



ROMFORD CARE HOME



Welcome

to Romford Care Home

At Romford Care Home we are passionate about building person-centred, engaging and stimulating resident focused communities. We are proud to have dedicated and skilled teams who, regardless of their role or department, view supporting your loved ones as a vocation, not just a job.

Our values of Respect, Care and Honesty were chosen by our teams because those are what they felt were the most important attributes to bring to each moment of every day.

Threaded throughout all the care and support our teams provide is a commitment to continually strive for excellence by ensuring innovation and diversity are fundamental to all that we do.

Each member of our Romford Care Home family is dedicated to ensuring every resident can continue living an engaging and fulfilling life centred on their individual needs.



Ready to learn more?

Take the next step – call today on 01708 548 395 to arrange a visit and meet the team, or explore more online.



Come and see for yourself.

*Care you can feel.
Support you can trust.*





Inspected and rated by

Good



OUR HOME

Situated in a pleasant residential area, Romford Care Home is a purpose-built home in the town of Romford, Essex.

Rated 'Good' by CQC we offer bespoke person-centred care for individuals living with Nursing, Residential Dementia and Nursing Dementia needs on a permanent and short-term basis. We are passionate about creating a home from home experience which is tailored to each resident's personal needs and preferences.

We are perfectly located within a close proximity of local amenities, including a good range of shops, cafes and restaurants, less than a mile away. With good local transport links including local taxis, buses and the train station is less than two miles away.

We have a local open-air theatre, art galleries, a cinema, garden centres and, right on our door step is the Havering Country Park which is less than three miles away.

At Romford Care Homes we are very proud of our strong community links and regular involvement with local community groups, charities, schools and nurseries, churches and businesses.



Watch our
*Welcome to
Romford
Care Home*
video here!

Scan to view



A HOME FROM HOME

At Romford Care Home our facilities have been designed to a high standard using modern equipment and technologies to support daily living, whilst the living areas and bedrooms are decorated to a high standard using quality bespoke furniture and soft furnishings.

Our accommodation and living areas are set over three floors. Each community is dedicated and designed to care for residents living with Nursing, Dementia and Residential needs.

A day in the life of at Romford Care Home

As a resident you can enjoy spending time in one of the lounges to have a morning coffee and a piece of freshly homemade cake. You can also spend time relaxing and reading a book or doing a crossword at your leisure.

Why not enjoy a leisurely stroll around the gardens and then spend time socialising or putting your feet up by the fire in one of our spacious and comfortable lounges?

Feeling good is part of the day-to-day experience of living at Romford Care Home. You can make an appointment in the fully equipped hair salon, where you can pop in for a blow dry, a cut, colour or restyle from our qualified hairstylist.

Our contemporary dining rooms create a homely experience where you can enjoy our freshly prepared seasonal menus.

Late afternoons and evenings are never dull when you are able to enjoy the full cinema experience in our cinema, which of course includes the obligatory popcorn and choc ices!

Resident Bedrooms

Our en-suite bedrooms are contemporarily decorated and beautifully designed. The bedrooms come complete with a full set of furniture consisting of profiling bed, wardrobe, bedside table, chest of drawers, television and a relaxing seating area.

All bedrooms include a nurse call system giving you reassurance that a member of the care team is always on hand.



TYPES OF CARE

At Romford Care Home, there is a kind and compassionate care team on hand 24 hours a day, 365 days a year. Our teams provide care and support to enable the people who live with us to lead a fulfilling life whilst maintaining as much independence as possible.

Our Residential Dementia Care

Our care is underpinned by the philosophy that residents should lead meaningful lives, with the opportunity to be active and independent despite any physical, sensory or cognitive impairment they may have.

A large part of living at Romford Care Home is feeling empowered to live life to the full. The teams are here to enable you to spend each day doing the things you love and enjoy.

Dementia care at Romford Care Home is guided by the 'By Your Side' approach, placing each resident's life story, wellbeing, and individuality at the centre of daily support. Care is delivered by skilled and compassionate teams who are trained in specialist dementia approaches, ensuring consistency, understanding, and reassurance at every stage.

The dementia suites are thoughtfully designed to be dementia-friendly environments, supporting independence while promoting comfort, familiarity, and positive emotional wellbeing.

