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| **Week 1** | Lunch | Dinner |
| **Monday** | Minced beef hotpot  Chicken escalopes  Creamed/boiled potatoes & green beans & carrots  Dessert: rice pudding &jam | Vegetable soup & Selection of sandwiches  Quiche & homemade chips & garnish |
| **Tuesday** | Chicken curry & rice  Savoury mince casserole  Creamed potatoes & mixed vegetables  Dessert: jam & coconut sponge with custard | Broccoli soup & selection of sandwiches  Chicken & bacon pasta bake |
| **Wednesday** | Braised pork sausage with onions  Classic beef meatloaf  Creamed or boiled potatoes with turnip & mixed veg.  Dessert: mixed berry cheesecake | Tomato soup & selection of sandwiches  Fish fingers or scampi with chips & beans |
| **Thursday** | Chicken wrapped in bacon  Steak pieces  Creamed or boiled potatoes with braised leeks & sweetcorn  Dessert: Mixed Berry Cheesecake | Red Lentil Soup & selection of sandwiches  Ham & Cheese Toastie with coleslaw & garnish |
| **Friday** | Breaded Fish & Chips with Mushy Peas  Cottage Pie with Carrots & Peas  Dessert: Apple Cake & Custard | Mushroom Soup & Selection of Sandwiches  Eggy Bread, Bacon & Baked Beans |
| **Saturday** | Stovies  Pork Chops with Parsley Sauce  Creamed or Boiled Potatoes, Cauliflower & Broccoli Mornay  Dessert: Cherry Pie & Ice Cream | Pea & Ham Soup & Selection of Sandwiches  Mini Scottish Fry Up |
| **Sunday** | Roast Chicken  Roast Gammon  Roast, Creamed or Boiled Potatoes, Carrots & Parsnips  Dessert: Sherry Trifle & Fresh Cream | Vegetable Broth & Selection of Sandwiches  Sunday Buffet ( Cocktail Sausages, Sausage Rolls, Chicken Goujons & Vol-au-vents |

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| **Week 2** | **Lunch** | **Dinner** |
| **Monday** | Shepherd’s Pie  Pork Chop & Apple Sauce  Creamed/boiled potatoes & Mixed Veg  Dessert: Semolina & Strawberry Jam | Potato & Leek soup & Selection of sandwiches  Macaroni Cheese & Pancetta |
| **Tuesday** | Braised Steak in Onion Gravy  Chicken & Bacon in Creamy White Sauce  Creamed/boiled potatoes, green beans & sweetcorn  Dessert: Apple Crumble & custard | Cauliflower soup & selection of sandwiches  Home made Sausage Roll with Chips & Beans |
| **Wednesday** | Turkey & Mushroom Pie  Braised Liver & Onions  Creamed or boiled potatoes with Braised Leek & Carrots  Dessert: Syrup Sponge & Vanilla Sauce | Carrot & Corriander & selection of sandwiches  Corned Beef Hash & Garnish |
| **Thursday** | Gammon Steaks with Parsley Sauce  Chicken Curry & Rice  Creamed or boiled potatoes with Cauliflower & Broccoli  Dessert: Fruit Jelly & Ice Cream | Tomato Soup & selection of sandwiches  Scrambled Egg, Bacon & tomato |
| **Friday** | Breaded Fish & Home Made Chips with Mushy Peas  Chicken Wrapped in Bacon  Dessert: Fresh Fruit Pavlova | Cream of Chicken Soup & Selection of Sandwiches  Quiche Lorraine with Home Made Wedges & Coleslaw |
| **Saturday** | Home Made Lasagne  Chicken Ham & Leek Pie  Home Made Garlic Fries & Mixed Veg  Dessert: Chocolate Sponge & Custard | Cream of Broccoli Soup & Selection of Sandwiches  Mini Scottish Fry Up |
| **Sunday** | Roast Turkey Crown & Cranberry Jelly  Roast Leg of Lamb with Mint Sauce  Roast, Creamed or Boiled Potatoes, Carrots & Parsnips  Dessert: Banoffee Pie & Fresh Cream | Vegetable Broth & Selection of Sandwiches  Sunday Buffet ( Cocktail Sausages, Sausage Rolls, Chicken Goujons & Vol-au-vents |

