| Monday | Soup of the Day | - Lamb tagine and rice <br> - Pollock Provençale <br> - Mash potato <br> - Broccoli and Sweetcorn | - Gooseberry fool <br> - Fruit salad |
| :---: | :---: | :---: | :---: |
| Tuesday | Soup of the Day | - Lemon Chicken <br> - Mediterranean vegetable lasagne <br> - New potatoes <br> - Cauliflower and Carrots | - Apple and summer berry crumble and custard <br> - Fruit salad |
| Wednesday | Soup of the Day | - Beef ragout <br> - Aubergine, potato, and cheese gratin <br> - Mash potato <br> - Cabbage and vegetable panache | - Peach clafoutis <br> - Fruit salad |
| Thursday | Soup of the Day | - Turkey tikka masala and rice <br> - Salmon fillet, herb cream sauce <br> - Dauphinoise potato <br> - Green beans and cauliflower | - Chocolate brownie <br> - Fruit salad |
| Friday | Soup of the Day | - Battered fish with tartare sauce <br> - Pork and leek sausages <br> - Chips \& Peas | - Bread and butter pudding and custard <br> - Fruit salad |
| Saturday | Soup of the Day | - Chicken parmigiana <br> - Vegetable cottage pie <br> - Boiled potatoes <br> - Courgettes and carrots | - Traditional fruit trifle <br> - Fruit salad |
| Sunday | Soup of the Day | - Roast beef with all the trimmings <br> - Fillet of Seabass, lemon butter sauce <br> - Roast potatoes <br> - Swede puree and broccoli | - Pineapple sponge and custard <br> - Fruit salad |


| Soup of the Day | - Selection of sandwiches <br> - Jacket potato with choice of fillings | - Dessert of the day <br> - Cheese and biscuits |
| :---: | :---: | :---: |
| Soup of the Day | - Selection of sandwiches <br> - Sausage rolls and baked beans | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Cheese Ploughman's | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - $40 z$ beef burger with fries | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Pasta carbonara | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Cheese and tomato quiche with buttered new potatoes | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Courgette and red onion frittata with salad | - Dessert of the day <br> - Cheese and biscuits |


| Monday | Soup of the Day | - Braised pork with cider and vegetables <br> - Stuffed peppers <br> - Mash potato <br> - Green beans and crushed carrots | - Rice pudding with summer berry compote <br> - Fruit salad |
| :---: | :---: | :---: | :---: |
| Tuesday | Soup of the Day | - Steak and ale pie <br> - Haddock fillet, dill infused sauce <br> - Parmentier potatoes <br> - Cauliflower and peas | - Chocolate brûlée <br> - Fruit salad |
| Wednesday | Soup of the Day | - Moroccan chicken and rice <br> - Vegetable moussaka <br> - New potatoes <br> - Broccoli and sweetcorn | - Sticky toffee pudding and sauce <br> - Fruit salad |
| Thursday | Soup of the Day | - Lamb with sherry, honey and peppers <br> - Salmon fillet, tomato sauce <br> - Mash potato <br> - Courgettes and carrots | - Cheesecake <br> - Fruit salad |
| Friday | Soup of the Day | - Battered fish with tartare sauce <br> - Vegetarian Bolognese and pasta <br> - Chips <br> - Peas | - Plum and blackberry crumble and custard <br> - Fruit salad |
| Saturday | Soup of the Day | - Beef stroganoff <br> - Vegetarian sausages and gravy <br> - Mash potato <br> - Panache of vegetables | - Raspberry custard tart <br> - Fruit salad |
| Sunday | Soup of the Day | - Roast chicken with all the trimmings <br> - Fillet of cod with a bean cassoulet <br> - Roast potatoes <br> - Red cabbage and parsnips | - Orange marmalade bread and butter pudding and custard <br> - Fruit salad |


| Soup of the Day | - Selection of sandwiches <br> - Chicken goujons and wedges | - Dessert of the day <br> - Cheese and biscuits |
| :---: | :---: | :---: |
| Soup of the Day | - Selection of sandwiches <br> - Jacket potatoes with choice of fillings | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Tuna and cheese pasta bake | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Broccoli and stilton tart | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Choice of pizza | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Chicken salad with a honey and mustard dressing | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Wholetail breaded scampi and chips | - Dessert of the day <br> - Cheese and biscuits |


