

Ardenlea Grove

Your local Bupa care home in Solihull.



A warm and homely feel

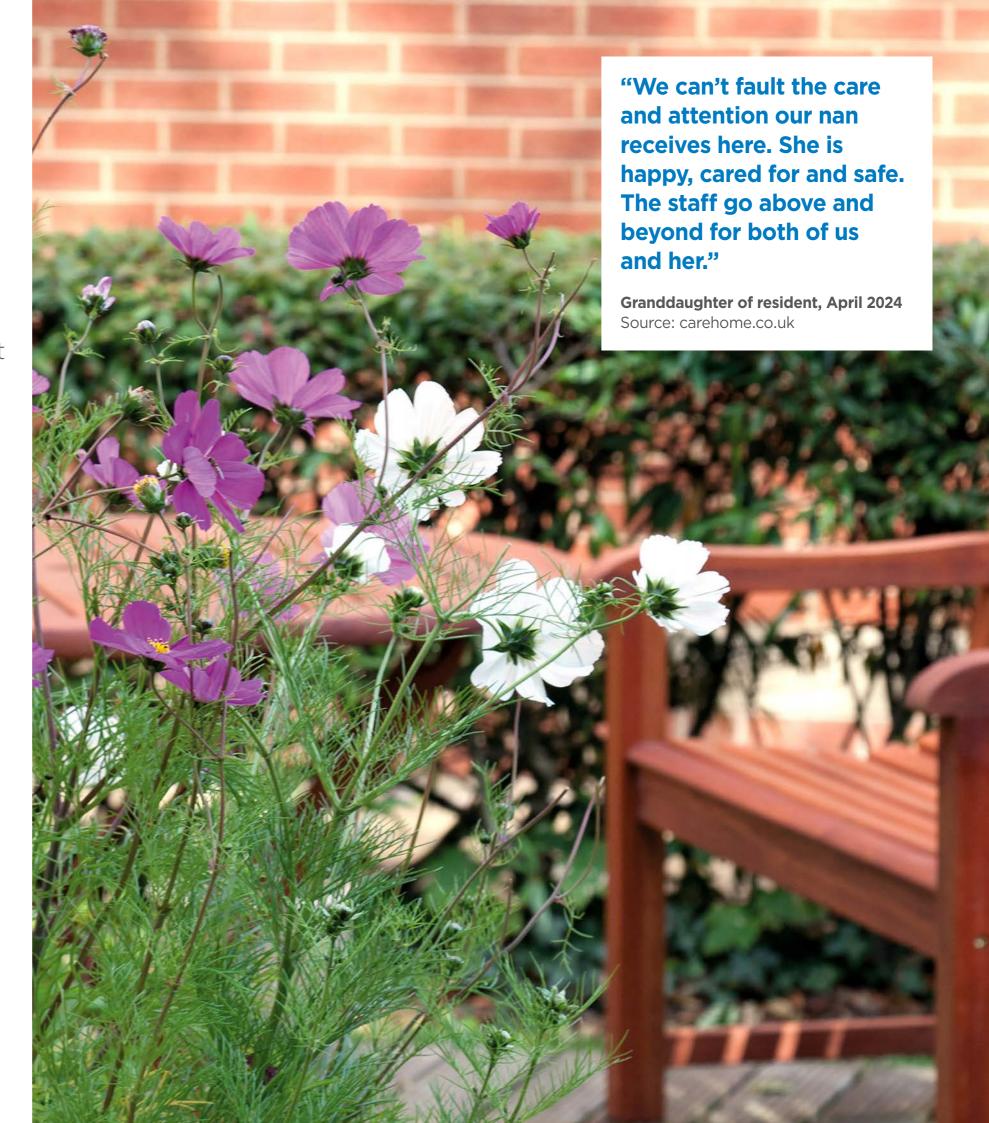
We welcome those in need of a range of residential and nursing care, including dementia nursing.

Our purpose-built home is ideally situated just a short walk from Solihull town centre, on excellent bus routes and close to local shops and other amenities. Within easy reach are spacious parks, several National Trust properties, the National Motorcycle Museum and the NEC.



