





MONDAY 20TH NOVEMBER 2023

LUNCH

SWEET AND SOUR PORK

served with basmati rice, glazed carrots and peas

OR

CORNISH PASTY

DESSERT

FRENCH APPLE TART

served with a custard

TEA

HOME MADE WINTER VEGETABLE SOUP

served with a bread roll

OR

EGG MAYONNAISE OR CHEESE AND PICKLE SANDWICHES

DESSERT

CARROT CAKE









MONDAY 21ST NOVEMBER 2023

LUNCH

SMOKED HADDOCK

served with gratin duchess potatoes, green beans and sweetcorn

OR

CHICKEN GOUJONS

DESSERT

STICKY TOFFEE PUDDING served with vanilla ice cream

TEA

BACON AND EGG PIE WITH BEANS served with beans

OR

CORNED BEEF OR TUNA MAYONNAISE SANDWICHES

DESSERT

SCONES









WEDNESDAY 22ND NOVEMBER 2023

LUNCH

BEEF CABONNADE

served with creamed sweet potato, savoy cabbage, roast baby beetroot______

OR

HAM AND CHICKEN SLICE

DESSERT

RASPBERRY TORTE served with cream

TEA

CREAMY GARLIC MUSHROOMS served with buttered toast

OR

CHEESE AND ONION OR EGG AND CRESS SANDWICHES

DESSERT

STICKY GINGER BREAD









THURSDAY 23RD NOVEMBER 2023

LUNCH

ROAST CHICKEN

served with roast potatoes, cauliflower cheese, mashed swede, sage and onion stuffing and apple sauce

OR

A FISH CAKE

DESSERT

CHOCOLATE CHIP ROLY POLY served with custard

TEA

CORNISH PASTY

served with pickled red cabbage and beetroot

OR

TUNA AND SWEETCORN OR CHEESE AND TOMATO SANDWICHES

DESSERT

FRUIT AND NUT SQUARES









FRIDAY 24TH NOVEMBER 2023

LUNCH

FISH AND CHIPS served with mushy peas, tartare sauce and lemon wedges

OR

EGG AND CHIPS

DESSERT

QUEEN OF PUDDINGS served with cream

TEA

HOME MADE CARROT AND GINGER SOUP served with a bread roll

OR

HAM AND PICKLE OR EGG MAYONNAISE SANDWICHES

DESSERT

CHOCOLATE CREAM SPONGE CAKE









SATURDAY 25TH NOVEMBER 2023

LUNCH

LAMB TAGINE served with baby potatoes, broccoli and green beans

OR

CHEESE AND ONION PASTY

DESSERT

PEACH CUSTARD BROWN BETTY served with ice cream

TEA

TUNA PASTA BAKE

OR

CHEESE AND CUCUMBER OR TUNA AND ONION SANDWICHES

DESSERT

SULTANA CAKE









SUNDAY 26TH NOVEMBER 2023

LUNCH

ROAST TURKEY

served with roast potatoes, broccoli, brussel sprouts, carrots and cranberry sauce

OR

PORK SAUSAGE

DESSERT

TIRAMISU

 $\overline{T}EA$

BEANS ON TOAST

OR

PRAWN MARIE ROSE OR HAM AND MUSTARD SANDWICHES

DESSERT

VANILLA TRAY BAKE

