



**Seniors**  
*Helping*  
**Seniors**®

Welcome to our introduction information

For any help or enquiries contact Head Office:

01227 454 900

or visit:

[SeniorsHelpingSeniors.co.uk](http://SeniorsHelpingSeniors.co.uk)



5 Star  
Customer Rating  
★★★★★

# Seniors *Helping* Seniors®

...A WAY TO GIVE AND TO RECEIVE®



## In-Home Services for you or a loved one:

- **Companionship**
- **Medical appointments**
- **Help with shopping**
- **Meal times**
- **Transportation**
- **Dementia care**
- **Respite care**
- **Housekeeping & laundry**
- **Maintenance & repairs**
- **Gardening**
- **Pet care**
- **...and much more**

**01304 249 955 • Dover & Sandwich**

**01843 606 991 • Thanet**

**01227 455 900 • Canterbury**

[www.seniorshelpingseniors.co.uk](http://www.seniorshelpingseniors.co.uk) • [contactme@seniorshelpingseniors.co.uk](mailto:contactme@seniorshelpingseniors.co.uk)  @SHSKent  SeniorsHelpingSeniorsKentUK

5 Star  
Customer Rating

# A helping hand at home: for seniors, by seniors



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# Seniors *Helping* Seniors®

Seniors Helping Seniors is a unique elderly care service that matches people who need assistance and care, with seniors who want to help.

Our award winning service matches specially vetted seniors to help older people who need an extra pair of hands.

The same-person care agreement is easy going and flexible.



*“I cannot fault SHS with its sense of reliable and friendly caring attention, providing a feeling of security in one’s later life. I give thanks for the day I was introduced to this organisation.”*

J R, CANTERBURY

*“The staff member chosen to visit my mother-in-law is motivated, always cheerful and brings out the best in her. We feel it has been very successful and are very pleased with this service.”*

BARBARA, CANTERBURY





## Are you looking for help for yourself?

As people get older they often find that they don't have the time or the energy for the things they once took for granted, such as mowing the lawn, preparing good meals or being sociable.

We are here to help you.

- Mature 'helpers' lend assistance at home or out and about
- We carefully match your requirements with a carer so you are supported by the same person
- We arrange for you to meet your helper before any work is carried out so that you know you'll get along, and we manage schedules
- We put every helper through a rigorous '6 step' programme to ensure reliability and suitability. Every helper is a loving, giving, caring and compassionate person with local experience
- We offer free consultations and charge an hourly flat fee, helping to keep you on budget
- Seniors Helping Seniors will help you stay independent

## Are you looking for help for a loved one?

If you have a friend or family member who wishes to remain in their own home but who sometimes struggles with day to day tasks or needs more help to get out and about, research says there will be an extra strain on you. We are here to help you.

With Seniors Helping Seniors, you get the peace of mind that comes with knowing that your loved one is safe and supported locally:

- Care is flexible and fits around you
- Exclusively senior helpers are carefully selected for their skills, life experience, commitment and personality
- An enhanced background check for a fully trusted service
- Local help, local knowledge
- We offer local advice and partnership agreements
- 24/7 accessibility and emergency help





## Would you like to help?

Our helpers have a strong commitment to those with whom they work, and since we place seniors with seniors, we're matching people who have similar life experiences. Because of the way we work, we have been able to introduce people who go on to form lasting friendships.

When you join Seniors Helping Seniors as a helper, you are working to make someone's life easier and better. Once you've settled in, you'll realise that not only do we help those who need it, we are also making a big difference to society.

It is rewarding, flexible and a lot of fun.

## Get in touch

If you think that you have the commitment and dedication to become a Seniors Helping Seniors helper then we'd love to hear from you.

*Call us on:*

**01227 454 900**

[contactme@seniorshelpingseniors.co.uk](mailto:contactme@seniorshelpingseniors.co.uk)  
[www.seniorshelpingseniors.co.uk](http://www.seniorshelpingseniors.co.uk)





## Are you looking for help for yourself or a loved one?

We can help with:

- Companionship
- Meal times
- Shopping
- Transportation
- Medical appointments
- Hospital discharge
- Welcome home and convalescence
- Dementia Care
- Respite care
- Holidays and overnights
- Housekeeping and laundry
- Maintenance and repairs
- Gardening
- Pet care
- ...and much more





## A very personal commitment



*“It is only through the action of caring that we find our true purpose in the world.”*

KIRAN YOCOM  
CO-FOUNDER, SENIORS HELPING SENIORS

Seniors Helping Seniors was founded in 1998, to offer older people the chance to stay in their own homes for longer, by providing them with help and care.

We are fully committed to the highest standards and to help all seniors in our community to lead dignified and independent lives.

As award winning social entrepreneurs we are proud to use profit with purpose to make an important social change.

**The Seniors Helping Seniors in-home service is the place to call when help or future care planning is needed**



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# Our promise to you!

- **We will** be friendly
- **We will** be professional
- **We will** serve with a smile
- **We will** do what we promise
- **We will** provide prompt service
- **We will** provide the highest quality services
- **We will** customise & personalise all services
- **We will** maintain great attitudes toward service
- **We will** make providing the best service to you our top priority
- **We will** serve memorably because service is an opportunity & a priority
- **We will** provide the highest quality Providers to deliver high quality service
- **We will** be an expert resource for you
- **We will** keep you informed along the way
- **We will** do whatever it takes to keep you happy
- **We will** become “experts” in meeting your needs
- **We will** collaborate with you every step of the way
- **We will** earn your loyalty by delivering services with quality & value
- **We will** use creativity to help you meet your goals & overcome challenges
- **We will** cultivate relationships by paying attention to individual needs & interests
- **We will** always go the “Extra Mile”
- **We will** respond in a heartbeat or faster
- **We will** maintain our dedication to lifelong learning
- **We will** recover memorably when a mistake or error occurs
- **We will** treat all customers with dignity & respect - as V.I.P.s
- **We will** aim to be your friend
- **We will** practice what we preach
- **We will** think long term in all our endeavours
- **We will** maintain our state-of-the-art technology
- **We will** not just lead by example - we will set the standards for excellence

Call us to request help or to offer your services

**Canterbury: 01227 455 900 • Thanet: 01843 606 991**

**Dover & Sandwich: 01304 249 955**



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If you like to contact any of our regional offices, you can click on their name below to be re-directed to their website or click on their number to call them directly:

<a href="#"><u>Canterbury</u></a>	- <a href="#"><u>01227 454 900</u></a>
<a href="#"><u>Thanet</u></a>	- <a href="#"><u>01843 606 991</u></a>
<a href="#"><u>Dover, Deal Sandwich</u></a>	- <a href="#"><u>01304 249 955</u></a>
<a href="#"><u>Folkestone</u></a>	- <a href="#"><u>01304 249 955</u></a>
<a href="#"><u>Faversham, Swale</u></a>	- <a href="#"><u>01795 515 392</u></a>
<a href="#"><u>Ashford</u></a>	- <a href="#"><u>01233 746 000</u></a>
<a href="#"><u>Guildford, Godalming &amp; Woking</u></a>	- <a href="#"><u>01483 416 653</u></a>
<a href="#"><u>Sevenoaks, Tonbridge &amp; West Malling</u></a>	- <a href="#"><u>01732 495 665</u></a>
<a href="#"><u>Brighton &amp; Hove</u></a>	- <a href="#"><u>01273 090 848</u></a>
<a href="#"><u>Windsor, Maidenhead &amp; Bracknell</u></a>	- <a href="#"><u>01628 302 132</u></a>

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