



CARE YOU CAN **TRUST**,
IN THE HOME THAT YOU **LOVE** 



Your safety and well-being is vitally important to us. With this in mind this document has been treated with an anti-bacterial coating, eliminating **99%** of germs.

## **CONTENTS**

- 5 LIVE-IN CARE YOU CAN TRUST
- AT A GLANCE COMPARING CARE OPTIONS
- 10 BENEFITS OF LIVE-IN CARE
- 11 OUR LIVE-IN CARE SERVICE
- 11 WHEN CAN LIVE-IN CARE BE USED?
- 13 WHY CHOOSE OXFORD AUNTS?
- 15 WHAT OUR HIGH-QUALITY LIVE-IN CARE SERVICE INCLUDES
- 15 COSTS OF LIVE-IN CARE
- 16 GET IN TOUCH WITH US



## LIVE-IN CARE YOU CAN TRUST

Oxford Aunts has been providing care services throughout Oxford for over 50 years. Located in the heart of Oxfordshire, our reputation is built on high standards of live-in care, local expertise and an approach to care delivery that is trusted throughout our community and beyond.

#### THE HOME YOU LOVE IS BEST FOR PERSONALISED ONE-TO-ONE CARE

Many families believe the only choice they have when a loved one needs care is that they must leave their beloved home and move into a care home. This is simply not true. Live-in care is becoming better understood and popular as a real alternative to moving into a residential care or nursing home. We are proud to have cared for thousands of people enabling them to stay safely and happily in the comfort of their own home with live-in care that is focused on improving health, well-being and quality of life. With a live-in care service provided by Oxford Aunts you can be reassured that we are a trusted and reputable provider - a service that has benefited many families, for many years.

#### **EXPERIENCED CARERS** WHO TRULY GET TO KNOW YOU

We are very proud of our dedicated carers, most of whom have worked for Oxford Aunts for many years. All our carers have previous care experience before they join us, and we provide them with comprehensive training before they come and care for you. Our carers will live with you to provide care and support for a longer period than might be offered by other live-in care providers. We know that this gives an opportunity for a strong relationship to be formed and a deeper understanding of our clients' needs, both of which offer consistency and continuity of care.

#### **EXCEPTIONAL SPECIALIST CARE OF COMPLEX CONDITIONS**

Whilst our reputation is built on high-quality companionship care, we are experts in providing specialist care of complex conditions that affect older people including dementia, Parkinson's, respiratory disease and Multiple Sclerosis (MS). For those who are recovering from a stroke or for those who need cancer care or palliative care, we adopt a multi-disciplinary approach with input from health and care experts. All our carers will receive high levels of training in care of conditions before they are asked to look after someone, so you can be assured that care is highly personalised to your specific needs.



## AT A GLANCE

### Comparing care options

the Coronavirus pandemic

Peace of mind for

you and your family

Comparable costs to a

quality care or nursing home - very cost

effective for couples

Estate remains

with the family

If you are considering care for the first time, it is prudent to research the options available, so you choose a solution that best meets your needs. Here we explain the benefits and limitations of the options available to you.

BENEFITS		
LIVE-IN CARE	VISITING CARE	CARE HOMES
One-to-one care, tailored to you	One-to-one care	A safe and secure environment
Stay in the comfort and familiarity of your own home	Flexible number and frequency of visits	No home maintenance required
Live life your way with choice and independence	Cost effective where care needs are low	Meals are planned and cooked for you
Complex needs can be supported	The ability to stay at home with support and not move into a care home	Arranged activities and social events
Improved health outcomes - fewer falls, lower rates of infection and hospital admissions	Familiar faces most of the time	Can still be part of local community if moving locally
Safest type of care during		

