



# Pendean House

Your local Bupa care home  
in Midhurst.





# Originally a country residence

**Here in the heart of the South Downs National Park, we warmly welcome those in need of nursing or residential care, including Parkinson's care.**

We're based in the bustling market town of Midhurst, where you'll find lots of interesting shops, good restaurants and pretty half-timbered buildings. In 2018, the town was named one of the best places to live by the Sunday Times. Nearby are the Weald and Downland Museum and Woolbeding Gardens.



## **Our care team**

At Pendean House, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.



**“Pendean House is in a lovely setting on the edge of a local town, with a wonderful garden. The staff there are very friendly and caring, and we felt our mum was well looked after.”**

**Daughter of resident, June 2024**  
Source: [carehome.co.uk](https://carehome.co.uk)



# What we offer

Pendean House provides high-quality care in the midst of a peaceful rural setting. Original oak panelling, large leaded windows and ornate fireplaces create an elegant period feel. The atmosphere is cosy and homely, and there's never a shortage of places to relax.

## Types of care

- Nursing
- Residential
- Short stay
- Convalescence
- Palliative
- Parkinson's

## Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.



## Variety of comfortable bedrooms

We have 33 attractive rooms, six of which are ideal for couples. You can expect:

- en suite WC and shower
- baths on each floor of the home
- flat screen TV
- a garden view from many rooms
- telephone point (bills payable)

Residents are welcome to bring personal items from home, such as pictures and small ornaments.



## Services available to all

- Weekly GP clinic within the home
- Visits to external GPs
- Advice from a nutritionist
- Eye care from an optician
- Visits from specialist district nurses
- Pet therapy with visiting dogs
- Wifi throughout the home
- Laundry and cleaning

**Plus, for an additional cost, residents can benefit from:**

- chiropody
- visits to a dentist
- on-site hairdresser



## Shared areas around the home

There are lots of places to socialise or enjoy some quiet time. Residents can settle down with a book in the library, get creative in our activities room, or have their hair, feet or nails pampered in our therapy room.

Outdoors, we have large landscaped gardens with a pond, two summer houses and a sensory garden. The patio has great views and is perfect for enjoying the fresh air and summer sunsets.



## Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

## Call us for more information

**01730 888 089**

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.



# Life at Pendean House

Residents and their loved ones quickly become a part of our friendly community. Everyone is welcome to join in with life as much as they'd like here. Our activity programme is especially varied, with something to do every day and meal times are equally as enjoyable.



## Activities

Our coordinators ensure residents are stimulated seven days a week by planning a range of fun activities. Including ones for those who are less mobile. For example:

- themed events such as cocktail parties
- speakers on a variety of topics (decided by our residents)
- outings to places like the theatre
- visiting musicians and magicians
- seasonal garden events
- games, quizzes and crafts
- special lunches for local community groups



Residents can still do most of their existing hobbies here. And they can also suggest something they'd like to try, as a group or in their room.



## Fresh, healthy food

Residents can enjoy delicious meals and snacks in our social dining area or in the quiet comfort of their own room.

We talk to each resident when they move in about their likes, dislikes and any special dietary needs. That way we can make sure we have some favourites on the menu.

## Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

## Celebrating special occasions

We have a dining area where families can host private events for up to 12 people. We'll just need to know in advance. If you need a birthday cake or some party food, we can arrange this for an additional fee.



## Visits from family and friends

Loved ones can pop by at any time for coffee or an activity. If you'll be having a meal with us, just give us a quick call and tell us about any dietary requirements. Then we can cook up something you'll really enjoy.

**"From the greeting upon arrival, the friendliness, professionalism and empathy of all staff was superb. I cannot fault anything. The beautiful garden gave us all great solace."**

Husband of resident, June 2024  
Source: carehome.co.uk





# Visiting Pendean House

**If you've never been here, why not come for a visit?**

You can meet the team and get a feel for the atmosphere. A mile south of Midhurst, turn off the A286 into Oaklands Lane, then right into Dunford Hollow and follow the lane until you see our blue sign. The nearest train station is at Haslemere, just 50 minutes from London.

**To arrange a visit or to find out more, call us on**

**01730 888 089**

**[bupa.co.uk/pendean-house](https://bupa.co.uk/pendean-house)**

** BupaCareHomePendeanHouse**

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

## **Pendean House Care Home**

Off Oaklands Lane, West Lavington, Midhurst GU29 0ES

Inspected and rated

Good



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