



QUINTON HOUSE
& QUINTON GARDENS NURSING HOME

A SAMPLE 7-DAY ACTIVITIES SCHEDULE

Enriching life, mind, body and soul — every day at Quinton House

We believe life in our homes should nourish more than the body — it's about stimulating the mind, lifting the spirit, and celebrating who each person is.

Every month brings a fresh mix of personalised, one-to-one and group activities spanning creative arts, music, movement and social occasions. We take the time to get to know each resident's story — what brings them joy, and what doesn't — so activities feel personal, not prescribed. Through outings, community connections and everyday moments of company, we help residents stay engaged, both in their own space and at the heart of home life together.

A SAMPLE WEEK

A flavour of daily life at Quinton House — every week brings music, movement, crafts, and time together, tailored to what our residents love most.

DAY	MORNING	AFTERNOON
Monday	Coffee Morning	Spa Afternoon
Tuesday	Pebble Art	Musical Moments
Wednesday	Bingo	Live Singer — Paulo
Thursday	Church Service	Fun, Music & Movement with Yvette
Friday	Arts & Crafts with Jane	Movie on the Big Screen
Saturday	Nosh & Natter Community Lunch	Gentleman's Club
Sunday	Making Bird Feeders	Sing-a-Long

Our full activities calendar changes monthly and always includes one-to-one time, hairdressing, and quiet moments in the sensory room, alongside the events above.

PART OF THE HOLMWOOD HOLDINGS GROUP