97% OF PEOPLE
GIVEN THE CHOICE
WOULD PREFER TO
RECEIVE CARE IN
THEIR OWN HOME

Live-in care Hub, 2017



LIMITATIONS		
LIVE-IN CARE	VISITING CARE	CARE HOMES
Adjusting to a carer being in your home	Short visits do not always enable deep- rooted relationships	Stress and upheaval of leaving a much-loved home
A spare room is needed	You will not always be able to have the same carers	Leaving a loved community
Home modifications may be required	No care and support during the night	Loss of family pets
Home maintenance still required	Visiting carers increase chances of Coronavirus transmission	Moving all your possessions into one room
	Short visits do not allow for quality care of complex conditions	Family home sold to pay care home fees leaving nothing for the family
		Care team ratios - one carer

Care team ratios - one carer will be looking after 4/6 residents with different needs

Imposed routines - life is driven by fixed daily patterns (waking, eating, socialising)

Higher rates of hospital admissions and infections, including Coronavirus

Not getting on with other residents



## **BENEFITS OF LIVE-IN CARE**

#### CARE FOCUSED ON YOU, AS AND WHEN YOU NEED IT

One-to-one care just cannot be provided in any care home setting. A live-in carer will be flexible to your needs and wishes, promoting independence, dignity and choice - care as and when you need.

#### **CHOICE** OVER HOW YOU LIVE LIFE

With live-in care you will have a highly personalised plan of care that is designed to meet not just your care needs but will consider your lifestyle preferences and choices.

#### **COMPLEX CARE** IS BETTER DELIVERED AT HOME

Specialist care of conditions provided by highly trained carers delivered in the comfort and familiar surroundings of your own home, with established routines is paramount in helping those living with conditions, like dementia.

#### NO UPHEAVAL AND UPSET OF LEAVING HOME

With live-in care there is no need to move out of your beloved home, which naturally will cause worry and disruption. The family home will also not need to be sold to fund care home fees.

#### **STAY TOGETHER** AS A COUPLE

With live-in care couples can stay together whilst receiving the care they need as individuals, but also as a couple - and all in the comfort of their own home.

#### **REDUCED INFECTION RATES**

With one-to-one care provided by an observant and expert care, you are less likely to have a fall, get an infection or be admitted to hospital than if you were in a care home.

#### YOUR PET STAYS WITH YOU

If you have a much-loved pet, it is unlikely you will be able to take them into a care home. A livein carer will help support with pet care and if you have a dog will even take them for a walk.

#### **STAY CONNECTED** TO YOUR COMMUNITY

Continuing to be part of the local community you have loved - friends you socialise with, shops you love, hobbies you have and local groups you attend, are all part of how you wish to live your life and provide reassurance and familiarity.

#### **REASSURANCE** FOR ALL THE FAMILY

The benefits of live-in care can have a profound effect on your health, well-being and quality of life which also provides reassurance to family members who want to know you are receiving the very best care, whilst getting the most out of your life.



# OUR LIVE-IN CARE SERVICE

An Oxford Aunts' experienced and dedicated carer will provide a range of live-in care services in the comfort of your home including:

- Compassionate companionship
- Medications management from trained carers
- Sensitive personal care
- Enabling safe movement in and around your home
- Food planned and cooked as you wish
- Connection with your local community and maintaining activities
- Facilitating socialisation both in and out of the home
- Domestic and household services
- Pet care

### WHEN CAN LIVE-IN CARE BE USED?

- When 24-hour live-in care is needed to live safely at home with an improved quality of life
- As a respite service following hospital discharge to convalesce or for those needing positive rehabilitation or to recover from illness. Respite care can also be used to give a family carer a break, or to try live-in care for the first time to see if it works for you and your family
- For specialist care of complex conditions like dementia, Parkinson's or Multiple Sclerosis or for those recovering from stroke.
- If you need palliative / end-of-life care negating the need to move into a residential setting or a hospice
- Care for couples, so they can stay together as a loving couple with the personalised support they need

"We have used Oxford Aunts for three years to provide care for our increasingly frail mother. Having to manage her care from a distance we needed absolute reliability and trustworthiness. It was also important to have continuous communication about her health and above all skilled, caring and compassionate carers. We found all of this with Oxford Aunts."