Personal care is available for residents who require help with daily activities such as washing, getting dressed, eating and drinking, getting around and interacting with others.

For people living with dementia, personal care can also include support with communication, assistance with their daily routines and help choosing how to spend their day in a way that improves their mood and makes them feel settled.

Our Nursing Care

Our nursing suites provide 24-hour nursing care for people who require help with daily living and have a condition that requires the regular daily supervision of Registered Nurses supported by trained Care Assistants.

With extensive clinical experience from within the NHS, the team of nurses, each registered with the Nursing & Midwifery Council, are trained to the highest standards and can support those who have complex healthcare conditions which require regular nursing procedures. These may include administering certain types of medication, managing pain and clinical interventions.

Our Dementia Nursing Care

Dementia with nursing care is for people living with dementia or cognitive impairment who require help with daily activities and have a condition that requires the continuous supervision of Registered Nurses.

Additional nursing support with medication, managing pain or a regular nursing procedure may also be required.

In addition, psychological care needs such as support with communication, managing mood and feeling settled are all fundamental in the care of a person living with dementia, which the teams are trained to support with. The team provide care to all the residents with kindness, empathy and a thorough understanding of the person's needs



End of Life Care

End of Life Care is the term used to support and care for people with life limiting conditions in their final years, months, weeks and days of their life.

Romford Care Home provides End of Life Care to a high standard which includes the management of the physical aspects of the condition, such as pain and other symptoms, as well as providing emotional, social and spiritual support which fulfils each person's needs and wishes along with those of their family and friends.

Our End of Life Care is resident-centred and all caring conversations involve the resident and those that they want involved.

The team of Registered Nurses and Care Assistants are fully trained and work as a multi-disciplinary team with local hospices, Palliative Care Nurses and Health Professionals to ensure the principles of good End of Life Care are upheld.

Short Stay care

At Romford Care Home, we offer short stay care (also known as respite care) which provides a variety of benefits for both the person needing care, as well as their family.

It is an opportunity for everyone involved to have a break knowing that their loved one's care and wellbeing needs are being met by the trained team in one of our safe and welcoming homes.

As with all residents who live with us, if you are on a short-term stay, a personalised care plan will be developed in partnership with you and your closest relative.

This ensures all your care needs are met during your time with us irrespective of whether you need residential, nursing or dementia care.

A short stay can be a way of checking if you would like to try living at Romford Care Home, especially if you are initially unsure whether moving into care is the right choice for you.

It will give you the opportunity to experience the high-quality care and support available, as well as getting to know the amazing Lifestyle Team who organise an exciting and varied activities programme for you to choose from. There is something for everyone and we encourage you to take part in as many activities as you wish.



OUR CULINARY AND HOSPITALITY EXPERIENCE

Great food speaks volumes about how we care and, for us, food is at the heart of the home.

To create our culinary experience at Romford Care Home, the Catering Team consists of a Chef and Kitchen Team. The Catering Team are committed to promoting each resident's health and wellbeing with wholesome and nutritional seasonal menus which are freshly prepared in our homes every day.

The Chef works alongside the whole care team to understand each individual resident's preferences and special dietary needs.

The warm, welcoming atmosphere of our dining experience is a perfect opportunity to connect and meet your friends for lunch, share stories, and relish the companionship that makes every bite more delightful. Whether you're catching up over a delicious meal or simply enjoying the lively conversation. Our dining experience is about more than just food—it's about community, comfort, and creating memories together.

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“Our qualified cooks work hard to ensure our menus are seasonal and tasty, regularly consulting with the residents to discover what type of foods they'd like to see on the menu. Personal choice and preference are important, so with 2-3 daily main meal and supper options to choose from our menus have just that! And if nothing takes your fancy then a special order can be placed. All of our meals are freshly prepared and cooked in our professional kitchens using fresh vegetables, meats and fish where possible and at all times maintaining a high standard of quality.”

Romford Care Home, General Manager



Lifestyle and Activities

The Lifestyle Team support residents to enjoy the things they have always done and want to continue, as well as providing opportunities for new experiences using the latest technology and innovations in dementia care. By gathering an individual's life history, we can discover residents' interests, needs, wants and wishes, enabling us to provide an award-winning activities programme that is interesting and enjoyable, focusing on what they can still do and providing appropriate levels of support and encouragement.

