



LIDDER CARE

NEWGATE LODGE

CARE HOME

Residential, Dementia and Respite Care



Message from the Manager

As the manager of Newgate Lodge Care Home, I take immense pride in our commitment to being in an environment where residents feel not just cared for, but truly cherished. Being part of the family at Newgate defines our company ethos. From the directors to our compassionate catering, housekeeping, maintenance and management team, each member shares a common dedication to upholding our core values.

With over 20 years of experience within the care sector and a solid foundation in health and social care training, I bring passion, determination and a wealth of knowledge to my role. Helping to always maintain the highest standards of care, it is a privilege to work alongside our talented management and care team.

I am proud of the reputation of our care home and our team which is unrivalled in our region. Our interactions are warm, empathetic and person-centred and endeavour to infuse joy and companionship into the lives of our residents, ensuring each day is meaningful and fulfilling.

At Newgate Lodge Care Home, we believe in the power of unity and collaboration, as we strive to create an inclusive, nurturing environment where residents not only receive exceptional care but also thrive as valued members of our community. Visit Newgate Lodge Care Home today to experience our vibrant, welcoming home.



Laura Quince
Home Manager

Excellent care home, highly recommended, the staff and facilities are lovely also caring to interact with staff and all residents. I called on the resident to see for myself the facilities in place and was impressed by the genuine empathy and care from all the staff to a very high standard.

S K - Son of Resident

About Us

Established in 1994, Lidder Care is a leading, family run care provider in Nottinghamshire and made up of two CQC registered Care Homes, Newgate Lodge Care Home and Lowmoor Nursing Home. We take great pride in delivering high quality care for the elderly both in our homes and within the community through offering care at home.

Located in the market town of Mansfield, Newgate Lodge is a 60 bed home, located a short distance away from the picturesque settings of Sherwood Forest and Newstead Abbey. We are extremely proud of our beautifully designed home and the outstanding care that we provide at Newgate Lodge, distinguished by its specialist provision of residential, dementia and respite care.

Our highly trained team ensure our care is exemplary, selecting staff based on their qualifications, professionalism, personality and compassion. We have created a fun and safe environment to allow our residents to socialise with a focus on activities. Our Lifestyle team provide a great range of stimulating, person-centred activities as well as regular outings.

Visit us today to see why so many people choose to live in a Lidder Care Home.





Tailored For You

What truly sets Newgate Lodge Care Home apart is our unmatched dedication and approach to person-centred care.

We take pride in understanding each resident as a unique individual, delving into their care needs and also their personal preferences.

Embracing individuality, we empower residents to make their own lifestyle choices, from activities, dining and dietary choices to bedroom decoration.

Our highly skilled team conducts thorough assessments to craft personalised care plans, tailored to you or your loved one's specific needs.

We actively engage residents and their families in decision making processes, ensuring their voices guide every aspect of their care journey.

Recognising the challenges of transitioning into a care home, we provide unwavering support to reintroduce a sense of normality into their lives. Our team are here for you every step of the way, our doors are always open.

If you would like to find out more about transitioning to Newgate Lodge or how to support your loved one, please visit our blog page at www.liddercare.com where we have extensive information about funding, what to expect when moving into a care home and other care topics to help guide you.



Our Care and Support

We provide both long-term and short-term care for those who are still independent in spirit yet may find it increasingly challenging to manage daily life at home. We offer personal care for residents according to their needs; such as help with washing, dressing, toileting and administering medication. Our catering team prepare individual meals based on our residents' preferences with our housekeeping team taking great pride in offering professional laundry services and regular cleaning throughout the day. Residential care offers a sense of community and companionship, combating loneliness in later stages of life.

We focus on addressing the unique needs and challenges faced by individuals with dementia, whether that is Alzheimer's, Lewy Body, Vascular, Frontotemporal or other rarer forms, with a view to enhancing the individual's health and well-being. Our highly professional team is trained to help understand how living with dementia feels so we can support our residents to feel relaxed and happy.

We offer respite care to support during those times that you may need to take a break. Whether you require a period of rest and recovery after surgery, a well-deserved holiday, a short break for your caregiver, or assistance during sickness, we are here to provide the support you need.



