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| **Week 1** | Lunch | Dinner |
| **Monday** | Minced beef hotpotChicken escalopesCreamed/boiled potatoes & green beans & carrotsDessert: rice pudding &jam | Vegetable soup & Selection of sandwichesQuiche & homemade chips & garnish |
| **Tuesday** | Chicken curry & riceSavoury mince casseroleCreamed potatoes & mixed vegetablesDessert: jam & coconut sponge with custard | Broccoli soup & selection of sandwichesChicken & bacon pasta bake |
| **Wednesday** | Braised pork sausage with onionsClassic beef meatloafCreamed or boiled potatoes with turnip & mixed veg.Dessert: mixed berry cheesecake | Tomato soup & selection of sandwichesFish fingers or scampi with chips & beans |
| **Thursday** | Chicken wrapped in baconSteak pieces Creamed or boiled potatoes with braised leeks & sweetcornDessert: Mixed Berry Cheesecake | Red Lentil Soup & selection of sandwichesHam & Cheese Toastie with coleslaw & garnish |
| **Friday** | Breaded Fish & Chips with Mushy PeasCottage Pie with Carrots & PeasDessert: Apple Cake & Custard | Mushroom Soup & Selection of SandwichesEggy Bread, Bacon & Baked Beans |
| **Saturday** | StoviesPork Chops with Parsley SauceCreamed or Boiled Potatoes, Cauliflower & Broccoli MornayDessert: Cherry Pie & Ice Cream | Pea & Ham Soup & Selection of SandwichesMini Scottish Fry Up |
| **Sunday** | Roast ChickenRoast GammonRoast, Creamed or Boiled Potatoes, Carrots & ParsnipsDessert: Sherry Trifle & Fresh Cream | Vegetable Broth & Selection of SandwichesSunday Buffet ( Cocktail Sausages, Sausage Rolls, Chicken Goujons & Vol-au-vents |

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| **Week 2** | **Lunch** | **Dinner** |
| **Monday** | Shepherd’s PiePork Chop & Apple SauceCreamed/boiled potatoes & Mixed VegDessert: Semolina & Strawberry Jam | Potato & Leek soup & Selection of sandwichesMacaroni Cheese & Pancetta |
| **Tuesday** | Braised Steak in Onion GravyChicken & Bacon in Creamy White SauceCreamed/boiled potatoes, green beans & sweetcornDessert: Apple Crumble & custard | Cauliflower soup & selection of sandwichesHome made Sausage Roll with Chips & Beans |
| **Wednesday** | Turkey & Mushroom PieBraised Liver & OnionsCreamed or boiled potatoes with Braised Leek & CarrotsDessert: Syrup Sponge & Vanilla Sauce | Carrot & Corriander & selection of sandwichesCorned Beef Hash & Garnish |
| **Thursday** | Gammon Steaks with Parsley SauceChicken Curry & RiceCreamed or boiled potatoes with Cauliflower & BroccoliDessert: Fruit Jelly & Ice Cream | Tomato Soup & selection of sandwichesScrambled Egg, Bacon & tomato |
| **Friday** | Breaded Fish & Home Made Chips with Mushy PeasChicken Wrapped in BaconDessert: Fresh Fruit Pavlova | Cream of Chicken Soup & Selection of SandwichesQuiche Lorraine with Home Made Wedges & Coleslaw |
| **Saturday** | Home Made LasagneChicken Ham & Leek PieHome Made Garlic Fries & Mixed VegDessert: Chocolate Sponge & Custard | Cream of Broccoli Soup & Selection of SandwichesMini Scottish Fry Up |
| **Sunday** | Roast Turkey Crown & Cranberry JellyRoast Leg of Lamb with Mint SauceRoast, Creamed or Boiled Potatoes, Carrots & ParsnipsDessert: Banoffee Pie & Fresh Cream | Vegetable Broth & Selection of SandwichesSunday Buffet ( Cocktail Sausages, Sausage Rolls, Chicken Goujons & Vol-au-vents |

