day trip PM – Garden centre trip

Friday 26th AM - TMCH Coffee morning PM - Knit and natter 2pm

Saturday 27<sup>th</sup> <mark>AM</mark> – Garden tours <mark>PM</mark> – Gardening club 2pm

Sunday 28th AM – Gardening PM – Village tours with Rhys

Monday 29th AM -Day trip PM - Day trip out

Tuesday 30 th AM - What the papers say PM - Film night

Wednesday 31st AM – Guided tour in the eShuttle PM – Painting and arts