SAMPLE WEEKLY MENU

PILGRIMS' FRIEND SOCIETY

SUNDAY

LUNCH

Roast Chicken or Vegetable Crumble
Roast Potatoes
Carrots, Cabbage

Apple Pie and Pouring Cream

SUPPER

Soup of the Day & Sandwich Selection
or Toasted Crumpets

Scones with Cream and jam

MONDAY

LUNCH

Sausages and Onion Gravy or Poached
Fish in Parsley Sauce
Mashed Potato, Broccoli, Garden Peas

Old English Trifle

SUPPER

Soup of the Day & Sandwich Selection
or Cornish Pasty and Salad

Lemon Drizzle Cake

TUESDAY

LUNCH

Beef and Onion Pie or Ratatouille
Parrmentiere Potatoes
Carrots, Cauliflower

Jam Sponge and Custard

SUPPER

Soup of the Day & Sandwich Selection
or Sausage and Chips

Orange Jelly

WEDNESDAY

LUNCH

Lasagne or Mac'n'Cheese
Garlic Bread
Mixed Salad

Raspberry Cheesecake

SUPPER

Soup of the Day & Sandwich Selection
or Scrambled Eggs on Toast

Scones with Cream and jam

If you have any special dietary requirements or allergies, please inform the Catering Team. If you would prefer a different choice of meal, please make a specific request as soon as possible.

SAMPLE WEEKLY MENU

THURSDAY

LUNCH

Chicken & Mushroom Pie or Vegetable Kiev
Mashed Potato
Mixed Vegetables

Rice Pudding with Jam

SUPPER

Soup of the Day & Sandwich Selection
or Bubble and Squeak with Poached Egg

Chocolate Eclairs

FRIDAY

LUNCH

Battered Fish or Pasta and Bacon Bake
Chips
Mushy Peas

Apple Strudel and Ice Cream

SUPPER

Soup of the Day & Sandwich Selection
or Cheese and Biscuits

Mandarins and Cream

SATURDAY

LUNCH

Pork and Pepper Cobbler or Spiced Mushroom Rice
New Potatoes,Carrots, Cabbage

Banoffee Pie

SUPPER

Soup of the Day & Sandwich Selection
or Garlic Mushrooms on English Muffin

Victoria Sandwich

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