A wonderful, relaxed and caring environment for my 94-year-old mother. Entered the home five years ago with an expectancy of about six months at the max, and the care she has received speaks for itself.

Ian H - Son of resident

Activities

At Newgate Lodge, we focus on an active approach to leisure and wellness. Our committed activities and lifestyle team possess the necessary qualifications and expertise in promoting active aging. We have a monthly activities schedule for residents as well as community sessions. Family and friends are always welcome.

EXAMPLE ACTIVITIES SCHEDULE:

MONDAY

AM - Crosswords
PM - Gardening

TUESDAY

AM - Self Care
PM - Music Therapy

WEDNESDAY

AM - Baking
PM - Bingo

THURSDAY

AM - Quizzes
PM - Flower Arranging

FRIDAY

AM - Balloon Games
PM - Choir Practice

SATURDAY

AM - Card Games
PM - Movie Night

SUNDAY

AM - Songs of Praise
PM - Board Games





Huge thanks and praise has to be made to the two incredible women who ensure every day that the residents are entertained and engaged in meaningful activities. I've been staggered by just how much they do! Very impressive - their effort and time spent doing this is noticed by us all and I'm very grateful.

Vickie D - Daughter of Resident



We understand that everyone is unique and has different hobbies and interests. Using our 'This is me' booklet, we take a holistic, individualised approach to the activities we offer. This allows our lifestyle team to gain a deeper understanding of each resident and their preferences.

We offer residents private ensuite bedrooms and generous communal spaces, including a hair and nail salon, activities area, wellness lounge and dining rooms. Our residents can enjoy our beautiful sensory garden and secure courtyard, perfect for gardening, gentle exercise, reading outside or simply taking afternoon tea. We also host regular visits from a hairdresser and chiroprapist.



Living Well



Melodies of Nostalgia

Our intergenerational music sessions unite residents with local nursery children, fostering joy, nostalgia and emotional well-being through shared musical moments that transcend age differences.



Community

We foster community engagement by organising outings for residents to enjoy local attractions, nature and social activities like visits to garden centres, coffee shops and pubs.



Memory and Mind

We engage residents with a variety of activities that stimulate memory, problem-solving and logical thinking, developing meaningful interactions and exploring their creative pursuits and achievements.



Creative

We ensure our residents continue using their creativity, with a diverse range of creative activities like painting, singing, dancing and balloon games, all encouraging joy and building meaningful connections.



Active

We prioritise an active lifestyle for residents through activities like music movement, balloon games, walking and armchair exercises to enhance their mental and physical well-being, independence and social connections..

My dad moved into Newgate Lodge due to his dementia. He has recieved excellent care and nothing is too much trouble. Dad engages in the entertainment and loves to show off his dancing skills. It is a very clean and modern care home and Dad has settled well.

Louise B - Daughter of Resident





Our Meals

Meal times serve as a social occasion for many of our residents. With a diverse range of menu options, each day the residents have the freedom to choose from the menu what they would like which is then freshly made in our kitchen.

Our trained head chef and catering team are dedicated to providing locally sourced, fresh and seasonal food that caters to the specific dietary requirements of each resident.

Hydration is a key part of a healthy lifestyle, so we ensure there is a wide selection of drinks offered to the residents. We offer a curated selection of comforting night-time hot drinks such as herbal teas, rich hot chocolate and comforting Horlicks.

Malnutrition is common as people grow older, this can be due to smaller appetites, physical challenges, medical conditions or even dementia. The delicious meal plans we offer allow for balanced, nutritious and balanced diets ensuring our residents are full, strong and happy.

We firmly believe that we have achieved the perfect solution for a fulfilling life at Lidder Care. Our residents enjoy the benefits of a picturesque environment, compassionate and skilled care, tasty and nutritious cuisine, and the freedom to continue making lifestyle choices that suit their preferences.

As a family, we cannot thank the Newgate Lodge staff enough for all the care that Dad recieved in the 6 months he spent with them. The kindness and compassion shown by everyone was such a comfort to us. The food, atmosphere and accomodation couldn't be faulted.