Technology and Innovation

At Romford Care Home we have heavily invested in research led innovative services and technologies designed to support and enable positive physical, emotional and social wellbeing.

These include the Rainbow Digital Tablets, a giant touch screen that offers fun therapeutic benefits through simple word games, puzzles and brain training in a friendly, accessible format.

The Motitech Bikes System are safe indoor bikes, set up with screens to allow you to tour the world. Capable of virtually meandering up to the Coliseum, exploring the Lake District or visiting our local park, all from the comfort of a supervised cycle zone. With various resistance levels, and the options to be cycled using either arms or legs; it is a great form of gentle exercise.

Magic Table 360 projector, an innovative tool designed to enhance the well-being of our residents. By projecting interactive games and activities, it encourages engagement and social interaction.

We also have the Famileo service. Similar to Facebook, this personal, secure platform allows residents and multiple family members to share messages, photos and more, all of which can be printed off weekly for each resident's very own personalised newsletter.

These innovative technologies can be incorporated into the daily social plans and allows residents and the Lifestyle Teams to explore together and chat through experiences.



The use of Montessori approach for those living with dementia

The Montessori approach in our home supports residents' strengths, fostering creativity, independence, and individuality. Familiar items, like household tools or craft materials, are available to evoke memories and encourage engagement, whether it's arranging flowers, tidying up, or making a drink. Residents have the choice to interact as they please, promoting a sense of independence, achievement, and belonging.

Our Housekeeping Experience

The dedicated Housekeeping Teams support residents by ensuring that all living areas of the care home are comfortable and clean. It's the little touches that make that homely difference, such as polishing the family photographs on the bedside cabinet and ensuring that a resident's clothes are laundered to a high standard.



Our Facilities

Communal Areas

-  Cinema
-  Beauty Salon
-  Dining Lounges
-  Social Lounges

Bedrooms

-  Bedrooms with en-suites
-  Television
-  Telephone points
-  Nurse call system

Supportive Facilities

-  24-hour Nursing Care
-  Nurse Call System
-  Hoists
-  Lifts
-  Wheelchair accessible
-  Assisted bathrooms
-  Wi-Fi
-  Dementia Ambassador
-  Dementia Friendly Environments
-  Innovative Technologies & Services

Outside home

-  Secure dementia-friendly gardens and patio
-  Wheelchair accessible gardens
-  Car parking

DEMENTIA FOCUS

At RCH, we are passionate about providing excellent care for residents, delivered by teams who are committed to making a difference.

The RCH Care Homes' Dementia Strategy, 'By Your Side', guides us in the delivery of care and support that recognises the individual needs of residents living with dementia in our homes. We train the team to see the person first, and take a holistic approach to understanding everyone's unique experience of living with dementia.

RCH Care Homes' Dementia Strategy's five pillars of excellence provide us with a clear focus for the delivery of person-centred care.

Pillar One

Partnership Working with Carers, Family and Friends

We ensure all residents' carers, family and friends are recognised and valued as vital partners in care by encouraging them to be involved in planning the support strategy for their loved one, helping them to feel confident that we are delivering truly person-centred care.



Pillar Two

Our Home Environments

We have created beautiful homes and gardens that meet residents' changing needs and help to make day-to-day life as comfortable as possible. The environments have been specially designed to promote and enable independence, reduce anxiety and increase wellbeing, helping residents to live well with dementia.



Pillar Three

Nutrition, Hydration and a Mealtime Experience

Our team of chefs provide freshly prepared meals which help create a mealtime that meets each resident's individual needs, whether that is a dining room experience, food on the go or in-room service. We help residents to experience community and friendship fostered by social mealtimes, and to continue to take pleasure in eating and drinking.



Pillar Four

Lifestyle, Activity and Meaningful Engagement

The Lifestyle Team help residents to enjoy the things they have always done and want to continue, as well as providing opportunities for new experiences using the latest technology and innovations in dementia care. By gathering an individual's life history, we can discover residents' interests, needs, wants and wishes, enabling us to provide an award-winning activity programme that is interesting and enjoyable, focusing on what they can still do and providing appropriate levels of support and encouragement.