Our care team

At Ardenlea Grove, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



What we offer

Ardenlea Grove is bright and airy, and has been attractively decorated and furnished to feel just like home. With our pretty gardens and cheerful shared areas, the atmosphere is comfortably domestic.

Types of care

- Nursing
- Residential
- Dementia nursing
- Short stay
- Convalescence
- Palliative

Dementia care

Our highly trained specialists can help residents with dementia to lead a better quality of life. With family help, we'll build a picture of their life story and preferences. Then we can personalise their care and help them live the way they want to.

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



Variety of comfortable bedrooms

We have 60 spacious and attractively decorated rooms, where you can expect:

- en suite WC and shower
- flat screen TV
- a garden view from every room and balconies with some.

Residents are welcome to bring personal items from home, such as pictures and knick-knacks.



Services available to all

- GP visits within the home or at the practice
- Visits to a dentist
- Eye care from an optician
- Advice from a nutritionist
- Pet therapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

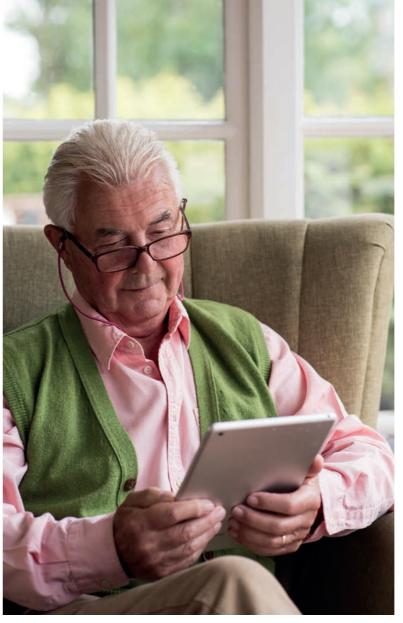
- chiropody
- on-site hairdresser
- daily newspaper delivery



Shared areas around the home

There are lots of places to relax inside our home, whether seeking company or a spot of quiet. For example, residents can enjoy getting their hair done in our on-site salon or catch up with loved ones over a coffee in one of our lounges.

There are well-tended gardens at the front and rear of our home. Residents on the ground floor, who are living with dementia, have access to a safe, enclosed garden via patio doors from their bedroom, too.









Life at Ardenlea Grove

Tempting meals and lots of chances to socialise make our home a very special place to be. And although we plan stimulating activities with one-to-one support, residents can choose whether they'd like to get involved.



We have our own coordinator who plans enjoyable activities for everyone, including those who are less mobile. For example:

- quizzes and games
- visiting entertainers, such as singers
- reading group
- gentle exercise classes
- local children come in to sing, dance and talk to residents
- aqua painting
- manicures and foot spas
- movie afternoons



Residents can still do most of their existing hobbies here. They can also suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Our delicious meals and snacks can be enjoyed in our social dining area or in the comfort of the resident's own room. We often host themed food events, too.

There are plenty of favourites on the menu here, but we also talk to each resident when they move in about their preferences and any special dietary needs.

Meal times

Set meal times ensure that residents can enjoy their food without interruption.

Celebrating special occasions

We have several dining rooms where families can host private events such as birthday parties. We'll just need to know in advance. Plus, we can arrange catering for an additional fee.



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Visits from family and friends

Loved ones can pop by at any time for coffee or an activity. If you'll be having a meal with us, just give us a call and tell us about any dietary requirements.

We also host regular family meetings where everyone is welcome to share their views.







Visiting Ardenlea Grove

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. We're two minutes from the A41 Solihull Bypass, right opposite Solihull hospital and just a little further along from our other care home, Ardenlea Court. We're also half a mile from Solihull train station.

To arrange a visit or to find out more, call us on

0121 314 7896

bupa.co.uk/ardenlea-grove



Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Ardenlea Grove Care Home

19-21 Lode Lane, Solihull B91 2AB



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