Jill S - Daughter of Resident

Sample Menu

MONDAY

BREAKFAST

Selection of Cereals,
Porridge, Toast & Preserves,

All Served with Tea, Coffee
and Fresh Fruit and Juices

TUESDAY

BREAKFAST

Selection of Cereals,
Porridge, Toast & Preserves,

All Served with Tea, Coffee
and Fresh Fruit and Juices

WEDNESDAY

BREAKFAST

Selection of Cereals,
Porridge, Toast & Preserves,

All Served with Tea, Coffee
and Fresh Fruit and Juices

LUNCH

Oven Baked Sausages in Onion Gravy
served with Creamy Mash Potatoes and
Seasonal Vegetables

Or

Cheese Ploughman's served with
Salad and New Potatoes

Followed by

Semolina or Fruit and Cream

LUNCH

Full English Brunch - Back Bacon,
Lincolnshire Sausages, Fried or Poached
Egg, Fresh Mushrooms, Potato Waffles
Baked Beans or Fresh Tomatoes

Or

Oven baked Jacket Potato with Cheese,
Homemade Coleslaw and Fresh Side Salad

Followed by

Peach Crumble Served with
Custard or Cream

LUNCH

Homemade Chicken Pie served with
Chunky Homemade Chips or Creamy
Mash Potatoes, all served with Seasonal
Vegetables and Chicken Gravy

Or

Broccoli Bake served with New Potatoes,
Seasonal Vegetables & Cheese Sauce

Followed by

Jam Sponge served with Custard

EVENING MEAL

Variety of Sandwiches or Soup Served
with warm bread roll

Followed by

Assorted Yoghurts & Jellies,
Crackers & Cheeses

EVENING MEAL

Variety of Sandwiches or Soup Served
with warm bread roll

Followed by

Assorted Yoghurts & Jellies,
Crackers & Cheeses

EVENING MEAL

Variety of Sandwiches or Soup Served
with warm bread roll

Followed by

Assorted Yoghurts & Jellies,
Crackers & Cheeses

Early morning, mid morning and afternoon
there will be tea/coffee/soft drinks and snacks!

THURSDAY

BREAKFAST

Selection of Cereals,
Porridge, Toast & Preserves,

All Served with Tea, Coffee
and Fresh Fruit and Juices

LUNCH

Slow Cooked Braising Steak Served with
Creamy Mash Potatoes and Seasonal
Vegetables

Or

Vegetable Grill Served with New Potatoes
& Seasonal Vegetables

Followed by

Assorted Yoghurts & Jellies,
Crackers & Cheese

EVENING MEAL

Variety of Sandwiches or Soup Served
with warm bread roll

Followed by

Assorted Yoghurts & Jellies,
Crackers & Cheeses

FRIDAY

BREAKFAST

Selection of Cereals,
Porridge, Toast & Preserves,

All Served with Tea, Coffee
and Fresh Fruit and Juices

LUNCH

Battered Cod Served with Mushy Peas,
Home Cooked Chips or New Potatoes

Or

Oven baked Jacket Potato with Cheese,
Homemade Coleslaw and Fresh Side Salad

Followed by

Apple Crumble Served with
Custard or Cream

EVENING MEAL

Variety of Sandwiches or Soup Served
with warm bread roll

Followed by

Assorted Yoghurts & Jellies,
Crackers & Cheeses

WEEKEND

BREAKFAST

Selection of Cereals,
Porridge, Toast & Preserves,

All Served with Tea, Coffee
and Fresh Fruit and Juices

LUNCH

Slow Roasted Beef Served with Creamy
Mash Potatoes, Crispy Roast Potatoes,
Seasonal Vegetables, Yorkshire
Pudding and Gravy

Or

Ploughman's Platter Served with Salad
and New Potatoes

Followed by

Fresh Cream and Fruit Trifle or
Fruit Served with Cream

EVENING MEAL

Variety of Sandwiches or Soup Served
with warm bread roll

Followed by

Assorted Yoghurts & Jellies,
Crackers & Cheeses

Amenities & Services



Our home offers 60 elegant and spacious bedrooms.



A five-star catering team that prepares and serves fresh, locally sourced meals.