| Monday | Soup of the Day | - Mustard pork fillet <br> - Fillet of Seabass, white wine sauce <br> - Potato gratin <br> - Broccoli and carrots | - Chocolate chip sponge and sauce <br> - Fruit salad |
| :---: | :---: | :---: | :---: |
| Tuesday | Soup of the Day | - Chicken supreme, red wine gravy <br> - Vegetable stroganoff and rice <br> - Mash potato <br> - Cauli flower and green beans | - Vanilla panna cotta <br> - Fruit salad |
| Wednesday | Soup of the Day | - Lamb moussaka <br> - Pollock fillet with a bercy sauce <br> - New potatoes <br> - Cabbage and sweetcorn | - Cheesecake <br> - Fruit salad |
| Thursday | Soup of the Day | - Turkey a la king <br> - Vegetable risotto <br> - Lyonnaise potatoes <br> - Courgettes and crushed carrots | - Peach crumble and custard <br> - Fruit salad |
| Friday | Soup of the Day | - Battered fish and tartare sauce <br> - Smoky sausage casserole <br> - Chips <br> - Peas | - Lemon sponge and crème anglaise <br> - Fruit salad |
| Saturday | Soup of the Day | - Cottage pie <br> - Vegetable pasta bake <br> - Broccoli and red cabbage | - Chocolate mousse <br> - Fruit salad |
| Sunday | Soup of the Day | - Roast turkey with all the trimmings <br> - Fillet of salmon, sauce vierge <br> - Roast potatoes <br> - Cauliflower and peas | - Spotted dick and custard <br> - Fruit salad |


| Soup of the Day | - Selection of sandwiches <br> - Mac and cheese | - Dessert of the day <br> - Cheese and biscuits |
| :---: | :---: | :---: |
| Soup of the Day | - Selection of sandwiches <br> - Fish goujons with fries | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Marinated chicken thighs with salad | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Lamb burger with potato wedges | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Prawn marie rose salad | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Ham, egg and chips | - Dessert of the day <br> - Cheese and biscuits |
| Soup of the Day | - Selection of sandwiches <br> - Pork pies and scotch eggs with side salad | - Dessert of the day <br> - Cheese and biscuits |


| Monday | Soup of the Day | - Calves liver with a streaky bacon sauce <br> - Fillet of haddock, leek cream sauce <br> - Parmentier potatoes <br> - Green beans <br> - Carrots | - Creamed rice pudding with jam <br> - Fresh fruit | Soup of the Day | - Selection of sandwiches <br> - Chicken bites, potato wedges and peas | - Dessert of the day <br> - Cheese and biscuits |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tuesday | Soup of the Day | - Chicken supreme, red wine sauce <br> - Mushroom and red onion ragout <br> - Mash potato <br> - Panache of vegetables | - Strawberry syllabub <br> - Fresh fruit | Soup of the Day | - Selection of sandwiches <br> - Cheese and onion slice with salad | - Dessert of the day <br> - Cheese and biscuits |
| Wednesday | Soup of the Day | - Honey baked gammon, orange infused jus <br> - Baked cod fillet, cheddar cheese sauce <br> - Roast potatoes <br> - Cauliflower <br> - Courgettes | - Pear and sultana crumble and custard | Soup of the Day | - Selection of sandwiches <br> - Chipolata sausages with fries | - Dessert of the day <br> - Cheese and biscuits |
| Thursday | Soup of the Day | - Slow braised beef steak <br> - Vegetable tartlet <br> - Sautee potatoes <br> - Broccoli <br> - Sweetcorn | - Citrus posset <br> - Fruit salad | Soup of the Day | - Selection of sandwiches <br> - Jacket potato with a choice of filling | - Dessert of the day <br> - Cheese and biscuits |
| Friday | Soup of the Day | - Chicken curry and rice <br> - Golden fried breaded plaice fillet <br> - Chips <br> - Mushy Peas | - Warm apple pie and cream <br> - Fruit salad | Soup of the Day | - Selection of sandwiches <br> - Beef salad with freshly baked bread roll | - Dessert of the day <br> - Cheese and biscuits |
| Saturday | Soup of the Day | - Seafood penne pasta <br> - Shepherd's pie <br> - Mash potato <br> - Peas <br> - Carrots | - Strawberry Eton mess <br> - Fruit salad | Soup of the Day | - Selection of sandwiches <br> - Cornish pasty with baked beans | - Dessert of the day <br> - Cheese and biscuits |
| Sunday | Soup of the Day | - Roast loin of pork with all trimmings <br> - Nut roast with a tomato coulis <br> - Cabbage <br> - Parsnips <br> - Roast Potatoes | - Golden syrup sponge and custard <br> - Fruit salad | Soup of the Day | - Selection of sandwiches <br> - Salmon fishcakes with citrus mayonnaise | - Dessert of the day <br> - Cheese and biscuits |

