



Ridley Park

Your local Bupa care home
in Blyth.



Beautiful purpose-built home

We warmly welcome anyone in need of nursing or residential care, including dementia and Huntington's and Parkinson's care.

Our spacious home is next to Blyth Harbour, where you can enjoy strolls along the quayside. We're just five minutes' walk from the town centre and half a mile from Ridley Park itself, with its pretty gardens and ice-cream parlour.



Our outstanding care team

At Ridley Park, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



“The staff are amazing. My mother’s well-being has improved tenfold. The facilities are excellent. The care and support provided is fabulous. She is very happy it has given her and the family great peace of mind.”

Daughter of resident, May 2024
Source: carehome.co.uk

What we offer

When someone moves into Ridley Park, it becomes their home. That's why we ensure that it's a warm and inviting place, where dignity and freedom of choice are respected. We also care about their wellbeing as a whole, which includes their health, fitness, diet and appearance.

Types of care

- Residential
- Nursing
- Residential dementia
- Convalescence
- Short stay
- Palliative
- Huntington's
- Parkinson's

Nursing care

We have trained nurses on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.

Dementia care

Our dementia unit is staffed entirely by dementia champions, who work closely with loved ones. Residents benefit from a range of therapies and activities like virtual reality, but most of all they benefit from kindness and respect.



Variety of comfortable bedrooms

We have 59 lovely rooms. Our premium rooms are larger, so they're ideal for both single residents and couples; some have their own external door leading to a patio. You can also expect:

- a garden view from many rooms
- en suite WC and shower
- large bathrooms on each floor
- TV point.



Services available to all

- GP visits within the home or at the practice
- Advice from a nutritionist
- Visits to a dentist
- Eye care from an optician
- Visits from district nurses and a community matron
- Pet therapy
- Doll therapy
- Religious services
- Wifi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- Chiropody
- On-site hairdresser and beautician.



Shared areas around the home

There are so many places to relax. Residents can have their nails or hair done before taking a twirl in the ballroom. They can enjoy a coffee in the café or a drink in the bar, and then see a film in our cinema. And our reminiscence room helps recapture old memories.

Our wrap-around garden has patios for enjoying the fresh sea air. There's a greenhouse for growing produce and raised beds for wheelchair gardeners.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

01670 895 876

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life inside our home

We want our residents to love being at our home, living the way they want to. Good food, lots to do and a high standard of care help to make this a reality. And since familiarity is important, residents can bring some small possessions from home.



Activities

Our team of activity coordinators plan a full programme, including for those who are less mobile. And residents can always choose whether or not to join in. Activities include:

- quizzes, bingo and Scrabble club
- tea dances, entertainers, singers and movies
- bowling, garden club and armchair aerobics
- friendship dogs
- arts and crafts, baking, scrapbook-making and flower-arranging
- outings to the seaside, the park and local shops.



Residents can continue to enjoy most of their existing hobbies at Ridley Park. And they can always suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Our delicious meals and snacks can be enjoyed in our dining rooms, on the patio or in the comfort of the resident's own room.

When they arrive, we talk to each resident about their preferences. We also discuss any dietary needs, such as intolerances, cholesterol reduction, or difficulty eating.

Meal times

Residents are free to decide when and where they'd like their meals. There's also a 'light bite' menu for any time of the day or evening.

Celebrating special occasions

Families can reserve our ballroom to host private events such as birthday parties. We'll just need to know in advance. Plus, if you need catering we can arrange a buffet for an additional fee.



