

## ACTIVITIES PLANNED FOR FEBRUARY 2024

- Thursday 1<sup>st</sup> Morning:- Pat Dog Visiting  
Afternoon:- A Reminiscing session
- Friday 2<sup>nd</sup> Morning:- 1:1 Visits around the home  
Afternoon: Prize Bingo
- Sunday 4<sup>th</sup> Morning: 1:1 Room Visits  
Afternoon: Board Games and puzzles
- Monday 5<sup>th</sup> Morning:- Reminiscing with coffee and cake  
Afternoon:- Group Poetry
- Tuesday 6<sup>th</sup> Morning:- Hairdresser in and 1:1 Room Visits  
Afternoon:- Pamper Time
- Wednesday 7<sup>th</sup> Morning: Holy Communion at 11.00 a.m  
Afternoon: Group Exercise
- Thursday 8<sup>th</sup> Morning:- Chinese New Year Art  
Afternoon: Chinese New Year Trolley Dash
- Friday 9<sup>th</sup> Morning:- Individual Reading Time  
Afternoon:- Prize Bingo
- Saturday 10<sup>th</sup>  
Morning:- 1:1's and Daily Sparkles  
Afternoon: Chinese New Year Quiz and Games

Monday 12<sup>th</sup> Morning:- Group Exercises  
Afternoon:- Afternoon tea and reminisce

Tuesday 13<sup>th</sup> Morning:- Pancake Day Art and Pancake Day Tossing  
Tuesday:- Entertainment Rick Bonner

Wednesday 14<sup>th</sup>  
Morning:- Ash Wednesday Fact Sheet and 1:1 Visits  
Afternoon: St. Valentines Day Trolley Dash

Thursday 15<sup>th</sup> Morning:- Knit and Natter and Jess our PAT dog visiting  
Afternoon:- Baking afternoon – jam and lemon curd tarts

Friday 16<sup>th</sup> Morning:- 1:1's then Bean bag games  
Afternoon: Prize Bingo

Sunday 18<sup>th</sup> Morning:- 1:1's and Daily Sparkles  
Afternoon:- Word Games

Monday 19<sup>th</sup> Morning: Coffee, cake and current affairs  
Afternoon:- Movie afternoon with ice creams

Tuesday 20<sup>th</sup> Morning:- Hairdresser, Reminisce photoshoot of “Love your pets”  
Afternoon: Animal Arts and crafts

Wednesday 21<sup>st</sup>  
Morning:- Group Exercise – Balloon Badminton  
Afternoon: Pamper afternoon and 1:1 's

Thursday 22<sup>nd</sup> Morning:- 1:1's Daily Sparkles  
Afternoon:- Dominoes and Scrabble

Friday 23rd Morning:- Daily Sparkles and Reminiscing  
Afternoon:- Singalong with music

Saturday 24<sup>th</sup> Morning: Daily Sparkles and Room visits  
Afternoon:- A choice of Crafts afternoon

Monday 26th Morning:- Morning coffee, cake and current affairs  
Afternoon: Pamper Afternoon

Tuesday 27th Morning:- The Hairdresser is in – Knit and natter  
Afternoon: St. Davids Day Arts and Craft

Wednesday 28<sup>th</sup>

Morning:- Group Reading session  
Afternoon: Singalong afternoon with instruments

Thursday 29<sup>th</sup> Morning:- Flower Arranging (daffodils) – decorating the dining room  
Afternoon: Housekeeping afternoon