

Week 1 - Example Activity Planner



Danforth Care

Monday



- 10:30 - Sensory Seated Yoga
- 11:00 - Carnival Time
- 14:30 - Animal Kingdom Quiz
- 16:00 - Knitting Club
- 19:00 - Movie Screening



Tuesday



- 10:30 - Bird Watching
- 11:00 - Ballroom Dancing
- 14:30 - Movie Screening
- 16:00 - Gardening Club
- 19:00 - Cocktail and Catch Up



Wednesday



- 10:30 - Coffee and Cake
- 11:00 - Book Club
- 14:30 - Pub Lunch
- 16:00 - Movie Screening
- 19:00 - Meditation



Contact us today to find out more information about our beautiful homes
Email: enquiries@danforthcarehomes.co.uk



Danforth Care

Thursday



- 10:30 - Games Club
- 11:00 - Manicures & Pedicures
- 14:30 - Baking
- 16:00 - Movie Screening
- 19:00 - Cheese and Wine



Friday



- 10:30 - Hand Therapy
- 11:00 - Textile Club
- 14:30 - Creative Arts
- 16:00 - Movie Screening
- 19:00 - Flower Arranging



Saturday



- 10:30 - Breakfast Club
- 11:00 - Bingo
- 14:30 - Movie Screening
- 16:00 - Music Group
- 19:00 - Quiz and Drinks



Sunday



- 10:30 - Church Service
- 11:00 - Book Club
- 14:30 - Movie Screening
- 16:00 - Gardening Club
- 19:00 - Photography