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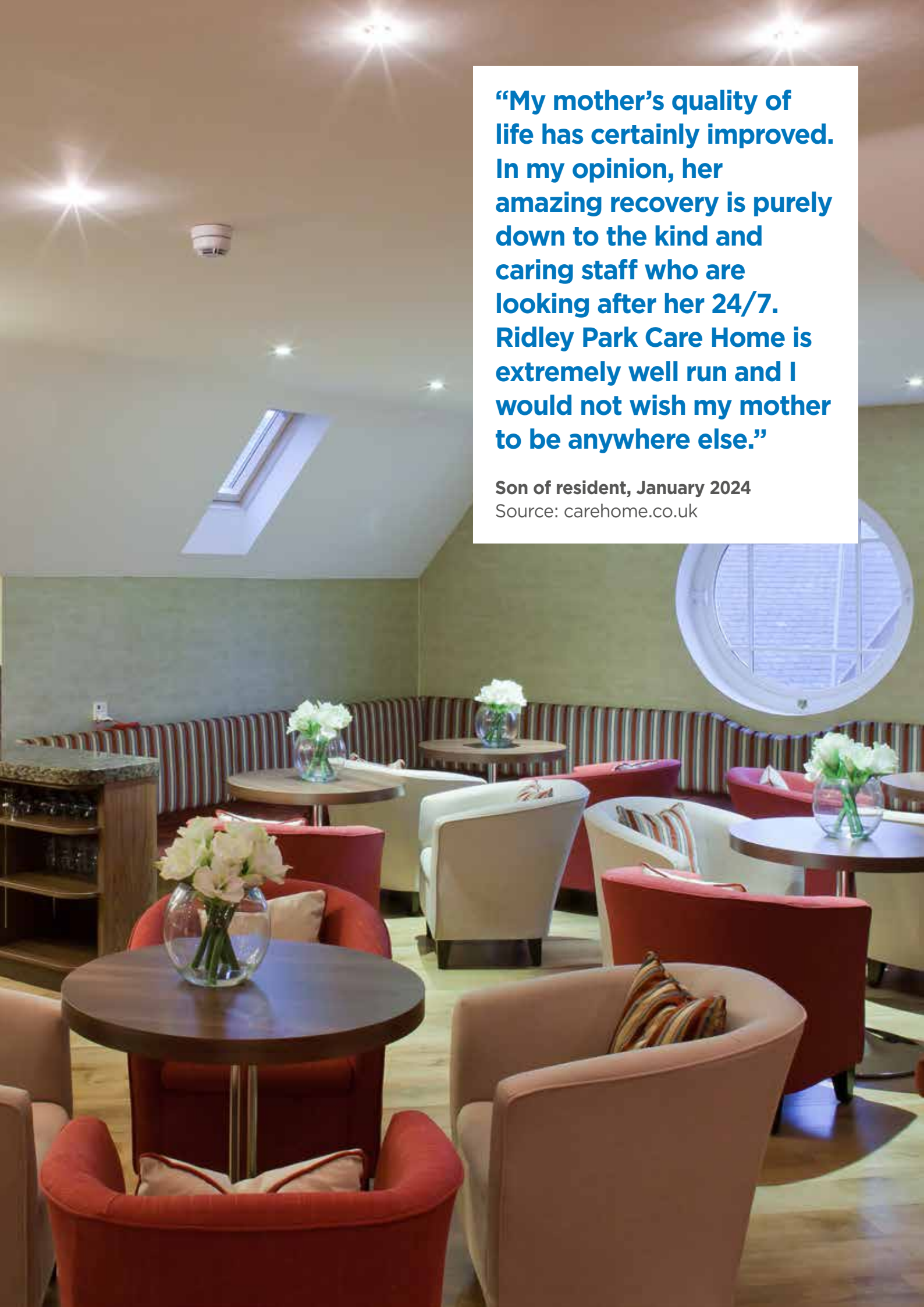


Visits from family and friends

Family and friends can pop by at any time for coffee or an activity. If you'll be dining with us, just give us a quick call and tell us about any dietary requirements. Then we can cook up something you'll really enjoy.

“My mother’s quality of life has certainly improved. In my opinion, her amazing recovery is purely down to the kind and caring staff who are looking after her 24/7. Ridley Park Care Home is extremely well run and I would not wish my mother to be anywhere else.”

Son of resident, January 2024
Source: carehome.co.uk



Visiting Ridley Park

If you've never been here, why not come for a visit?

You can meet the team and get a real feel for the atmosphere. We're nine miles off the A1, next to St Cuthbert's Church in Blyth. There's plenty of parking both on-site and on the street.

To arrange a visit or to find out more, call us on

01670 895 876

bupa.co.uk/ridley-park

 BupaCareHomeRidleyPark

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Ridley Park Care Home

Forster Street, Off Plessey Road, Blyth NE24 3BG

Inspected and rated

Good



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