# Sedgley Court

Care Home

Expect More ...

ideal carehomes



# Welcome to **Sedgley Court**

We are delighted you are considering Sedgley Court as we understand what an important decision choosing the right care home is for you and your family.

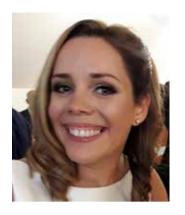
At Sedgley Court, we offer 24 hour residential and dementia care in surroundings which create a great place to live. We pride ourselves in making a real difference to the lives of our residents, going beyond just meeting their expectations through to the aspirational choices we provide in our person-centred care.

By putting an active lifestyle at the heart of the home, our caring and highly trained staff promote independence, ensuring quality care is received by all our residents at all times.

We are always happy to answer any questions you may have so please do give us a call if there is anything else you would like to know:

0113 385 3524





Everything we do at Sedgley Court is focused on creating a great place to live. From the high quality, locally-sourced food we provide at every meal time through to the daily range of activities, we are proud to offer an active lifestyle that meets a range of interests and preferences.

## This is your home and it is our role to help you enjoy it.

We see each resident as a unique individual which is reflected through our person-centred care. Before you move in, we'll want to know all about your likes and dislikes as well as interests and hobbies, so we have everything in place to create the aspirational lifestyle you want as soon as you move in, whether you are joining us for residential or dementia care. This is your home and it is our role to help you enjoy it.

**Stacey Linn**Director



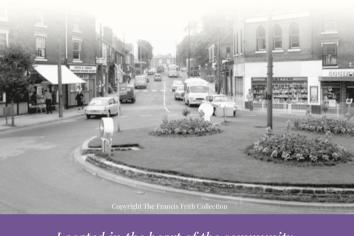
#### **Quality Care**

Sedgley Court is a purpose-built luxury care home owned and operated by Ideal Carehomes. Ideal Carehomes is a provider of high quality residential and dementia care who operate state-of-the art care homes across Yorkshire, the North and Midlands. Sedgley Court benefits from the support of Ideal Carehomes' experienced team who make sure we attract and retain the best staff, offering unrivalled training programmes via the Ideal Academy to ensure our residents receive the highest quality of care.

A home is more than just bricks and mortar, it is a place you feel safe, well cared for and relaxed. Home is where personal choices make you feel the most comfortable. It is the place you want to live.



#### feel at home ...



Located in the heart of the community.



Help plant vegetables or enjoy the morning paper in the sun.



Sedgley Court has all the finishing touches you would expect from a warm, welcoming and luxurious home, with attractive décor and landscaped gardens. All 66 bedrooms are spacious and well-appointed, with en-suite facilities, enabling us to deliver person-centred care in a dignified manner, promoting independence as far as possible.

The inspirational day spaces at Sedgley Court are designed with residents in mind and include areas such as a traditional tea room. beauty parlour, deluxe cinema, relaxing lounge areas, library and lavish Sky Bar. An airy botanical room leads directly to the landscaped gardens which have raised flower beds where green-fingered residents can enjoy pottering in during the summer months.





#### your *room* ...

Your stylish en-suite room comes equipped with fitted furniture, a flat screen Smart TV, mini fridge and Wi-Fi access so when you aren't joining in with an activity in one of our beautiful day spaces, you can enjoy spending time in your room and keep in contact with friends and family whenever you wish.

Whilst your room comes fitted with everything you need, you are very welcome to bring your own furniture as well. The room is fully set up should you wish to have your own subscription to Sky, all you need to do is arrange your package and box with them.



Feel pampered and looking your best at our hairdressing salon.

Sedgley Court is more than just a care home – it is the next chapter of your life and the place you want to live.



### caring for you ...

Sedgley Court is our residents' home and we are there to facilitate you enjoying it however you wish. Our care team is available 24 hours a day should you require our assistance at any time of day or night. Exceptional standards of personalised care are delivered by Sedgley Court's staff who are trained via the Ideal Academy, which is second to none.

