



Bamber Bridge, Preston

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Belonging to HC-One, The Kind Care Company

Meadow Bank

Part of a residential community in Preston, Lancashire, Meadow Bank is a newly refurbished, friendly care home that offers residential, nursing and dementia care.



Living with us

With sitting rooms, space for residents to pursue their hobbies and interests and lovely dining rooms, Meadow Bank has a host of places in which to relax, dine, exercise, socialise and be creative. The delightful landscaped garden and patio is the perfect spot to spend time with friends and family, and is happily looked after by some of our residents. The bright, comfortable bedrooms and living areas are all easily accessible by wheelchair.

The home's caring team has created a family atmosphere, encouraging everyone to eat and celebrate special occasions together. Residents are invited to decorate their rooms with small items of their own furniture and treasured belongings so that it feels just like home. Daily life is thoughtfully designed to support mind, body and soul.

Your personal care plan

Meadow Bank's Home Manager makes sure that all residents receive the kindest possible care. Our extensively trained team will deliver all the nursing, specialist care and support services that your loved one requires. Personalised care plans consider not only medical, personal and dietary needs, but also the individual's likes and dislikes, religious preferences, and suggestions from family members that might make their stay with us that little bit more enjoyable.





Lifestyle and community

The carers and residents at Meadow Bank enjoy playing an important part in their local community. The home encourages an atmosphere of fun and inclusion and runs a weekly programme of events, which includes talks and demonstrations from local people willing to share their knowledge and talents. Performers from the area regularly visit and entertain residents with songs, sketches, singing and dancing, and members of neighbourhood groups, volunteers and other locals often drop in for a cup of tea and a chat.

Assisted by suggestions from our residents, our home's Wellbeing Coordinators organise a varied year round programme of things to do. Many residents take pleasure in hobbies, including baking, writing, gardening, dancing, painting, quizzes, and playing chess. Some enjoy being a member of the residents' forum. There's plenty to do outside the home too, and our specially adapted minibus takes residents on trips to nearby places of interest to them, such as animal sanctuaries, the theatre, gardening and shopping centres.

By getting to know each individual resident, our carers are able to encourage everyone to take an active part in the life of the home. Simple pleasures are hugely important: the morning walk, feeding the birds, a little light weeding, baking cakes for one of our fundraising tea parties, laying the dining table, arranging flowers or distributing the post each day. But we also know and respect that our residents value having some time alone too and we want these moments to be as joyful as any other.

Specialist Dementia Care Community (SDCC)

Our Specialist Dementia Care Community (SDCC) offers an enhanced service which focuses on the welfare and wellbeing of people who are emotionally distressed by their dementia and therefore require specialist care and support.



Food and nutrition

Our hospitality team prides itself on making mealtimes a special, stimulating part of each day. In our homes, meals are as much about providing nutritious, tasty food as they are about enjoying a social occasion.

Residents are served three meals a day, as well as a mid-morning snack and afternoon tea. We use fresh ingredients, locally sourced wherever possible, with the emphasis on providing delicious seasonal meals. We understand the nutritional needs of older people and create meals that offer the correct calorific and nutritional content. We consider meals to be a fundamental part of every resident's care plan.

Eating is a social and an emotional experience, and our dining rooms are designed to create a relaxed and happy atmosphere, with menus that offer plenty of variety. We make a point of celebrating birthdays and special occasions – from Valentine's Day to Ascot Ladies' Day, as well as world festivals, such as the Chinese New Year and the Indian Holi Festival. We have built-in music systems to provide ambience and we dress our dining rooms in the evening.

Available on Request

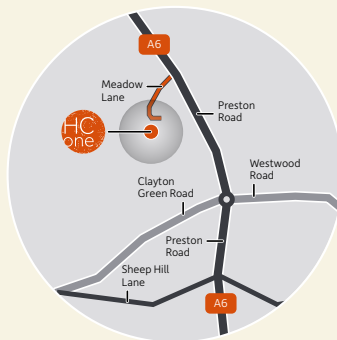
HC-One printed information is available in a wide range of accessible formats

Visiting our home

We operate an 'Open Visitor Policy' that makes visiting friends and loved ones flexible. If you would like to view our home as a prospective resident you are welcome to visit at any time; however we ask that you call us prior to visiting to ensure there are no special measures in place.

We also recommend that if you would like to meet our Home Manager, you contact us in advance so we can make an appointment.

Call us on 0333 321 4703



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