



Tadworth Grove

Your local Bupa care home
in Tadworth, near Epsom.



Set among wide tree-lined avenues

Ours is a modern, purpose-built home in a very pleasant suburban part of Surrey. We're surrounded by woodland, playing fields and golf clubs, so it's a tranquil spot. From here, we offer a warm welcome to those in need of nursing, residential and dementia care.

Epsom Downs Racecourse is a couple of miles away, and we're very close to bus routes for Reigate, Sutton and Epsom.



Our care team

At Tadworth Grove, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



“I have been made extremely welcome here by all the staff and managers. I am personally impressed by the accommodation and facilities offered. All-in-all an extremely pleasant and well-run care home which I strongly recommend.”

Resident, September 2024
Source: carehome.co.uk

What we offer

We want our residents to feel happy and make friends here, besides enjoying a high standard of warm and respectful care. We're in a lovely neighbourhood setting and with our gardens and bright, spacious shared areas, our home has a very domestic feel.

Types of care

- Nursing
- Residential
- Dementia
- Short stay
- Convalescence
- Palliative

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.

Dementia care

We can help residents with early stage dementia to lead a better quality of life. With the help of their loved ones, we'll build a picture of their life story and their likes and dislikes. Then we can personalise their care and help them live the way they want to.



Variety of comfortable bedrooms

We have 45 rooms, some on the ground floor with patio doors leading into the gardens. You can also expect:

- garden views from every room
- en suite WC or WC and bath in many rooms
- shared bathrooms around the home
- flat screen TV
- telephone point (bills payable)

Residents are also welcome to bring personal items from home, such as pictures and knick-knacks.



Services available to all

- GP visits within the home or at the practice
- Advice from a nutritionist
- Visits from specialist stroke, diabetes, tissue viability and palliative nurses
- Pet therapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- chiropody
- visits to a dentist
- eye care from an optician
- on-site hairdresser



Shared areas around the home

There are lots of places to relax here. Residents can get their hair done in our salon, enjoy the warmth of our conservatory, or catch up with family in one of our lounges.

Outside, we enjoy views of woodland and of horses in neighbouring fields. Our landscaped grounds offer several attractive seating areas, raised flowerbeds and wheelchair-friendly paths.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

01737 886 770

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life inside Tadworth Grove

There’s always plenty going on, with things to do arranged every day of the week. We also have strong links with the local community, and monthly residents’ meetings means everyone has a say in how we do things here.



Activities

We have an activities room and a team of coordinators who plan plenty to do, including for those who are less mobile. For example:

- minibus outings for shopping, the theatre or afternoon tea
- weekly cheese and wine evenings
- visiting singers and entertainers
- arts and crafts
- games, quizzes and bingo
- armchair dance sessions and exercise classes
- gentle gardening
- reminiscence sessions
- visits from local groups of children



Residents can still do most of their existing hobbies here. They can also suggest something they’d like to try, as a group or in their room.



Fresh, healthy food

Our delicious meals and snacks can be enjoyed in the sociable dining room or in the comfort of the resident’s own room.

There are plenty of favourites on the menu, but we always respond to requests and feedback about our menu. We also talk to each resident when they move in about their likes, dislikes, and any special dietary needs.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they’d prefer to eat at a different time, that’s okay, too.



Visits from family and friends

Loved ones can pop by at any time for coffee or an activity. If you’ll be having a meal with us, just give us a quick call and tell us about any dietary requirements. Then we can cook up something you’ll really enjoy.



Celebrating special occasions

We have areas which families can use to host private events such as birthday parties. We’ll just need to know in advance. Plus, we can arrange catering for an additional fee.



Issued Oct 2024

“As a family, we are so relieved that our mum is well looked after, safe and cared for. We have absolutely no regrets about our mum’s move and would highly recommend Tadworth Grove to others.”

Daughter of resident, May 2024
Source: carehome.co.uk



Visiting Tadworth Grove

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. We're just inside the M25, four miles from Junction 8.

If you're coming by train then we're a ten-minute walk from Tadworth station, on the line between London Bridge and Tattenham Corner.

To arrange a visit or to find out more, call us on

01737 886 770

bupa.co.uk/tadworth-grove

 BupaCareHomeTadworthGrove

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Tadworth Grove Care Home

The Avenue, Tadworth, Surrey KT20 5AT

Inspected and rated

Good



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