The design of our buildings and extensive training incorporate best practice care to make sure our residents feel calm and content. We are like one big family and our residents quickly make lasting friendships with our care team as well as fellow residents.

#### **Ideal Fresh Living**

In addition to our high standards of infection control already in place, Ideal Carehomes has successfully launched an initiative called Ideal Fresh Living bringing a new and continued focus on cleaning and sanitisation. We have extra staff allocated to cleaning and infection control including regular deep cleans and frequent sanitising of all surfaces and this is monitored with routine audits carried out by managers. Our modern, purpose-built building provides a perfect environment to implement natural ventilation into daily life, with lots of large social areas to enjoy as well as spacious bedrooms with en-suite facilities to allow plenty of personal space for each resident.



Enjoy a relaxing bath in one of our tastefully decorated bathrooms.

Our care team have access to the latest care plan technology and will take time to get to know you, your family and all your favourite things. This helps us to know your desires as well as your needs to make sure your care package is tailored to respond to all health, care and personal requirements you may have. It will also help inform us of what to include in our menus and activity programmes.

Sedgley Court will meet all your day to day needs, including meals and snacks as well as a full laundry and housekeeping service.





# The Sedgley Court lifestyle ...

Whether you want to spend the day relaxing, reminiscing or taking part in one of our varied activities, there is plenty to do to ensure you enjoy your day.

Activities encourage fullness of life, day to day enjoyment and fun. Each day, there is a full timetable of activities available in the home as well as many recreational resources you can access yourself at any time. If you want to kick-back and watch TV, that's fine too – this is your home to enjoy as many or few of the activities on offer as you wish.

Maintaining physical activity has lots of benefits for the well-being and independence of residents and we encourage regular light exercise tailored to suit everyone, as well as more leisurely activities such as arts, model making or flower arranging.

Sedgley Court's Activity Co-ordinators make sure we have a variety of entertainment and pursuits for you to take part in and no two days are ever the same!



Keep active with armchair exercises, show your creative side making bird boxes or have a giggle with friends over afternoon tea, there is lots to do at Sedgley Court.



#### tasty *treats* ...

A variety of tasty, nutritious, menu options at all meal times.

Sedgley Court's varied menus of healthy meals all have a choice of options at breakfast, lunch and dinner. All food in the home is created using the best locally sourced ingredients and is prepared freshly on-site.



Tuck into a hearty steak pie.

Our Chef makes sure that all dietary needs are met and our meals are nutritious – not to mention, very tasty! Chef also gains feedback from residents to ensure there are plenty of options which meet the preferences of the people who live with us.



Look forward to the ambient dining experience at Sedgley Court with the food being appealing both on the eye and on the palate.



The daily menu is made available around the home and residents can choose to eat together in the well-appointed dining areas or request for meals to be served in your room should you prefer. Even if you're not tempted by anything on the menu, Chef will always try to rustle up something that does meet your fancy.

You'll find snacks readily available throughout the home and we are partial to some tea and cakes in the afternoon. You are welcome to help yourself to hot drinks and our staff are always happy to make a brew.



There is always time for a cuppa and some cake – the only question is what type of cake!

#### moving *in* ...

We understand how difficult the decision to move into residential care can be for both you and your family. Our experienced team will work together with you to ensure the process of moving into our home is as stress-free as possible so you quickly feel settled and at home in your new surroundings.

Pre-admission assessments are used to get to know you before you even move in and we are here to answer all your questions and help you every step of the way.