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| **Week 3** | **Lunch** | **Dinner** |
| **Monday** | **Mince Beef Hotpot****Roast Chicken****Creamed/boiled potatoes & Mixed Veg****Dessert: Fruit Berry Strudel, Ice Cream/Cream** | **Mushroom soup & Selection of sandwiches****Burger & home made chips** |
| **Tuesday** | **Pork Chop with Apple Sauce****Beef Steak & Mushroom Pie****Creamed/boiled potatoes, green beans & sweetcorn****Dessert: Bread & Butter Pudding with custard** | **Cream of Chicken soup & selection of sandwiches****Ham & Cheese Omelette with Coleslaw & Garnish** |
| **Wednesday** | **Shepherd’s Pie****Pork Sausage & Leek Casserole****Creamed or boiled potatoes with Carrots & Parsnips****Dessert: Creamed Rice Pudding** | **Cream of Broccoli Soup & selection of sandwiches****Tuna Pasta Bake** |
| **Thursday** | **Meatballs & Pasta with Garlic Bread****Chicken wrapped in Bacon & Home made stuffing****Creamed or boiled potatoes with Cauliflower & Broccoli****Dessert: Fruit Jelly & Ice Cream** | **Tomato Soup & selection of sandwiches****Baked Ham & Eggs with Home made Chips** |
| **Friday** | **Breaded Fish & Home Made Chips with Mushy Peas****Chicken “A“ King with Rice****Dessert: Fresh Fruit Pavlova** | **Sweet Potato Soup & Selection of Sandwiches****Corned Beef Hash** |
| **Saturday** | **Spaghetti Bolognese****Vegetable Roll****Potatoes & Mixed Veg****Dessert: Lemon & Lime Cheesecake** | **Pea & Ham Soup & Selection of Sandwiches****Mini Scottish Fry Up** |
| **Sunday** | **Roast Beef & Yorkshire Pudding****Honey Roast Ham****Roast, Creamed or Boiled Potatoes, Carrots & Parsnips****Dessert: Lemon Meringue Pie & Cream** | **Vegetable Broth & Selection of Sandwiches****Sunday Buffet ( Cocktail Sausages, Sausage Rolls, Chicken Goujons & Vol-au-vents** |

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| **Week 4** | **Lunch** | **Dinner** |
| **Monday** | Homemade LasagneBraised Liver & OnionsDauphinoise Potatoes & Mixed VegDessert: Peach Flan | Sweet Potato soup & Selection of sandwichesEggy Bread, Beans & Tomatoes |
| **Tuesday** | Stuffed Chicken Wrapped in BaconCottage PieCreamed/boiled potatoes, Cauliflower & Broccoli MornayDessert: Bread & Butter Pudding with custard | Homemade Tomato Soup & selection of sandwichesHomemade Chicken Goujons with Coleslaw & Garnish |
| **Wednesday** | Beef & Mushroom PieBraised Pork Sausage in Onion GravyCreamed or boiled potatoes with Carrots & ParsnipsDessert: Creamed Rice Pudding | Cream of Broccoli Soup & selection of sandwichesTuna Pasta Bake |
| **Thursday** | Pork Chops with Parsley SauceStoviesCreamed or boiled potatoes with Green BeansDessert: Apple Cake & Ice Cream | Tomato Soup & selection of sandwichesBaked Ham & Eggs with Homemade Chips |
| **Friday** | Breaded Fish & Home Made Chips with Mushy PeasChicken Casserole with RiceDessert: Fresh Fruit Pavlova | Sweet Potato Soup & Selection of SandwichesCorned Beef Hash |
| **Saturday** | Chicken EscalopeGammon & PineapplePotatoes & Mixed VegDessert: Fruit Sponge & Custard | Pea & Ham Soup & Selection of SandwichesMini Scottish Fry Up |
| **Sunday** | Roast ChickenRoast Pork & Apple SauceRoast, Creamed or Boiled Potatoes, Carrots & ParsnipsDessert: Strawberry Cheesecake & Cream | Vegetable Broth & Selection of SandwichesSunday Buffet ( Cocktail Sausages, Sausage Rolls, Chicken Goujons & Vol-au-vents |