



Sunnyview House

Your local Bupa care home
in Leeds.



Beautiful purpose-built home

Our doors are open to those with a wide range of care needs. That includes both nursing and residential care, as well as residential support for those living with dementia.

We're surrounded by neighbourhood shops, amenities and green spaces. Leeds city centre is a couple of miles away, and we're close to Elland Road stadium and the White Rose Shopping Centre.



Our care team

At Sunnyview House, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



“I don't think I have enough words/praise for all the staff who care for my Dad with love and respect for his condition and his dignity at all times, wonderful! Could not have been placed anywhere better, it was so near to what Dad had at home!”

Daughter of resident, April 2024

Source: carehome.co.uk

What we offer

Here residents receive warm, personalised care in the comfort of an inviting and well-furnished home. There may also be the option to choose one of our larger rooms; some have their own front door and garden area.



Types of care

- Nursing
- Residential
- Residential dementia
- Short stay
- Convalescence
- Palliative

Dementia care

We have a dedicated team who can help residents to lead a better quality of life, with greater choice. We plan activities to provide physical, mental, social and creative stimulation. We also host a dementia café and connect with community groups.

Nursing care

We have trained nurses on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



Variety of comfortable bedrooms

We have 84 spacious, attractively decorated rooms. You can expect:

- a garden view from every room
- en suite WC or WC with shower
- telephone point (bills payable)

Residents are welcome to bring personal items from home, such as pictures and knick-knacks.



Services available to all

- GP visits within the home or at the practice
- Advice from a nutritionist
- Visits from specialist nurses
- Eye care from an optician
- Visits to a dentist
- Pet therapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- chiropody
- physiotherapy
- massage therapy
- on-site hairdresser



Shared areas around the home

There are lots of places to relax or find company. According to their care needs, residents might indulge in a little pampering in our salon, see a movie in our cinema room, or catch up with family in one of our cafés.

Outside, residents might stroll through our pretty gardens or sit on one of the terraces and enjoy the fresh air. The choice is theirs.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

0113 350 7977

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life inside our home

Everyone gets a say in how we do things here. Residents can hand-pick which activities to get involved with and we're happy to tweak meals to suit their tastes. We also run family support groups so loved ones can share their thoughts, feelings and ideas.



Activities

We offer a range of activities, including ones for those less mobile or living with dementia. These might include:

- coffee mornings and cinema nights
- gentle exercise classes
- bingo and games
- outings to local attractions like the Royal Armouries Museum and Roundhay Park
- reading sessions and group discussions
- gardening club
- links with local places of worship, youth groups and LGBTQIA+ groups



Residents can still do most of their existing hobbies here. They can also suggest something they'd like to try, as a group or in their room.



Food at our home

We prepare delicious meals and snacks for residents to enjoy in our social dining areas or in the comfort of their own room.

There are plenty of favourites on the menu, but we also talk to each resident when they move in about their likes and dislikes, and any special dietary needs.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

Celebrating special occasions

We have a private dining area where families can host events such as birthday parties. We'll just need to know in advance. Plus, we can arrange catering for an additional fee.



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Visits from family and friends

Loved ones can pop by at any time for coffee or an activity. If you'll be having a meal with us, just give us a quick call and also tell us about any dietary requirements. Then we can cook up something you'll really enjoy.



“Sunnyview House is a very warm and welcoming place. My mum has settled very well and is enjoying every minute. The staff and management are so wonderful. Nothing is too much trouble for them.”

Daughter of resident, March 2024
Source: carehome.co.uk

Visiting Sunnyview House

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. We're two miles south of the city centre, close to Junction 2 of the M621, with on-site parking. You'll find the main entrance off Beeston Road on Sunnyview Gardens.

To arrange a visit or to find out more, call us on

0113 350 7977

bupa.co.uk/sunnyview-house

 [BupaCareHomeSunnyviewHouse](https://www.facebook.com/BupaCareHomeSunnyviewHouse)

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Sunnyview House Care Home

Manor Field, Beeston, Leeds LS11 8QB



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