



# Thatcham Court

Your local Bupa care home  
in Thatcham.





# A lively community

**We offer a warm welcome to anyone living with dementia in need of nursing or residential care. There's a real community feel at Thatcham Court and plenty of opportunities to socialise or enjoy some quiet time. Family and friends can drop by at any time, too.**

Several parks and a shopping centre are just a short walk away. We're also within easy reach of Highclere Castle, the Nature Discovery Centre and the town of Newbury.



## **Our care team**

At Thatcham Court, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



**"Thatcham Court Care Home was my first choice. I am extremely pleased my husband is settled and happy there."**

Wife of resident, February 2024  
Source: carehome.co.uk



# What we offer

**We want our residents to enjoy a full and active life while holding onto their dignity. That's why we focus on taking great care of their health, fitness, diet and appearance. And because we're dementia specialists, we can understand and support the journeys of families as well as our residents.**

## Types of dementia care

- Nursing
- Residential
- Convalescence
- Palliative
- Short stay
- Day care

## Dementia support

Our trained carers, nurses and dedicated dementia champions can help residents lead a better quality of life. With the help of loved ones, we build a picture of their life story and their preferences.

## Day care

- 'Home from home' feel
- Variety of activities
- Meet new friends
- Delicious meals and refreshments



## Variety of comfortable bedrooms

We have 60 rooms and we do our very best to accommodate couples. All of our bedrooms have an en suite WC and shower and there are baths on each floor of our home. You can also expect:

- a moving in welcome basket
- garden views from most rooms
- a telephone point (bills payable)
- a flat screen TV

If residents would like to bring some of their own furniture, we're happy to place small items in their bedroom, along with family photos on the wall.



## Services available to all

- GP visits within the home or at the practice
- Advice from a nutritionist
- Visits from specialist nurses including mental health
- Pet therapy
- One-to-one and group hypnotherapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

**Plus, for an additional cost, residents can benefit from:**

- chiropody and podiatry
- eye care from an optician
- on-site hairdresser
- daily newspaper delivery



## Shared areas around the home

There are lots of places to be active or to relax quietly. We've recreated a café on one floor and a little pub on another. These help residents to create new memories and rediscover old ones.

Outside in the gardens, our large patio is ideal for catching up with friends or family over a cup of coffee. There's also a fish pond, a children's play area, and a vegetable plot with a greenhouse.



## Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

## Call us for more information

# 01635 897 649

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.



# Life at Thatcham Court

**Tempting meals, plenty to do and lots of opportunities to socialise make this a very special place to be. Memories are important, so residents are welcome to bring personal items or furniture from home. And our reminiscence room helps them reconnect with their past.**



## Activities

Our activity coordinators bring music, laughter and movement to everyone, including those who are less mobile. Our regular activities include:

- visiting entertainers
- outings to the coast and football matches
- gardening, exercise, bowling and darts to help stay active
- creativity through pottery, art, cookery and knitting
- visits from ZooLab animals
- themed days and summer parties



We're big supporters of the #nevertoolate campaign, which encourages residents, no matter their age, to try an activity they've always wanted to do. Residents can keep doing most of their existing hobbies, too.



## Fresh, healthy food

Good food is so important, for so many reasons. Our delicious meals and snacks can be served in the social dining area or in the comfort of the resident's own room. There are plenty of favourites on the menu and snacks are available in-between.

When they move in, we talk to each resident about their likes and dislikes and any special dietary requirements.

## Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

## Celebrating special occasions

We have a room where families can host private events like birthday parties. We'll just need to know in advance. And if you need catering, we can arrange this for an additional fee.



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## Visits from family and friends

Family and friends can pop by at any time to share in a coffee, a meal or an activity. If you'll be dining with us, just give us a quick call and tell us about any dietary requirements. Then we can cook up something you'll really like.



**"The happy and caring atmosphere of the whole home is always a pleasurable experience when we come to see my sister. There is always something going on and the staff always have the guests' interests at heart."**

Sister of resident, January 2024  
Source: carehome.co.uk





# Visiting Thatcham Court

**If you've never been here, why not come for a visit?**

You can meet the team and get a real feel for the atmosphere. We're easy to find, set back from the A4 in the centre of Thatcham opposite the Kingsland shopping centre. The train station is just a mile away.

**To arrange a visit or to find out more, call us on**

**01635 897 649**

**[bupa.co.uk/thatcham-court](http://bupa.co.uk/thatcham-court)**

** BupaCareHomeThatchamCourt**

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## Thatcham Court Care Home

Chapel Street, Thatcham, Berkshire RG18 4QL

Inspected and rated

Good



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