

## Muscliff Care Home

Our home is your home



Providing the best service, care, and facilities for your loved ones

www.muscliffcarehome.co.uk

# Welcome to Muscliff Care Home

We've been providing a warm and friendly home for residents for many years and we can't wait to welcome you and your family to Muscliff.

"Muscliff Care Home offers high quality nursing-led care to residents situated in the north of Bournemouth. Our team of exceptional staff are focussed on meeting the healthcare needs of our residents and we build close relationships to create an environment that enhances their wellbeing. We want our residents to move in and continue living their lives within a warm and friendly home environment."

Richard Adams
Chief Executive Officer.

## Nurse-led care home in Bournemouth

Muscliff Care Home was purpose built in 1997 to fulfil a need for high quality nursing care in the north of Bournemouth.

Today, the home is run by a team of highly skilled, dedicated and personable staff to ensure that adequate nursing care is provided in a sympathetic, warm and friendly home environment.



### **OUR TEAM**

We are a highly-skilled nurse-led team who put residents' welfare and independence at the heart of everything we do. We are focussed on providing person centered care tailored exactly to meet the health needs of each resident. We build trusting relationships with residents to ensure our healthcare goes hand-in-hand with respect and friendship and we strive to create a warm, inviting and peaceful environment where residents can live life to their full potential.

### **OUR AIMS**

- We aim to make sure all of our residents maintain a strong connection with the outside community and really make the most out of life.
- We work with resident's families to ensure our residents stay as active and independent as they can for as long as they can.
- Our nursing team offer the flexibility to respond to the changing needs of residents and we also offer one-to-one care if and when it is needed.



Talk to us today to find out how we can help care for your loved one.

## Care at the heart of your community

Muscliff Care Home offers a range of care services alongside our specialist nursing care. We offer dementia care, care for older people and respite care so we have the means to tailor our care to residents' specific needs.

#### **NURSING CARE**

## Expert care for complex health needs

Our team of highly skilled nursing staff provide quality 24-hour care to people who require more complex healthcare and rehabilitation. Together with our care team, the staff at Muscliff prioritise getting to know all of our residents personally so we can recognise their individual needs and requirements. We focus on providing residents with every day or end of life nursing care that's professional, attentive and compassionate.

#### CARE FOR OLDER PEOPLE

## Looking after the needs of older people

We can provide residential care services to people who may not be able to, or no longer wish to live at home alone. Our dedicated care team can assist with all aspects of care from washing and dressing to providing support at mealtimes and the administration of medication. We build trusting relationships with all of our residents so we can full understand their needs and wishes.



#### RESPITE CARE

## Short term care you can rely on

Muscliff House offers short stay nursing care to residents who require support in between leaving hospital and returning to their homes, or when their usual care provider may be away. Our friendly team can provide the right care for your loved one in a welcoming home-fromhome environment.

Talk to us today to find out how we can help care for your loved one.

### **DEMENTIA CARE**

## Specialist support for people with dementia

Dementia is a common illness in older people and we are proficient in caring for, and enhancing the quality of life of people with dementia. We work closely with families to provide the right level of support to residents with mild to moderate conditions. Whether the person has been diagnosed with Alzheimer's Disease or one of the other types of dementia, we can help maintain quality of life as much as possible.





"We want people who move into our home to carry on living their lives, and maybe even start living again."



## An enriched environment

With a choice of 4 residents lounges – a quiet lounge, a main lounge where daily scheduled activities take place, a magic table area for sensory activity, a garden room, a conservatory, a patio and a garden.

### **OUR 41 BEDROOMS INCLUDE:**

All of our tastefully furnished rooms include a bed, wardrobe, side-table, chest of drawers, cabinet, TV, armchair and an ensuite bathroom. We also have two hydrotherapy bathrooms.

#### HOW WE CAN HELP YOU

Our Care Home is within close proximity to a medical centre, dentist and pharmacy and we have an on-site hairdressing salon which is currently open to residents 2-3 days a week.

### **WELLBEING & ACTIVITIES**

We're very proud of our extensive programme of weekly activities at Muscliff, which is organised and led by three Activities & Wellbeing Coordinators.

From jelly moulding, cocktail making, flower arranging and musical events, there is plenty available to entertain our residents. We also actively encourage residents to continue any lifelong hobbies and interests to keep them active and leading a more stimulating life.

Our sensory room contains a Tovertafel Magic table which we encourage residents to use with staff or with visiting family, and we have 4 portable sensory units which can be taken to less mobile residents and enjoyed in their rooms.

We consider ourselves to be one big family at Muscliff Care Home and we encourage visits from family, friends, children and pets at any time. We also enjoy visits from the local primary school where groups of children regularly interact with our residents in a variety of fun and stimulating ways.

From day trips to local places of interest to arts and crafts afternoons, from singers who visit our Home to themed days, there's something for everyone. But it's not just about entertaining our residents. We know that taking part in a broad range of activities and being able to continue with lifelong hobbies and interests, keeps our residents active and can help them live a more stimulating life.

We consider ourselves to be one big family at Muscliff Care Home. But we also warmly welcome the families of our residents to visit at any time – and this includes children and pets.

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## A FULL CALENDAR OF ACTIVITIES

Our timetables are updated weekly to make sure we offer a variety of events that support the resident's mental and physical wellbeing. Our team of co-ordinators work closely with families to ensure that residents' interests and hobbies are accounted for wherever possible, and we are always open to new ideas and suggestions.





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## Muscliff Care Home.

5 Tolpuddle Gardens, Muscliff, Bournemouth BH9 3RE

## How can we help?

We provide a service that really makes moving into care the right decision for you and your family.

Call **01202 516999** or visit

www.muscliffcarehome.co.uk