Pillar Five

Specialist Training

Supported by a team of Dementia Ambassadors, all team members that care for people with dementia receive ongoing specialist training and support, drawing on the latest evidence-based approaches. We also partner with industry leaders to deliver a range of projects aimed at improving resident wellbeing and supporting team development.



Respect, Care & Honesty

At RCH Care Homes, we understand the importance of delivering high quality care that is delivered by well trained, competent and confident team members. The General Managers and Heads of Departments are integral in managing and leading their care homes on a daily basis.

RCH Care Homes has adopted values-based recruitment for all appointments. In simple terms, we explore the values of our candidates, what's important to them, how they react in specific scenarios, how they work as part of a team and why they have chosen Health and Social Care as a career.

We operate a safe recruitment policy so all of our teams are thoroughly checked and validated prior to commencement of employment.

Our Regional Training Manager delivers a bespoke 3-day induction for new team members. This covers all mandatory subjects (written, practical and theoretical components) and RCH-specific training, all of which are validated by competency assessments.

Once a new team member starts their induction in a care home, they are allocated a buddy / mentor to support them.

All care team members are required to complete the Care Certificate and relevant QSF/NVQs for ongoing development. The nurses have access to internal and external training to ensure their skills are current, and are confident and competent to deliver a high level of nursing and clinical care.

Romford Care Home is regulated by the Care Quality Commission (CQC) which is the independent regulator of health and social care in England. The CQC monitors, inspects and regulates care homes. The CQC publishes its inspection outcome including an overall rating.

www.cqc.org.uk



A testimonial from...

a Romford Care Home
resident's loved one

Scan to view



MY LIFE STORY

When moving in to one of RCH's Care Homes, part of this process is supported by our 'My Life Story' initiative.

Understanding what a person likes or dislikes is important as that information can help to provide a lifestyle plan that suits them best. The involvement and guidance from the resident, family and loved ones can help us build relationships, an important step in being able to support that person to live the life they choose.

As part of our holistic approach, the 'My Life Story' initiative supports the teams with caring for the 'whole' person, covering their physical and emotional needs. This ensures they are recognised and valued as a unique individual, with experiences, skills, strengths and abilities, preferences and needs.

Rediscovering You

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“My mum has been in this care home since Dec 2023, and I can honestly say she has really settled in well since day one and even made some great friends. She is well cared for and the entertainment provided is great and her care team are diligent and attentive. Mum says she is treated like a Queen and I have no doubts about her being looked after. She is thriving and happy and I couldn't ask for more than that. Thank you everyone”

Daughter of resident,  carehome.co.uk review 2025





“RCH is a big family; the staff is kind and very helpful. From the very first day, we felt reassured by the warmth and professionalism of the staff. The team has gone above and beyond to ensure that our relative feels comfortable, safe, and respected. It’s clear that the carers are not only well-trained but genuinely compassionate - they treat residents like family.

The communication with families has also been excellent. We are always kept informed about any changes in health, daily routines, or medications. The staff are approachable and always willing to take time to answer questions or provide updates. We’ve also been very impressed by the activities and social events provided. Our relative particularly enjoys the [e.g., music afternoons, art sessions, the singing and dancing which have brought back a sense of joy and purpose. The meals are nutritious and well-prepared, and the home itself is always clean, comfortable, and welcome.”

Family member,  carehome.co.uk 2025

ROMFORD CARE HOME INFORMATION

How to find us

Romford Care Home
107 Neave Crescent, Harold Hill, Romford, Essex RM3 8HW

Situated on the corner of Neave Crescent and Farringdon Avenue, near the petrol station, we are less than a mile from Gallows Corner, where the A12 meets the A127 Southend Arterial Rd, and we are within easy reach of good public transport links.

Public transport

1.3 miles	Harold Wood Railway Station
1.5 miles	Gidea Park Railway Station
2.3 miles	Junction 28, M25
2.5 miles	Romford town centre with good bus links
2.6 miles	Romford Railway Station

Contact us



01708 548 395



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rchcarehomes.co.uk



Rch

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