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| **Week 3** | **Lunch** | **Dinner** |
| **Monday** | **Mince Beef Hotpot**  **Roast Chicken**  **Creamed/boiled potatoes & Mixed Veg**  **Dessert: Fruit Berry Strudel, Ice Cream/Cream** | **Mushroom soup & Selection of sandwiches**  **Burger & home made chips** |
| **Tuesday** | **Pork Chop with Apple Sauce**  **Beef Steak & Mushroom Pie**  **Creamed/boiled potatoes, green beans & sweetcorn**  **Dessert: Bread & Butter Pudding with custard** | **Cream of Chicken soup & selection of sandwiches**  **Ham & Cheese Omelette with Coleslaw & Garnish** |
| **Wednesday** | **Shepherd’s Pie**  **Pork Sausage & Leek Casserole**  **Creamed or boiled potatoes with Carrots & Parsnips**  **Dessert: Creamed Rice Pudding** | **Cream of Broccoli Soup & selection of sandwiches**  **Tuna Pasta Bake** |
| **Thursday** | **Meatballs & Pasta with Garlic Bread**  **Chicken wrapped in Bacon & Home made stuffing**  **Creamed or boiled potatoes with Cauliflower & Broccoli**  **Dessert: Fruit Jelly & Ice Cream** | **Tomato Soup & selection of sandwiches**  **Baked Ham & Eggs with Home made Chips** |
| **Friday** | **Breaded Fish & Home Made Chips with Mushy Peas**  **Chicken “A“ King with Rice**  **Dessert: Fresh Fruit Pavlova** | **Sweet Potato Soup & Selection of Sandwiches**  **Corned Beef Hash** |
| **Saturday** | **Spaghetti Bolognese**  **Vegetable Roll**  **Potatoes & Mixed Veg**  **Dessert: Lemon & Lime Cheesecake** | **Pea & Ham Soup & Selection of Sandwiches**  **Mini Scottish Fry Up** |
| **Sunday** | **Roast Beef & Yorkshire Pudding**  **Honey Roast Ham**  **Roast, Creamed or Boiled Potatoes, Carrots & Parsnips**  **Dessert: Lemon Meringue Pie & Cream** | **Vegetable Broth & Selection of Sandwiches**  **Sunday Buffet ( Cocktail Sausages, Sausage Rolls, Chicken Goujons & Vol-au-vents** |

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| **Week 4** | **Lunch** | **Dinner** |
| **Monday** | Homemade Lasagne  Braised Liver & Onions  Dauphinoise Potatoes & Mixed Veg  Dessert: Peach Flan | Sweet Potato soup & Selection of sandwiches  Eggy Bread, Beans & Tomatoes |
| **Tuesday** | Stuffed Chicken Wrapped in Bacon  Cottage Pie  Creamed/boiled potatoes, Cauliflower & Broccoli Mornay  Dessert: Bread & Butter Pudding with custard | Homemade Tomato Soup & selection of sandwiches  Homemade Chicken Goujons with Coleslaw & Garnish |
| **Wednesday** | Beef & Mushroom Pie  Braised Pork Sausage in Onion Gravy  Creamed or boiled potatoes with Carrots & Parsnips  Dessert: Creamed Rice Pudding | Cream of Broccoli Soup & selection of sandwiches  Tuna Pasta Bake |
| **Thursday** | Pork Chops with Parsley Sauce  Stovies  Creamed or boiled potatoes with Green Beans  Dessert: Apple Cake & Ice Cream | Tomato Soup & selection of sandwiches  Baked Ham & Eggs with Homemade Chips |
| **Friday** | Breaded Fish & Home Made Chips with Mushy Peas  Chicken Casserole with Rice  Dessert: Fresh Fruit Pavlova | Sweet Potato Soup & Selection of Sandwiches  Corned Beef Hash |
| **Saturday** | Chicken Escalope  Gammon & Pineapple  Potatoes & Mixed Veg  Dessert: Fruit Sponge & Custard | Pea & Ham Soup & Selection of Sandwiches  Mini Scottish Fry Up |
| **Sunday** | Roast Chicken  Roast Pork & Apple Sauce  Roast, Creamed or Boiled Potatoes, Carrots & Parsnips  Dessert: Strawberry Cheesecake & Cream | Vegetable Broth & Selection of Sandwiches  Sunday Buffet ( Cocktail Sausages, Sausage Rolls, Chicken Goujons & Vol-au-vents |