

MON

4

- Bank Holiday

**10am**  
Armchair Yoga

**2pm**  
Book Club

**4pm**  
Wine Club

**6.30pm**  
Movie Night:  
The Best Exotic  
Marigold Hotel

TUES

5

**10am**  
Tai Chi

**2pm**  
Afternoon Movie:  
Mary Poppins

**4pm**  
Shopping Trip

**6.30pm**  
Quiz Night

WEDS

6

**10am**  
Pilates

**2pm**  
Lunch out:  
The Magpie

**4pm**  
Chess Club

**6.30pm**  
Ballroom Dance  
Class

THURS

7

- Rita's Birthday
- Samuel's Birthday
- Open Day

**10am**  
Morning Outing:  
Sandsend Beach

**2pm**  
Cookery Club

**4pm**  
Painting Club

**6.30pm**  
Rita's and Samuel's  
Birthday Party

FRI

8

**10am**  
Flower Arranging

**2pm**  
Indoor Bowls

**4pm**  
Fishing Trip

**6.30pm**  
Cocktail Party

SAT

9

**10am**  
Tai Chi

**2pm**  
Afternoon Movie:  
The Lion King

**4pm**  
Bingo

**6.30pm**  
Tea Dance

SUN

10

**10am**  
Gardening

**2pm**  
Whitby Beach

**4pm**  
Cookery Club

**6.30pm**  
Gin Club

**Monday (monthly)**  
Chiropodist

**Mon – Fri**  
Beauty Therapist

**Tues – Fri**  
Hairdresser