## Sedgley Court at a glance ...

Our inclusive fees give peace of mind and allow residents to enjoy our facilities and services without having to worry about extra costs. Everything below is included in the Sedgley Court package:

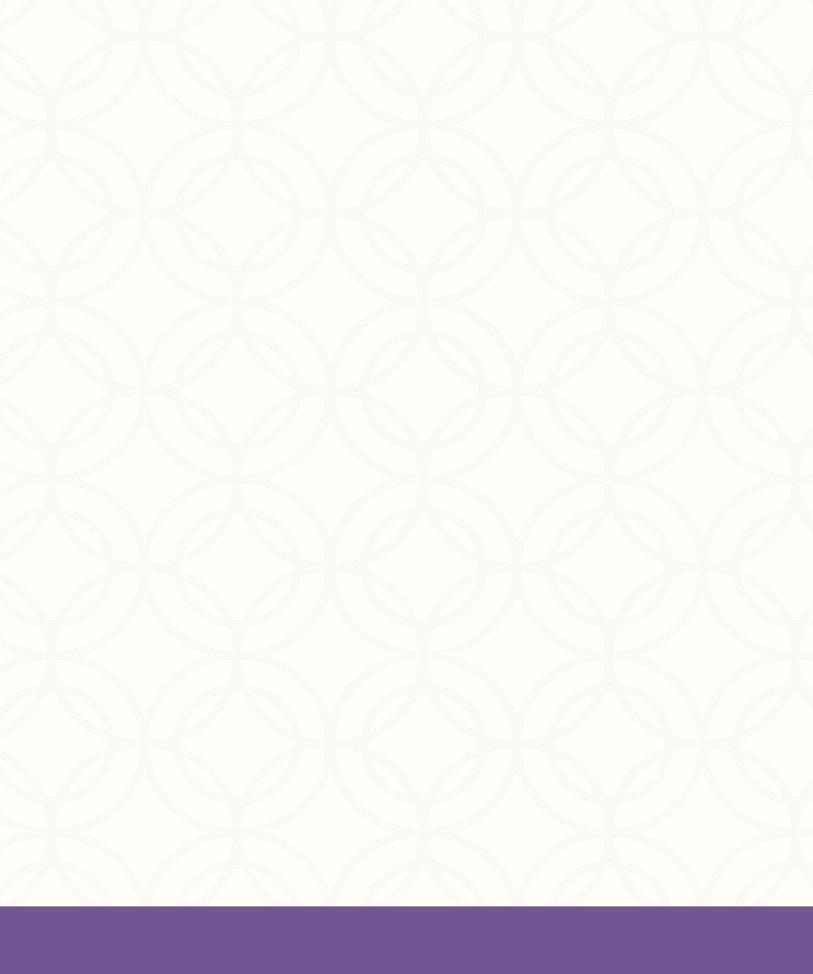
- Exceptional standards of residential and dementia care, 24 hours a day, in a luxurious and safe environment
- Highly trained, caring and compassionate
  Home Manager and care team
- Full electronic care plan tailored to your health, personal and care needs
- Spacious bedrooms with en-suite facilities
- Fitted furniture, flat screen Smart TV and mini-fridge in bedrooms
- Garden rooms also available
- Relaxing bathrooms with specialist assisted hath
- Complimentary Wi-Fi throughout the home
- Delightful landscaped gardens with raised beds
- Choice of tasty, nutritious, meals available to enjoy in the ambient dining areas or in a more private setting with a glass of wine or beer should you wish
- Selection of beverages and snacks throughout the day
- Dedicated Activity Co-ordinators and regular Social Committee Meetings
- Full and varied programme of activities with something for every day of the week

- Clubs, entertainment and talks within the home
- Use of all social spaces including tea room, cinema, lounges, dining areas, botanical room, Sky Bar and library
- Transport and accompaniment to medical appointments where necessary
- Local GP service and medication management
- Annual eye test (treatments would be charged)
- Annual dental check-up (treatments would be charged)
- Monthly appointment at our on-site hairdressing salon
- Regular appointments with a carefully selected chiropodist
- Selection of newspapers and magazines within the home
- Full personal laundry service and daily housekeeping
- Disabled access and lift service
- Car parking for residents and visitors





Please contact us with any questions, we are here to help.



#### **Sedgley Court Care Home**

idealcarehomes.co.uk

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