



Parkside

Your local Bupa care home
in Reading.



Set in a quiet residential area

We warmly welcome anyone over 18 with a range of needs. This includes nursing and residential care, as well as rehabilitation for those with complex needs.

Reading offers excellent shopping and several museums. Nearby are the pretty Thames-side villages of Sonning and Pangbourne, and we're within easy reach of the Chiltern Hills and North Wessex Downs, both areas of outstanding natural beauty.



Our care team

At Parkside, we're all highly trained in providing 24-hour tailored care. We get to know each resident personally, so we can make sure we get the balance between support and independence just right. This provides peace of mind for families and a safe and comfortable home for residents.

“We fell in love with the place as soon as we walked in. We knew our mum would be happy and well looked after. All the staff are very friendly and very helpful.”

Daughter of resident, October 2024
Source: carehome.co.uk



What we offer

Our purpose-built home is spacious, bright and airy, with pleasant and well-tended gardens. Being on a leafy street, surrounded by private homes, means we enjoy a real neighbourhood feel, too.

Types of care

- Nursing
- Residential
- Short stay
- Convalescence
- Gold standard palliative care
- Rehabilitation
- Day care
- Huntington's

Nursing care

Nurses are on duty at all times for residents in need of nursing care, which is particularly helpful if their condition requires regular medical attention.

Rehabilitation care

Our 24-hour specialist care and support can help people living with complex needs, such as an acquired brain injury, multiple sclerosis (MS) or a physical disability, to live as independently as possible.



Variety of comfortable bedrooms

We have 75 attractive rooms over three floors, and you can expect:

- en suite WC with shower
- a garden view from many rooms
- telephone point (bills payable)

Residents are welcome to make their room their own, perhaps bringing a TV, tablet or console. Even pictures and small knick-knacks.



Services available to all

- GP visits within the home or at the practice
- Advice from a nutritionist
- Eye care from an optician
- Visits to a dentist
- Religious services
- Wi-Fi throughout the home
- Laundry and cleaning

Plus, for an additional cost, residents can benefit from:

- chiropody
- physiotherapy
- on-site hairdresser



Shared areas around the home

There are lots of places to relax here, and residents always have the choice of whether to find quiet time, seek out company, or take part in an activity.

We have five lounges as well as a lovely sunny conservatory leading into the garden. Here, residents can enjoy sitting on our pretty patio, strolling in the fresh air, or even doing a spot of gentle gardening.



Speak to us about costs

Our fees vary depending on the care needed and the bedroom chosen. We'd be happy to run through costs and answer any questions.

Call us for more information

0118 321 8726

Lines are open 8am to 6.30pm, Monday to Friday, 9am to 12.30pm Saturday. We may record or monitor our calls.

Life at Parkside

Helping residents to recover or retain their independence is especially important here. As part of this, we encourage them to make friends and to choose interesting things to do – perhaps even learning something a new skill.



Activities

Our coordinators plan enjoyable activities for residents of all ages, including those who are less mobile. For example:

- arts and crafts
- bingo and quizzes
- tea club every week
- visits from local schoolchildren
- Zumba seated dance classes
- seated yoga classes
- visiting entertainers such as musicians
- pampered days



Residents can still do most of their existing hobbies here. They can also suggest something they'd like to try, as a group or in their room.



Fresh, healthy food

Our chef prepares delicious meals and snacks for residents to enjoy in our social dining areas or in the comfort of their own room. There are plenty of favourite dishes to choose from, and regular themed events add extra fun and variety to the menu.

We also talk to residents about their likes, dislikes and any special dietary needs or plans when they first move in.

Meal times

Set meal times ensure that residents can enjoy their food without interruption. If they'd prefer to eat at a different time, that's okay, too.

Celebrating special occasions

We have a couple of dining areas where families can host private events such as birthday parties. We'll just need to know in advance. Plus, we can arrange catering for an additional fee.