MM (Client's Daughter)



# WHY CHOOSE **OXFORD AUNTS?**









#### **ESTABLISHED** LIVE-IN CARE PROVIDER

We have been providing care services throughout Oxford and its surrounding counties for over 50 years. Located in the heart of Oxford, our reputation is built on high standards of care, local expertise and approach to care delivery that is trusted by families throughout our community and beyond. We are proud to have cared for thousands of people since 1967 enabling them to stay safely and happily in the comfort of their own home, whilst providing much-needed peace of mind for their families.

#### **EXPERTS** IN THE CARE OF CONDITIONS

We are experts in caring for people living with a range of complex conditions, as well as providing companionship care. These conditions include dementia, Parkinson's and Multiple Sclerosis (MS) or for those recovering from a stroke or needing cancer care, respiratory care or palliative / end of life care. Our approach to matching our carers with our clients means the carer we place with you will have been trained in the specific condition you are living with and will enable you to live a better quality of life, with independence and choice. We work closely with local healthcare professionals to support and facilitate a multidisciplinary approach to care, so you have the specific care you need as and when you need it.

#### **EXPERIENCED** DEDICATED CARERS

All our carers have previous experience of care as we know this means they have the aptitude to deliver the high-quality, live-in care service our clients should expect. We are proud that a number of our dedicated care team have been working for us many years with over half our existing carers returning year on year. This enables us to really understand their expertise, skills and personalities which delivers a more effective matching process and evidences their commitment to caring for our clients. Once a carer comes to live with you depending on your requirements, they will typically stay with you for several weeks or more, which means they truly understand your overall needs and how you wish to live your life, whilst offering deep-rooted companionship and continuity of care.

#### **EXCEPTIONAL** SERVICE & QUALITY CARE

Oxford Aunts is a regulated service, which means the quality of its care is regulated by The Care Quality Commission (CQC), the regulator for health and social care in England, something introduction home care agencies are not. We are delighted that our service has been rated by CQC as a 'Good' service in all five measures - safe, caring, effective, responsive and well-led. We know this provides families with peace of mind that their loved one is receiving the best possible care. Our senior management team have extensive experience of delivering quality and compliance across the care sector, which means they continually monitor quality and drive service improvements in all we do.

Our service is fully managed, which means you will have exceptional support from local managers and assessors near you who understand the local area and how to access other services you may require to provide the care you need. Our 24/7 out of hours support means we are on hand to support you, your family and our carers in an emergency. With an introduction agency, who simply introduces you to a carer for you to manage, this level of support is left for the family, which can be a real burden both practically and emotionally.

# OUR **HIGH QUALTY** LIVE-IN CARE SERVICE INCLUDES

- A comprehensive assessment of your needs our assessment will address not just your care needs but how you wish to live your life
- Careful matching of an experienced and dedicated carer who will meet all your needs
- A highly tailored care plan created using a multidisciplinary approach in consultation with other healthcare professionals and community organisations involved in your care, as well as where appropriate your family members or loved ones.
- Unrivalled support from a team of two care management experts local to you
- Domestic and household tasks
- Cooking, meal planning, shopping and preparation
- 24 hours a day out-of-hours emergency support should you need it

## **COSTS OF LIVE-IN CARE**

At Oxford Aunts we know how important the cost of care is when making decisions about long-term care. We are here to help you better understand how you can evaluate the costs of care.

If you are receiving visiting care from a domiciliary care agency, depending on the number of hours you need, live-in care could be considerably cheaper overall. As needs increase the hours you need will also increase and when overnight care is needed too, live-in care can be very cost effective.

Live-in care also has the added benefit of continuity of care from the same dedicated carer who really gets to know you. If you need specialist care of a complex condition a domiciliary care agency may charge additional costs for this level of support in addition to the visiting carer fee.

Live-in care costs are comparable to a quality care or nursing home. If you are couple, there really are far reaching cost benefits of choosing a live-in care service. A move into a care home would mean you would have to pay for two packages of care and they will make a charge for each bedroom. If a carer provides a live-in care service at one address, there is only one weekly fee with a nominal charge to provide care to a couple.





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