



The best of care, the comfort of home

Introducing live-in care from The Good Care Group

 0808 239 5920
thegoodcaregroup.com

the Good
Caregroup



Peace of mind, close at hand

It won't have been easy to admit you needed extra help to get by at home, especially if you thought the alternative was moving into institutional care. Knowing that expert support is available around the clock, in the comfort of home, may well be a welcome relief.

Live-in care is a preferable alternative to a nursing home if you want to retain your independence. To keep things as they are, just as you like them, with family, treasured possessions and pets close to you.

You can look forward to personalised, 1-2-1 support that's centred on you, from a carer who is there to help and guide, not dictate or impose.

"We turned to The Good Care Group after being severely let down by a homecare agency. Their team were trained and experienced in dementia and took time to understand its impact on both my mother and father and their relationship. My parents are now able to live a peaceful life at home, with warm-hearted, caring individuals who have become very much part of our family."

Mrs B Green

Ours is a new standard for live-in care

The Good Care Group offers uniquely tailored, nurse-led care in the familiar surroundings of home. We are the only dedicated live-in care provider to be rated 'Outstanding' in all five categories of inspection by the Care Quality Commission.*

Working in small, local teams, our carers are among the best trained and supported in the country. The care they provide ranges from simple companionship and help with housework through to specialist care for complex conditions like dementia, Parkinson's, stroke or MS.

Our care is also available through our popular respite service, for as little as two weeks. It could give a family carer a well-earned break or support your own recovery from an operation. Many use it to help them decide if live-in care is right for them in the longer term.

**On latest inspection, March 2019*

How live-in care could help you

Our service adapts to the level of support you need and includes...

Personal care

- Washing, showering and bathing
- Help with the toilet
- Grooming – hair washing and shaving
- Dressing
- Chiropody and podiatry

Day-to-day activities

- Planning, preparing and cooking nutritious meals
- Light housework, shopping and gardening
- Pet care

Emotional support

- Companionship and friendship
- Assistance to attend clubs and groups
- Support in communicating with friends and family
- Help and advice about living well and staying positive

Medical help

- Medication management/administration
- Continence support and catheter care
- Monitoring of blood pressure, blood sugar etc
- Skin care and support with wound management
- Co-ordinating with GPs, district nurses and other healthcare professionals

Complex needs

- Nurse-led, for serious health conditions
- Clinical oversight by and consultation with Specialist Nurse
- High levels of care management and supervision by care team
- Highly skilled and experienced professional carers



The conditions we support

We provide care for many complex health conditions, including:

- Dementia
- Alzheimer's
- Parkinson's
- Stroke
- MS
- Cancer
- Palliative
- Mobility and frailty

The difference we make

In our care you're much less likely to...

- Have a fall and suffer injury at home
- Experience bed sores
- Pick up infections, including UTIs
- Require emergency hospital admission
- Die somewhere other than your place of choice

Why choose The Good Care Group?

The best carers

Our carer selection process features a revolutionary 'situational judgement test' that profiles candidates and ensures we only employ the most dedicated among them. They are then trained and equipped beyond industry standards to ensure you receive 1-2-1 care of the highest quality.

Unique clinical expertise

We're the only live-in care company to employ a full-time Consultant Admiral Nurse and Occupational Therapist. If you're living with a complex condition like dementia, Parkinson's or stroke, their knowledge and expertise will make a huge difference to your safety, wellbeing and quality of life.

Continuity of care

Carers you come to know and trust – and who understand your individual needs – will give you the best possible support. We look after ours very well, so they stay with us – and you – to provide care you can count on.

A fully managed service

Unlike introduction agencies, we manage all our carers, helping us match them closely to your needs and interests. Working as part of a close-knit, local team, each is supervised by an experienced Care Manager and supported by clinical experts – as well as a 24/7 emergency helpline should it ever be needed.

Innovations in care

Our carers are equipped with the latest technology and use a digital platform to record and monitor notes, medications, meals and appointments. It enables a genuinely proactive approach to care where issues such as falls or infections can be anticipated and prevented.

'Outstanding' and award-winning

We're regulated by the CQC who rated us 'Outstanding' in our latest inspection. We've also been awarded 'Home Care Provider of the Year' by our industry, as we continually raise the standard of live-in care in the UK.



"My mother's carer is fantastic and I am overwhelmed by her professionalism. I heard them laughing together – the first time I have heard my mother laugh in a very long time."

Mrs P Lockheart



Safe	Outstanding ☆
Effective	Outstanding ☆
Caring	Outstanding ☆
Responsive	Outstanding ☆
Well-led	Outstanding ☆

The Care Quality Commission (CQC) rated The Good Care Group 'Outstanding' in all five categories of inspection in March 2019. This is the highest possible rating and The Good Care Group is the only dedicated live-in care provider to achieve it.

For more information about our service or to arrange an assessment with one of our friendly team, visit thegoodcaregroup.com or call 0808 239 5920