Experience the utmost privacy in our dedicated dining facility for families.



A friendly, experienced team here to look after you or your loved one.



A new purpose built sensory garden offering additional external spaces.



Our courtyard features a fountain, new planting and a summerhouse.



Newly refurbished dining rooms and homely lounges with comfortable seating.

What is included at Newgate?

All of the amenities and services noted here are included in your care package. Food, personal care, cleaning, laundry, activities and pampering in the salon!





Bedrooms with nurse call systems, private aerial and internet access.



Our Lifestyle team offer a range of engaging experiences for residents.



We have external entertainment visit our residents on a regular basis.



Relax, unwind and pamper yourself in Newgate Lodge's hairdressing salon.



Our laundry team take care of washing, drying and putting away of clothes.



Loved ones are always welcomed, with birthday events held upon request.



Lidder Care maintenance team to help create your perfect bedroom.





Exceptional Care

Newgate Lodge is a Band 5 rated home, renowned for its exceptional quality of care. We aim to exceed expectation by crafting an active lifestyle, nutritious and delicious meals and tracking hydration levels. We are proactive in coordinating with healthcare professionals and industry experts to enhance the quality of life of our residents.

The home was designed and built by Dr Lidder, a retired NHS consultant psychiatrist who specialised in mental health services for the elderly at King's Mill Hospital. The Lidder Care team are compassionate, genuine and skilled individuals, who are provided with rigorous training according to the CQC standards.



We work closely with the Alzheimer's Society to educate and inform our care team. Through the use of advanced technology, such as nurse call systems and sensor beams, we ensure that our residents receive prompt help. These systems are used to enhance the well-being and safety of our residents. We are proud to partner with Ally, an acoustic monitoring system shown to aid significantly in the prevention of resident falls.

We work with Nourish, a leading digital care planning provider. This ensures our care is documented in real time which provides a more accurate reflection of care. It also allows staff to understand individual needs quickly, share information safely and securely and improves efficiency allowing for quality time to be spent with the residents. We have also implemented Radar which is a digital audit and compliance software to ensure all aspects of your loved ones care is up to date, safe and of exceptional quality.

Good





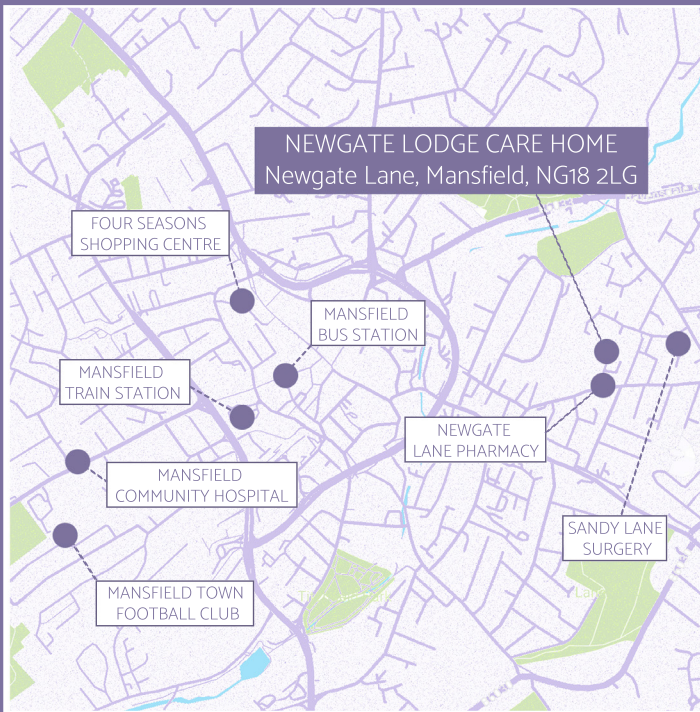
LIDDER CARE

CARING FOR OUR COMMUNITY

 01623 622 322

 reception@newgatelodge.com

 **Newgate Lodge Care Home**
Newgate Lane, Mansfield
Nottinghamshire, NG18 2LG



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 @newgatelodgecarehome

www.liddercare.com/newgate-lodge-care-home