



St George's

Your local Bupa care home
in Cobham.



Surrounded by local wildlife

We offer a warm welcome to anyone living with dementia in need of nursing or residential care. Our home has a circular design making it easier for residents to find their way around. And because we're on one floor, help is always nearby.

We're on the doorstep of Painshill, an 18th century landscape park, filled with historical sites and beautiful views. The River Mole runs locally, perfect for guided strolls in the summer.



Our care team

At St George's, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



“The staff are great, always say hello and make us feel so welcome. Thank you to all the staff and management for doing such a brilliant job and caring for us all.”

Son of resident, February 2024
Source: carehome.co.uk

What we offer

There's a real homely feel at St George's, brought to life by small personal touches. Residents are free to express themselves in lots of ways, from choosing the colour of their bedroom door to helping us name areas of the home.



Types of dementia care

- Nursing
- Residential
- Short stay (two-week minimum)
- Convalescence
- Palliative

Dementia support

Our specialists can help residents with dementia to lead a better quality of life, while treating them with dignity and respect. Everyone that joins our team undergoes dementia training, ensuring that each of us focuses on a resident's needs as a person, over their condition.

With the help of their loved ones, we'll build a picture of their life story and their likes and dislikes. Then we can personalise their care and help them live the way they want to. Always looking at what they can do, rather than what they can't.



Variety of comfortable bedrooms

We have 58 bright and inviting rooms, including five large rooms that are ideal for couples. You can also expect:

- en suite W/C and shower in most rooms
- shared bathrooms around the home
- a garden or courtyard view
- patio doors to outside area
- flat screen TV

Residents are welcome to bring some favourite items from home, like family photos and keepsakes.



Services available to all

- GP visits and clinics within the home
- Eye care from an optician
- Advice from a nutritionist
- Pet therapy (with Rufus the Pat Dog)
- Religious services
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- foot health professional
- on-site beautician (nails are free)
- on-site hairdresser



Shared areas around the home

There are lots of open and well-decorated spaces here, including two lounges, multiple dining areas, a salon and an activities area. We even have our own pub, which is great for hosting a classic quiz night or entertaining loved ones in.

Outdoors, we have a number of accessible courtyards and a beautiful secure garden, all with a choice of sheltered seating. There's also a calming fountain and raised flowerbeds.

Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information
01932 807 601

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life at St George's

Our residents are at the heart of everything happening here. Everyone gets a say in how they spend their time and the food being served. We also run a seven-day activities programme based around our residents' interests and abilities, with lots of help from them on what to include.



Activities

Our coordinators are always looking for ways to stimulate residents, including those who are less mobile. There's plenty of choice and activities often run into the evening, unlike many homes. Activities include:

- crafts, baking and card games
- day trips every Wednesday
- summer fêtes and birds of prey events
- themed events for days like Remembrance Sunday
- afternoon tea at a local hotel
- gentle exercise and ball games
- regular visits from a local Guides group



Residents can continue to enjoy most of their existing hobbies here. Plus, they're always welcome to suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Our tempting meals can be enjoyed in one of our social dining rooms or in the comfort of the resident's room. Hot drinks and biscuits are serviced each night at 7pm and a choice of cold snacks are available around-the-clock.

When they move in, we talk to each resident about their likes, dislikes and any special dietary needs. That way we can get their meals just right.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

Celebrating special occasions

Families are welcome to host fun events for up to ten people in our pub. If you'll be celebrating a resident's birthday, our chef will happily bake a themed cake. Take a look at some past creations on our Facebook page.



Issued April 2023



Visits from family and friends

Loved ones can pop by at any time. If you'll be stopping for a meal, simply give us a quick call beforehand to let us know.

We also run a support group for carers and relatives, where you can ask our experts anything about dementia over tea and biscuits. Just ask when the next one is.



“You could not find a better team of people than those at St George's to help. Every single member of staff, reception, housekeeping, carers, nurses and management go that extra mile. There are no words to express the compassion, kindness, patience and respect that everyone shows, not only to the residents but the visiting family too.”

Daughter of resident, December 2023
Source: carehome.co.uk

Visiting St George's

If you've never been before, why not come for a visit?

You can meet the team and get a real feel for the atmosphere. We're on the A245, less than a mile from the A3, and close to three train stations. If you're using a sat nav to get to us, it may take you a little too far along Byfleet Road, so just look out for the red post box next to the veterinary centre.

To arrange a visit or to find out more, call us on

01932 807 601

bupa.co.uk/st-georges

 BupaCareHomeStGeorges

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St George's Care Home

5 Byfleet Road, Cobham, Surrey KT11 1DS

Inspected and rated

Good