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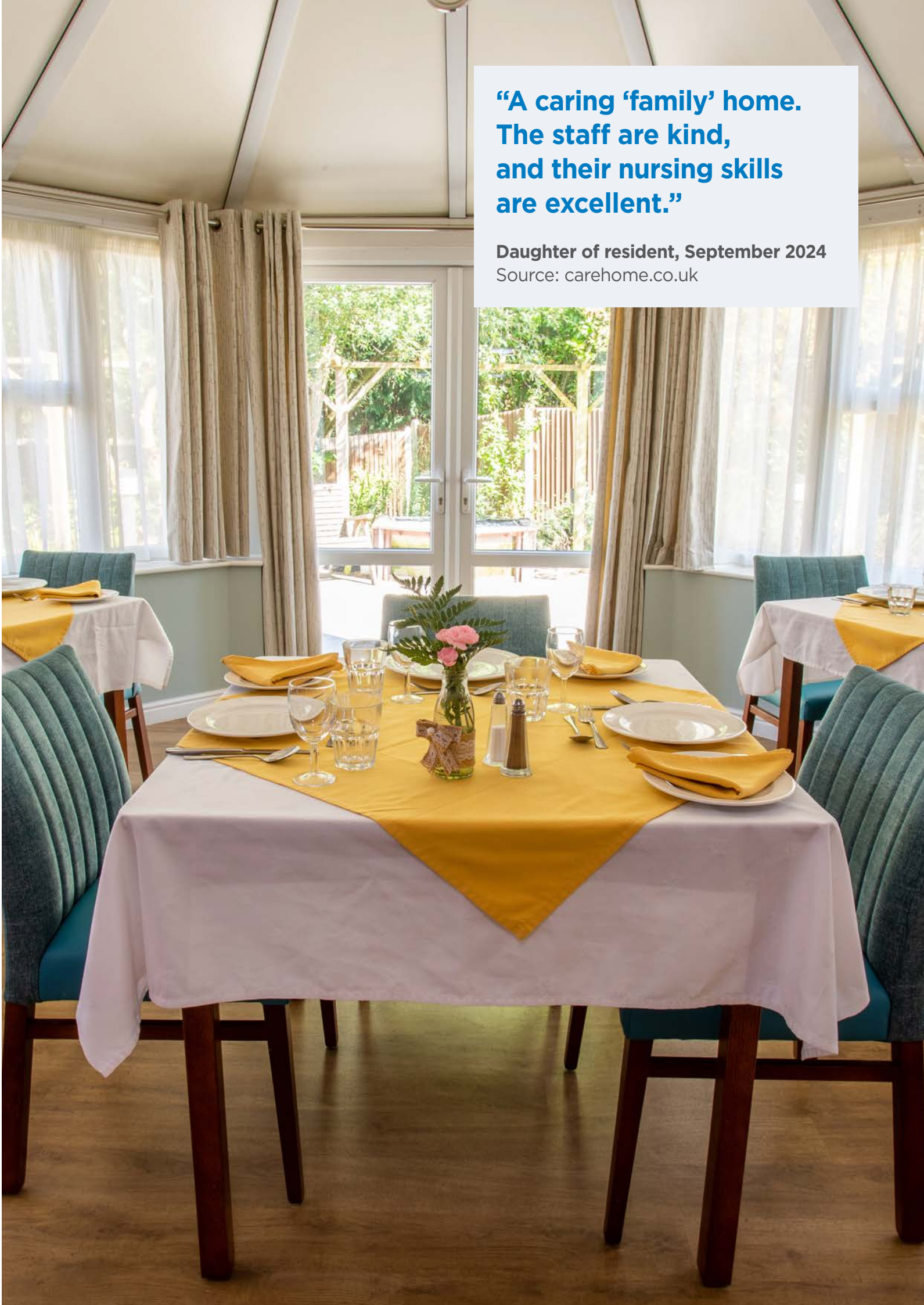
Visits from family and friends

Family and friends can pop by at any time for coffee or an activity. If you'll be having a meal with us, just give us a quick call and tell us about any dietary requirements. Then we can cook up something you'll really enjoy.



“A caring ‘family’ home. The staff are kind, and their nursing skills are excellent.”

Daughter of resident, September 2024
Source: carehome.co.uk



Visiting Parkside

If you've never been here, why not come for a visit?

You can meet the team and get a feel for the atmosphere. We're about three miles from Junctions 11 and 12 of the M4, and we have plenty of on-site parking. Reading station is served by direct trains from many places including London, Bristol, Taunton and Swansea.

To arrange a visit or to find out more, call us on

0118 321 8726

bupa.co.uk/parkside

 BupaCareHomeParkside

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Parkside Care Home

Parkside Road, Reading RG30 2DP

Inspected and rated

Good



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